# An Evaluation of Midwives for Haiti Programs: Can They Reduce Infant and Maternal Mortality in Haiti?

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### Objectives

Following the presentation, participants will be able to:

- Describe the origin and purpose of the Millennium Development Goals (MDGs), including goals specific to infant and maternal health
- Identify the necessity of having skilled attendance at every birth as imperative to MDGs 4 and 5
- Describe the Midwives for Haiti (MFH) programs and analyze their ability to reduce infant and maternal mortality in Haiti



### Introduction



Images used with permission of Midwives for Haiti









## Background of the Problem

### Infant Mortality

- Child dies before one year of age (You, Bastian, Wu, & Wardlow, 2013)
- Strongest indicator of a country's healthcare status (Alderman & Behrman, 2004)
- Disproportionally prevalent in poor and medically underserved areas (World Health Organization [WHO], 2013b)
- Most often preventable or treatable causes (You et al., 2013)

In 2012, 5 million children died worldwide before the age of one



(WHO, 2013b).

### Neonatal Mortality

- Childhood deaths most likely to occur during neonatal period (United Nations Children's Fund [UNICEF], 2014; WHO, 2012a)
- 75% occur during the first week following birth (United Nations Population Fund [UNFPA], 2011; WHO, 2012a)
- 2.6 million stillbirths in 2010 (UNFPA, 2011)
- Preterm birth complications, asphyxia during birth, and infections (WHO, 2012a)
- Lack of quality healthcare (WHO, 2012a; You et al., 2013)

### Each year, 2 million newborns die within 24 hours of birth



### Maternal Mortality

- Death during pregnancy, childbirth, or within 6 weeks postpartum (WHO, 2012b)
- 287,000 maternal deaths in 2010 (wно, 2012b)
- Second only to HIV/AIDS deaths among women of childbearing age (WHO, 2013a)
- Hemorrhage, infection, unsafe abortion, and hypertensive disorders (United Nations Development Programme [UNDP], 2005; WHO, 2013a)
- Lack of access to quality maternity care (WHO, 2013a)

### Ninety-nine percent of all maternal deaths occur in developing countries (WHO, 2012a, 2014).





## The world's poorest children are 2.7 times less likely to have skilled attendance during birth

(UNICEF, 2014; WHO, 2004).

### Millennium Development Goals

- Improve global health (UNDP, 2005)
- Leading health indicators: poverty, hunger, disease (UNDP, 2005)
- MDGs 4 and 5: Decrease under-5 deaths and improve maternal health (UNDP, 2005)

### The time of greatest risk of death to women and infants is during childbirth





4a: Reduce by two-thirds the under-5 mortality
(Untied Nations, 2014)



5a: Reduce by three-quarters the maternal mortality ratio

5b: Achieve universal access to reproductive health care

(Untied Nations, 2014)



#### Skilled Birth Attendant

A healthcare worker, "who has been **educated** and trained in the **proficiency of skills** needed to manage normal (uncomplicated) pregnancies, childbirth and the immediate postnatal period, and in the identification, management and referral of complications in women and newborns"

(WHO, 2004, p. 1).



