READI SURVEY

(Army)

A. Demographics

1. What is your area of concentration (AOC) if an officer, or military occupational specialty (MOS) if enlisted?

2. How many years military experience do you have in the nursing AOC/MOS you entered in question one?

3. Do you have prior enlisted time in the medical field? Yes  No

4. If you answered yes in question three, what was your MOS?

5. Please enter how many years prior enlisted service you have?

6. Please enter how many years civilian experience you have in the medical field?

7. If you have had civilian experience in the medical field, what was your area of expertise?

8. What is your highest level of education?

9. To what major command are you assigned?

10. If you are assigned to USA Medical Command, are you a professional filler (PROFIS)?

11. What is your present military rank?

12. What is your gender? Male  Female

13. What is your age group?

14. To what type of unit are you assigned?

15. What is your deployment status?

16. Have you ever been deployed in your current AOC/MOS? Yes  No

17. If you answered yes in question 16, what year were you deployed?

18. When did you last participate in any field training? (Month/YR) EX: 03/00

19. How long was the training? (Days/Month/s) EX: 3/1

20. Which medical facility are you assigned to?

B. Clinical Nursing Competency

Shock/Documentation

1. How familiar are you with the different types of shock?

2. How competent are you in caring for patients in hemorrhagic shock?

3. Consider this situation. You are deployed. You get to the scene of a MASCAL. There is ground ambulance support. There is one person who appears to have been hit in the leg. The patient is losing a steady stream of blood. The patient’s vital signs are stable now. You have placed a dressing over the wound, but you noticed you have to keep reinforcing it. The ambulance driver wants to know if the patient can wait till the next run to the treatment facility or if the patient has to go immediately. What is
your assessment?

4. Choose the answer that represents your competence with clinical documentation (use of SF 510, 511) in a field environment.

Emergency Nursing

5. When was the last time you provided direct patient care?

6. What type(s) of triage experience and education have you had?

7. How competent are you to be able to calculate an IV drop without your calculator or drug book?

8. When was the last time you had to reconstitute medications, calculate dosages, and administer an IV medication?

9. How competent are you to institute standing orders based on your ability to assess patients? For example, ordering x-rays, starting IV fluids, administrating medication, etc...without immediate contact with a physician?

10. How competent are you to perform in a code/emergency situation?

11. Do you understand the concept of body surface are in relation to a burn patient and are you competent in calculating it?

12. How competent are you when deciding which critically ill or injured patients get seen first?
   Not competent

13. Consider a situation if a doctor is not present. How competent are you in performing ACLS protocols?
   Not competent

14. How competent are in taking care of life threatening injuries?

15. Are you competent in your IV skills? Yes  No

16. Could you in some detail describe the life-saving ABC principles? Yes  No

17. Do you feel competent to assess a multiple trauma patient? Yes  No

What is your level of competence on each of the patient situations listed below:

1 = Not competent at all
2 = Have training but no experience
3 = Have training & minimal experience
4 = Have training & moderate experience
5 = Fully competent

<table>
<thead>
<tr>
<th>Patient Situation</th>
<th>1 2 3 4 5</th>
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<tbody>
<tr>
<td>18. Care of patient with NBC injuries.</td>
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<td>20. Recognition of tension pneumothorax.</td>
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<td>22. Universal blood donor protocol.</td>
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<td>23.</td>
<td>Disease, non-battle injuries.</td>
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<td>24.</td>
<td>Use of field ventilator.</td>
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<td>25.</td>
<td>Airway management.</td>
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<tr>
<td>26.</td>
<td>Implementing triage categories.</td>
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<tr>
<td>27.</td>
<td>Clinical team leadership.</td>
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<tr>
<td>28.</td>
<td>Care for refugees.</td>
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<tr>
<td>29.</td>
<td>Antepartum/postpartum care.</td>
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<tr>
<td>30.</td>
<td>Field infection control.</td>
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<tr>
<td>31.</td>
<td>Orthopedic nursing.</td>
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<tr>
<td>32.</td>
<td>Neurologic nursing.</td>
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</tbody>
</table>

