HOPE
Beyond the Aging Lines

The Lived Experiences of Filipino Elderly in the Philippines: A Phenomenological Study

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Member, Philippine Nurses Association
In loving memory of my mom,

Potenciana Tovera Salvador
Aging is part of the human existence. This phenomenon has been the eye of attention worldwide concerning socio-economical, political, and scientific dimensions.
Elderly should be given equal rights, respect, and same opportunity with the rest of the society.

Every person regardless of age should not receive any form of discrimination.

Elderly should be given equal rights, respect, and same opportunity with the rest of the society.
What are the lived experiences of Filipino Elderly in Metro Manila?
The study did not compare the lived experiences of the co-researchers. The study only observed the philosophical view of the qualitative phenomenological study.
ELDERLY
<table>
<thead>
<tr>
<th>Code</th>
<th>Name</th>
<th>Gender</th>
<th>Age</th>
<th>Work</th>
<th>Status</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>C1</td>
<td>Nenita</td>
<td>F</td>
<td>79</td>
<td>Professor</td>
<td>Married</td>
<td>Muntinlupa</td>
</tr>
<tr>
<td>C2</td>
<td>Jose</td>
<td>M</td>
<td>83</td>
<td>Engineer</td>
<td>Widowed</td>
<td>Paranaque</td>
</tr>
<tr>
<td>C3</td>
<td>Teddy</td>
<td>M</td>
<td>82</td>
<td>HFTA Tenant</td>
<td>Unknown</td>
<td>Quezon</td>
</tr>
<tr>
<td>C4</td>
<td>Sharon</td>
<td>F</td>
<td>89</td>
<td>Housewife</td>
<td>Widowed</td>
<td>Manila</td>
</tr>
<tr>
<td>C5</td>
<td>Mariano</td>
<td>M</td>
<td>85</td>
<td>Driver</td>
<td>Widowed</td>
<td>Marikina</td>
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<tr>
<td>C6</td>
<td>Lisa</td>
<td>F</td>
<td>79</td>
<td>SC Leader</td>
<td>Widowed</td>
<td>Las Piñas</td>
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</tbody>
</table>
This illustrates the process of descriptive phenomenological data analysis created by Collaizi (1978). It provides and exhaustive description to the body of knowledge about human experience.
The Methodology

Informant's Consent

Qualitative Descriptive Phenomenology

Qualitative Data Analysis

Research Instruments

Ethical Considerations

Themes and Stories

Proposed Holistic Social Development Interventions
The Lived Experiences of Filipino Elderly

Four Emergent Themes
The World of Ageism
Theme Clusters

Age Discrimination and Stereotyping Elderly

The Past is Better than the Present

Failure to Appreciate and No Respect Elderly
The Trauma of Elderly Abuse
Theme Clusters

Violation of Human Rights

The Mark of Physical and Emotional Abuse

Financial Abuse
The Adaptation of Elderly
Theme Clusters

Accepting the New Reality

Keeping Faith Intact

Feeling and Doing Better
The Future of Elderly
Theme Clusters

Building New Dreams

Education is the Key

Elderly Advocacies
On this ground...
It comes with one implication...
Social Responsibility
Recommendation

- Establishment of Resource Volunteer Services, Peer Support Groups, Outreach and Respite Programs, Family Enrichment Services, Elderly Abuse Watch, Healthcare Assistance and Restorations, and Benefactors Programs.

- Economic and Self-Reliance Training and Livelihood Projects

- Elderly Awareness Campaign - Social Media and Networking

- Elderly Day Care Centers

- Research and Development
Holistic Outlook for Pinoy Elderly
Based from the Lived Experiences

Jordan Tovera Salvador, 2014
Areas of Concern

• Respect and Self-Actualization
• Autonomy and Independence
• Active Participation and Involvement
• Healthcare, Nutrition, and Protection
• Research and Development
Action Plan

- Active Participation in the Society
- Health
- Education
- Employment
- Social Security
- Recreation
- Housing
- Transport
- Support System from the Family
- Media
- Research and Development
A life-changing experience...

A lesson for a life time...
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