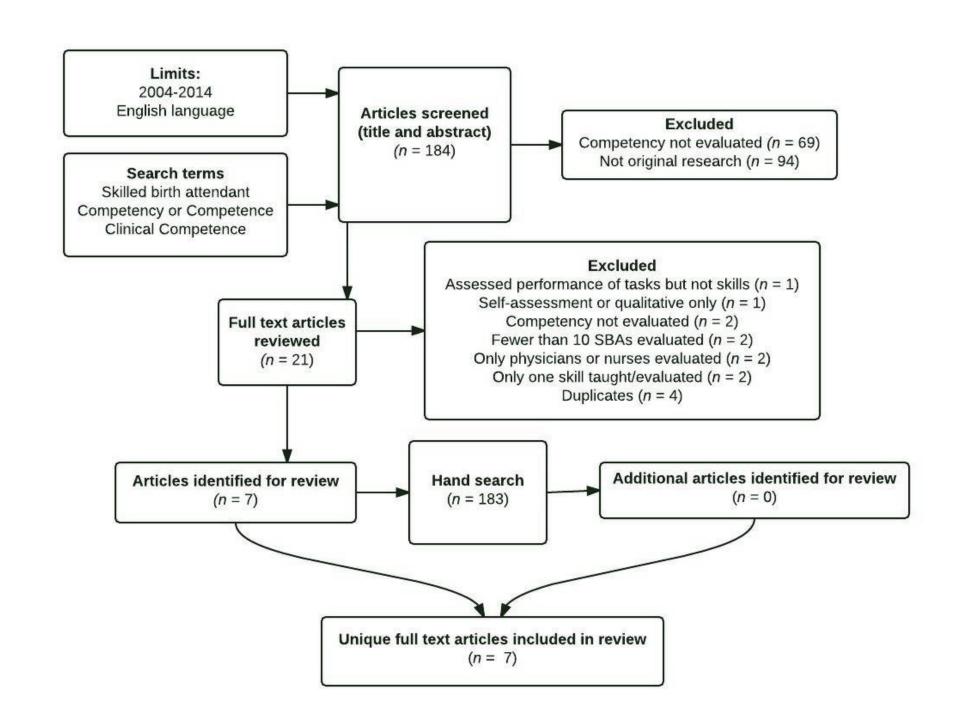
### Competence

"The combination of **knowledge**, psychomotor, communication and decision-making **skills** that enable an individual to perform a specific task to a defined level of proficiency"

(International Confederation of Midwives, 2013, p. 19).



### O Literature Review



### Study Characteristics

Participants
Level of training
Professional designation

Sampling
Participants and facilities
Purposive
Randomized

Tools
Knowledge
Skills

Tool design
Professional organizations
Global health agencies
National standards

(All studies were cross-sectional)



### Strength of Evidence

- Newcastle-Ottowa Scale (Wells et al., 2014)
  - Adapted for cross-sectional design (Herzog et al., 2013)
  - Further adapted for project
- Strength criteria
  - Selection, comparability, outcome
- Scored out of nine stars
- Quality designation
  - Poor, fair, good



Article	NOS score (out of 9)	Quality designation
Ariff et al. (2010)	****	Fair
Carlough & McCall (2005)	*****	Good
Charurvedi, Upadhyay, & DeCosta (2014)	******	Good
Harvey et al. (2004)	*****	Fair
Huchon et al., (2014)	******	Good
Partamin et al., (2012)	******	Good
Traore et al., (2014)	******	Good

Five articles of good quality; two articles of fair quality.



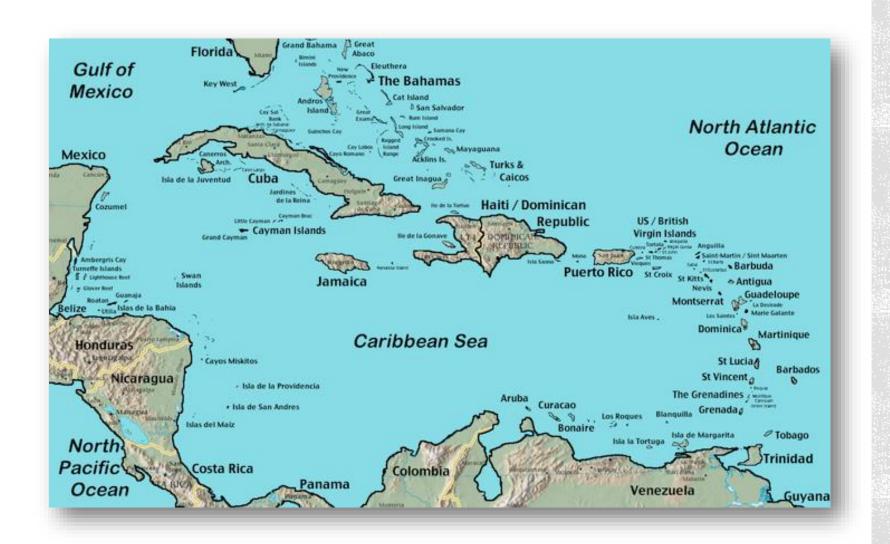
### Findings

- Competency in Pakistan was poor (Ariff et al., 2010)
- Lack of access to competent emergency obstetric care in India (Chaturvedi, Upadhyay, & De Costa, 2014)
- Wide gaps in levels of competence in Benin, Ecuador, Jamaica, and Rwanda (Harvey et al., 2004)
- Deficiency of competency among primary healthcare workers in Mali (Traore et al., 2014)
- Need for required skills in Afghanistan (Partamin et al., 2012)
- Retraining program improved competency of Maternal Child Health Workers in Nepal (Carlough & McCall, 2005)

Overall, findings demonstrated a lack of or inconsistent competence among SBAs.