### Physical Assessment

Please rate yourself according to Level of Present Knowledge/Skill

1 = Low  
2 = Somewhat low  
3 = Moderate  
4 = Nearly high  
5 = High

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<tbody>
<tr>
<td>33.</td>
<td>Identify the components of a physical examination.</td>
<td>1</td>
<td>2</td>
<td>3</td>
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<tr>
<td>34.</td>
<td>List the five examination techniques to perform a physical examination.</td>
<td>1</td>
<td>2</td>
<td>3</td>
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<tr>
<td>35.</td>
<td>Perform a complete nursing assessment and interpret abnormal findings.</td>
<td>1</td>
<td>2</td>
<td>3</td>
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</table>

### C. Operational Nursing Competency

Consider the following situation. The 4 limb electrodes of a cardiac monitor-recorder are attached to a patient and you have just obtained an EKG tracing in the field. You have been asked to obtain a 12 lead EKG on the same patient. You have the following equipment and supplies: Field table; cardiac monitor; 4 metal limb electrodes attached to the patient with holding straps; 1 suction cup electrode; 1 tube of electrode gel; 1 roll of recording paper; 1 box of alcohol pads; 1 patient on a hospital bed.
1. How competent are you to obtain a 12-lead EKG using the appropriate procedure and equipment described above?

Consider this situation. You are providing patient care in a field environment and need to suction oropharyngeal secretions from a patient. You have the following equipment and supplies: Field table; 1 portable oropharyngeal suction apparatus; sterile patient suction tubing and suction catheter; 1 small container of water; 1 pair of clean gloves.

2. How long can the suction apparatus operate on internal battery pack?

3. How many hours does it take for the internal battery to recharge when completely discharged?

4. In the field medical treatment facility or ward, the mode of electrical operation for the suction apparatus is AC power source. True  False

5. In the ambulance or other evacuation vehicle, the mode of electrical operation for the suction apparatus is a DC power source. True  False

6. For a litter patient, the mode of electrical power for the suction apparatus is a DC power source. True  False

**What is your level of competence in these operational areas:**

<table>
<thead>
<tr>
<th>1 = Not competent at all</th>
<th>2 = Have training but no experience</th>
<th>3 = Have training &amp; minimal experience</th>
<th>4 = Have training &amp; moderate experience</th>
<th>5 = Fully competent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Evacuation Procedures</td>
<td></td>
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<tr>
<td>Echelon of Care</td>
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<tr>
<td>Reporting an unlawful act or conduct</td>
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<tr>
<td>Field sanitation and hygiene</td>
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<tr>
<td>DEPMEDS Setup</td>
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</tbody>
</table>

**D. Soldier and Survival Skills**

<table>
<thead>
<tr>
<th>1 = Not Competent</th>
<th>2 = Minimally Competent</th>
<th>3 = Moderately Competent</th>
<th>4 = Highly Competent</th>
<th>5 = Totally Competent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Select the answer that best represents how familiar you are with the M-16 rifle.</td>
<td></td>
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<tr>
<td>2. Select the answer that best represents how familiar you are with the 9mm pistol.</td>
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<tr>
<td>3. How competent are in your ability to defend yourself and/or your patient(s) if called upon to do so? 1  2  3  4  5</td>
<td></td>
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</tr>
<tr>
<td>4. I am competent and confident in my ability to protect myself and my patients using the M40 mask and MOPP gear.</td>
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<tr>
<td>5. How competent are you in your ability to navigate using a map and compass? 1  2  3  4  5</td>
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</tr>
</tbody>
</table>
6. How competent are you in your ability to maintain your individual weapon in working order?  
   1  2  3  4  5

7. How competent are you in your ability to perform your primary military specialty under adverse and/or prolonged field conditions?  
   1  2  3  4  5

8. How competent are you in your ability to decontaminate yourself and your patient(s) using standard Army decontamination equipment?  
   1  2  3  4  5

9. Select the answer that represents how familiar you are with your status under the Geneva Conventions should you be captured by enemy forces.  
   1  2  3  4  5

