Using Grounded Theory to explain ‘different & better’ nursing practice

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## Faculty Disclosure

<table>
<thead>
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<tr>
<td>Conflicts of Interest:</td>
<td>None</td>
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<td>Sponsorship / Commercial Support:</td>
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Goal and Objectives

• to describe how using Grounded Theory (GT) methodology led to an explanation of how people recognise ‘different & better’ nurses and nursing practice in critical care

– to share how I used GT to reveal the core concern of people in recognising ‘different & better’

– to briefly describe the grounded theory that emerged from the study data
‘When this nurse was there then the littlest one was calm and things went better … I don’t know how or what that nurse had that was different, she had the same things on her shoulders as the others but she was able to reach my baby in a way that nobody else could, and I felt better when she was there.’

(shared by a father about his time in ICU with his three premature daughters)
I wondered …

How can ‘different and better’ critical care nursing practice as recognised by other people be explained?
conversations
constant comparative analysis
codes & memos
patterns

(Bryant & Charmaz, 2007, Charmaz, 2014, Charmaz, 2006)
theoretical sampling  focused coding  memo-ing

theoretical sensitivity theoretical saturation

literature later as data

(Bryant & Charmaz, 2007, Charmaz, 2014, Charmaz, 2006)
Being at Ease

... feeling of composure & strength
... trusting partnership with a nurse
... being a good nurse doing good nursing
skilled being

... profound self-trust
... deep knowledge & skill
... shaping spaces of care

knowing self

... sense of self
... grounded in shared humanness
... intuitive balance of nurse in self

connecting with intention

... constant, dependable presence
... meaningful connection

Being at Ease

anchoring

... encompassing, diffuse presence
... knows safeness
... feels able to cope
Being at Ease

connecting with intention

skilled being

knowing self

anchoring
I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. 

Maya Angelou
References

