A Review of Primary Care
Providers' Attitudes Toward
Lesbian, Gay, Bisexual,
Transgender, and
Questioning People

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Goals and Objectives

Session Goals

- To provide a synthesis of current literature describing primary care providers' (PCPs) attitudes related to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) people
- To identify gaps in the literature
- To provide evidence-based recommendations for research, education, and clinical practice

Session Objectives

- To characterize contemporary attitudes of primary care providers related to lesbian, gay, bisexual, transgender, and questioning people
- To outline evidence-based research, education, and clinical practice strategies to eliminate LGBTQ health disparities

Faculty Disclosure



Mollie E. Aleshire, DNP, MSN, BSN, RN, APRN, FNP-BC, PPCNP-BC

• Conflicts of Interest: None

• Employer: College of Nursing, University of Kentucky

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Kristin Ashford, PhD, RN, ARNP

• Conflicts of Interest: None

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Background **Dimension of Time** Stigma and Discrimination **Health Care System Barriers Health Care Provider Barriers Unmet Health Care** Needs **LGBTQ** Health **Disparities** (Abdessamad, Yudin, Tarasoff, Radford, & Ross,

(Abdessamad, Yudin, Tarasoff, Radford, & Ross, 2013; Baker & Beagan, 2014; Clift & Kirby, 2012; Daniel & Butkus, 2015; Fallin-Bennett, 2015; Institute of Medicine, 2011; Johnson & Nemeth, 2014; Kates, 2015; Smith & Mathews, 2007)

Methods

Approach and Databases

• PRISMA

• CINAHL

PubMed

Inclusion Criteria

Peerreviewed research

PCPs

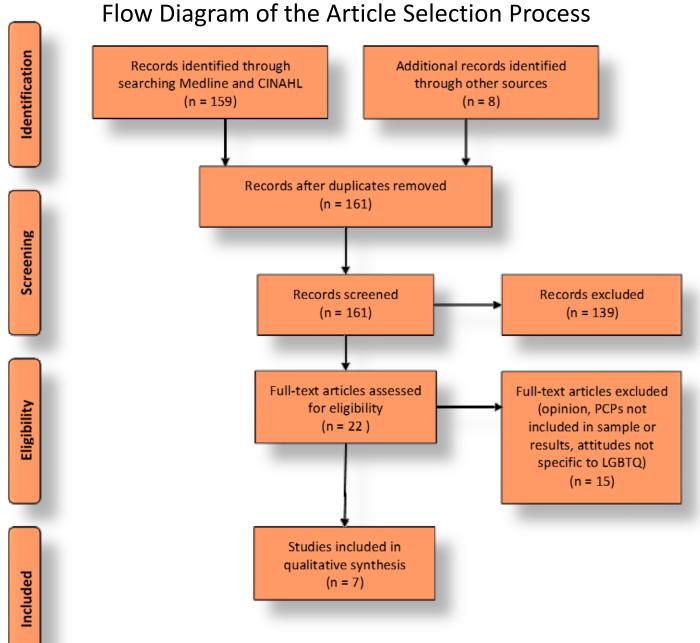
• English

2005 - Oct2015

Search Strategies

• All fields

- Key terms
 - LGBT
 - Attitude
 - Primary care provider



Results

Study Characteristics

- Design
 - Qualitative (2)
 - Quantitative (5)
- Varied countries of origin

Research Questions/Purposes

- All studies assessed attitudes of HCPs related to LGBTQ people
- Heterogeneity in studies'
 - Purposes
 - Research questions
 - Specific LGBTQ population(s)

Results

Samples

- Convenience samples
- Included PCPs
- Most samples small
- Sample size range 22 247,030

Measures

No consistent instruments

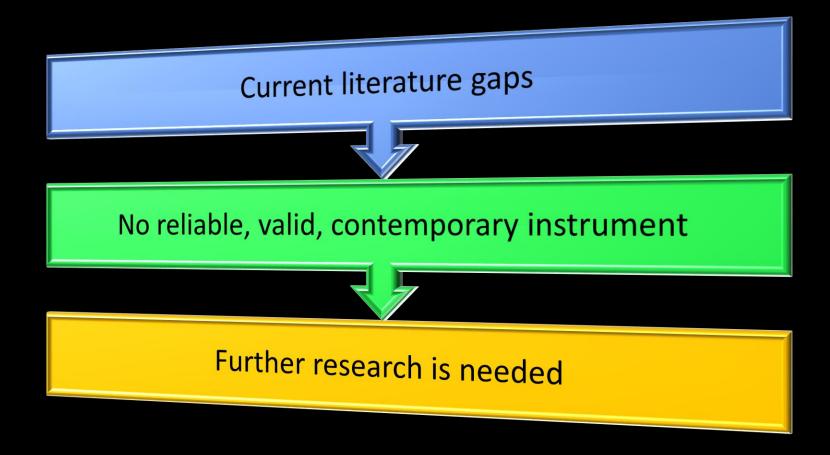
Findings

HCPs'
Attitudes
toward
LGBTQ
People

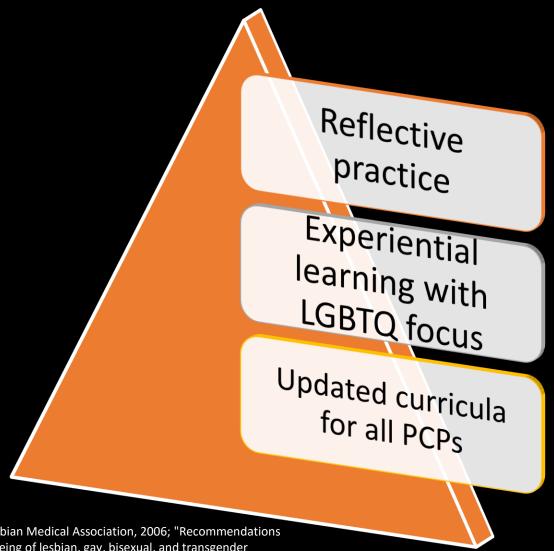
- Overall positive attitudes
- A minority in each study with negative attitudes
- Age not a predictor of attitudes
- Not being heterosexual associated with more favorable attitudes
- Knowledge related to LGBTQ people/health not correlated with attitudes

(Abdessamad et al., 2013; Baker & Beagan, 2014; Dunjic-Kostic et al., 2012; Hinchliff, Gott, & Galena, 2005; Kitts, 2010; Sabin, Riskind, & Nosek, 2015; Smith & Mathews, 2007)

Research Implications



Education Implications



(Daniel & Butkus, 2015; Gay and Lesbian Medical Association, 2006; "Recommendations for promoting the health and well-being of lesbian, gay, bisexual, and transgender adolescents: a position paper of the Society for Adolescent Health and Medicine," 2013; Stott, 2013; The Joint Commission, 2011)

Practice Implications

Knowledge related to health and social needs of LGBTQ people

Preparation for communication with LGBTQ patients

Facilitation of trusting HCP-patient relationship

(Daniel & Butkus, 2015; Gay and Lesbian Medical Association, 2006; Lim, Brown, & Justin Kim, 2014; "Recommendations for promoting the health and well-being of lesbian, gay, bisexual, and transgender adolescents: a position paper of the Society for Adolescent Health and Medicine," 2013; Stott, 2013; The Joint Commission, 2011)

To Promote Culturally Sensitive Care

Create a welcoming, supportive environment

Facilitate disclosure of sexual orientation and gender identity

Advance effective communication

Advocate in the health care system and community

Questions?



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