The 1000 Days Trust: Engagement Model: Promoting positive relational health for families/whānau in Southland, New Zealand

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Background

The 1000 Days Trust service delivery model makes it difficult for the model to need to access services and meaningfully engage with them.

The model is designed to provide services to families/whānau and communities, including support, education, and advocacy services. It is critical that the family/whānau ecosystem is supported to ensure the success of the model.

Objectives

To present preliminary outputs from the engagement phase of a community-based participatory research (CBPR) project underpinning 1000 Days Trust.

Methods

This community-based participatory research (CBPR) project is articulated around 5 interconnected phases: 1) engagement, 2) planning, 3) implementation, 4) action, and 5) reflection.

Results

1000 Days Trust

The 1000 Days Trust is a community-driven initiative offering a relational and outreach support programme underpinned by strong community collaboration, with the collective vision of promoting positive relational health for families/whānau and communities across the region. It is strongly based on Maori culture, knowledge, values and culture.

The 1000 Days Trust team is built on local expertise and knowledge as well as a strong cultural tradition of caring for families/whānau. It is comprised of professional navigators and a multidisciplinary advisory group providing guidance to offer the best care possible for families/whānau.

Family-centred services in New Zealand

Family-centred services in New Zealand are based on the principle that families are the primary caregivers of their children. They are often the first line of support, providing a wealth of knowledge and experience. It is critical that the model is designed to support and empower families/whānau in their role as primary caregivers.

Developing the model

We have planned the work:

- Working group providing ongoing advice and input for the development of the 1000 Days engagement model.
- Group composition: 7 people involved in the development of the 1000 Days engagement model. The group was comprised of representatives from the local community and experts in the field.
- How participants were invited to contribute:
  - Focus group format: 4 and 2-hour meetings.
  - Meeting #1: Developing the content.
  - Meeting #2: Working on the form of the model.
  - Meeting #3: Discussing draft and providing feedback to refine the model.

1000 Days holistic vision of family/whānau health and wellbeing

The 1000 Days model is designed to promote positive relational health for families/whānau. It is underpinned by local knowledge and expertise and strategic and cultural partnerships to support the engagement model.

Conclusion

The engagement phase of this CBPR was critical to build strong relationships with families/whānau. The model is designed to provide services to families/whānau and communities, including support, education, and advocacy services. It is critical that the family/whānau ecosystem is supported to ensure the success of the model.

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The 1000 Days Trust engagement model is driven by the needs and aspirations of families/whānau. The model is designed to promote positive relational health for families/whānau. It is underpinned by local knowledge and expertise and strategic and cultural partnerships to support the engagement model.

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