Ethical and Cultural Considerations Involving the Transgender Community and Implications for Nursing Education

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Nursing Considerations for the Transgender Community

Transgender patients present unique care considerations for nurses. Nursing programs and hospital education programs need to address the diverse and holistic needs of transgender individuals.

Objectives

- Verbalize nursing care challenges of transgender individuals.
- Identify ways to educate students and staff to ensure culturally competent care for transgender individuals.

Challenges

- Terminology
- Health care issues
- Ethical Considerations
  Patient Rights
  Nurse's Code of Ethics
- Student and Staff Education
  Leininger's Theory of Cultural Care

Education

- Case studies, simulations and physical assessment approaches
- Address patient by preferred name
- Obtain thorough history of any medications, hormone therapies and procedures.
- Consideration of sensitive examinations, such as pelvic exams and mammograms.
- Masculinizing and feminizing surgical procedures
- Changes in body structures due to hormone replacement therapy

Implications

- Gaps in nursing education
  No professional guidelines
  Limited curriculum resources
- Recommendations
  Curriculum development
  Continued nursing research

Leininger’s Theory of Culture Care

- Environment/Culture
  Physical
  Social
  Symbolic
- People
  Cultural variations
  Biological variations
  Health/Illness behaviors

Model for components in transcultural nursing

Paradigm by Geysell A. de Jesus