10. If you were captured, how competent are you in the ability to resist the enemy?  
    1  2  3  4  5

11. Select the answer that represents your familiarity with standard Army communication equipment. (i.e. field radio)  
    1  2  3  4  5

E. Personal and Physical Readiness

1. Select the score that most closely represents your last APFT score.  

2. Select the answer which represents how long ago it was you had a dental exam.  

3. If applicable, do you have a family care plan? Yes  No  Not Applicable  

4. Do you have a physical profile? Yes  No  

5. If yes to the previous question, does your profile prevent you from completing your duty? Yes  No  Not Applicable  

F. Psychosocial Readiness - Family

1 = Poor  
2 = Fair  
3 = Good  
4 = Very Good  
5 = Excellent  

1. Select the answer that best describes the quality of your current family support system. (i.e. family support group, friends, or family).  
   1  2  3  4  5

2. If you are deployed, will the same family support system in the above question be available?  
   Yes  No  

3. Have you ever been separated for more than 6 months from your family/significant other?  
   Yes  No  

4. If yes to the above question, describe your family's overall response to your separation.  
   1  2  3  4  5  n/a

Legal

5. Do you have a will?  
   Yes  No  


6. Do you have a current power of attorney?  
   Yes ☐ No ☐

7. Do you have any pending legal matters, i.e. divorce or other legal problems?  
   Yes ☐ No ☐

**Occupational**

1 poor  
2 fair  
3 satisfactory  
4 good  
5 excellent

8. Describe your current working relationship with co-workers in your deployment unit.  
   1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

9. Describe your overall feeling about your past deployment experience.  
   1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

**Current Stressors and Coping Strategies** Deployment brings with it stress and challenges which tend to compound pre-deployment stressors. How much stress are you experiencing in the following areas:

1 = No Stress  
2 = Somewhat Stressed  
3 = Stressed  
4 = Quite Stressed  
5 = Very Much Stressed

10. Main work.  
    1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

11. Family.  
    1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

12. Finances.  
    1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

13. Other.  
    1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐

14. Do you know how to access emotional support while deployed?  
    Yes ☐ No ☐

15. To which of the following would you turn for coping with stress? (Check all that would apply).

- Tobacco  
- Physical Exercise  
- Relaxation/Meditation Techniques  
- Talking With Friends  
- Religious Faith

16. Do you know how to access mental health services when deployed?  
    Yes ☐ No ☐

**To what extent are you prepared for:**
17. Death, dying, carnage. 1 2 3 4 5
18. Your own possible death. 1 2 3 4 5
20. Weather extremes. 1 2 3 4 5
21. Long hours. 1 2 3 4 5
22. Lack of privacy. 1 2 3 4 5

Leadership and Administrative Support

Administration

1. If you were deployed with a unit that you are currently assigned or PROFIS to, you would understand the set up, functions, and all of the areas that fall under the command support of TOE unit.

2. If you are a single parent or dual military, IAW (in accordance with) AR 600-20, you are required to have a Family Care Plan. If you were called today and given notification that you were to deploy next week, how confident are you that you could activate and make your Family Care Plan work for the entire deployment (up to 9 months)?

Leadership

3. Select the answer which represents how you rate your deployment unit first-line leader's knowledge and concern for the soldiers as described in the leader's principal: "Know your soldiers and look out for their well-being."

4. Select the answer which represents how you would rate your deployment unit first-line leader's acceptance of responsibility to ensure that safe, tough, realistic training was conducted which adhered to the highest standards, habits, and discipline.

5. Select the answer that represents how you rate your deployment unit first-line leader's ability to keep you informed.

Group Integration and Identification

1. Select the answer that represents your ability to adjust to crowded and coed sleeping quarters while deployed.

2. Select the answer that represents the amount of days you have had the chance to train with your deployment unit in the last 12 months.

3. How familiar are you with your deployment unit's mission, vision, and values?

4. How familiar are you with your role/duty assignment within your deployment unit?

Click on the submit button below when you are ready to submit your data.

Thank you very much for completing this questionnaire.