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### Determinants of Health

**Poverty** (The World Bank Group, 2011; WHO. 2010)

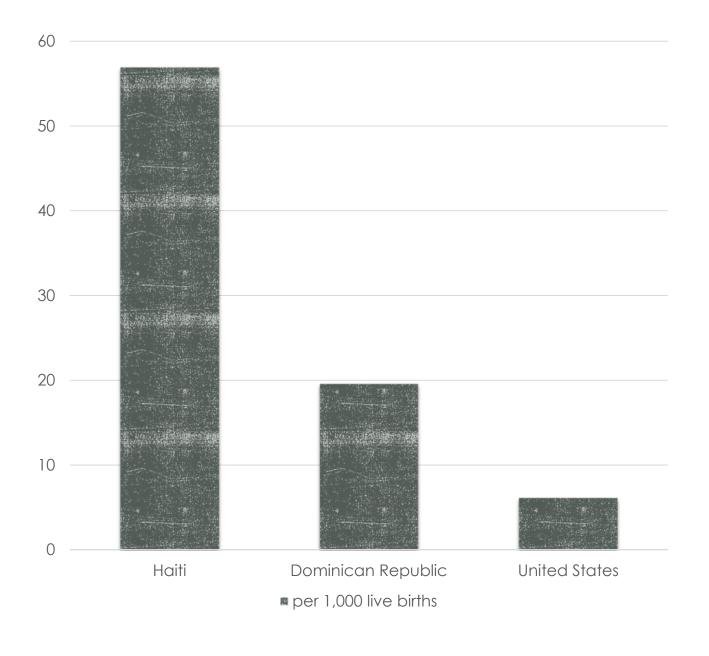
#### Inadequate infrastructure

(Central Intelligence Agency [CIA], 2014; Ministry of Public Health and Population [MSPP], 2013; Pan American health Organization [PAHO], , 2012)

Natural disasters (Amibor, 2013)

Political unrest (CIA, 2014; MSPP, 2013; PAHO, 2012)



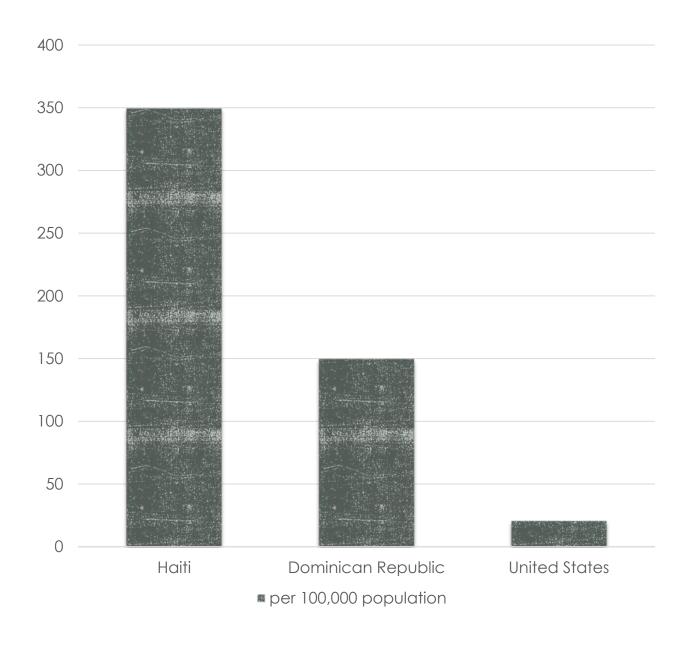


#### **Infant Mortality**

Preterm birth
Birth asphyxia
Infections
Tetanus

(CIA, 2014)





#### **Maternal Mortality**

Pregnancy induced hypertension

Eclampsia

Postpartum hemorrhage

(Human Rights Watch, 2011)



### (f) Midwives for Haiti



#### Mission

To reduce maternal and infant mortality rates in Haiti by training Haitian nurses to be SBAs (MFH, 2014)





#### Background

503(c) based in Richmond, VA

Primary teaching site Hinche, Haiti

March 2014: Class 7 (MFH, 2014)





#### Impact

71 skilled birth attendants

12,000 births attended

**60,000** free prenatal visits

Matròne Outreach Postnatal clinic Birth Center

(MFH, 2014)





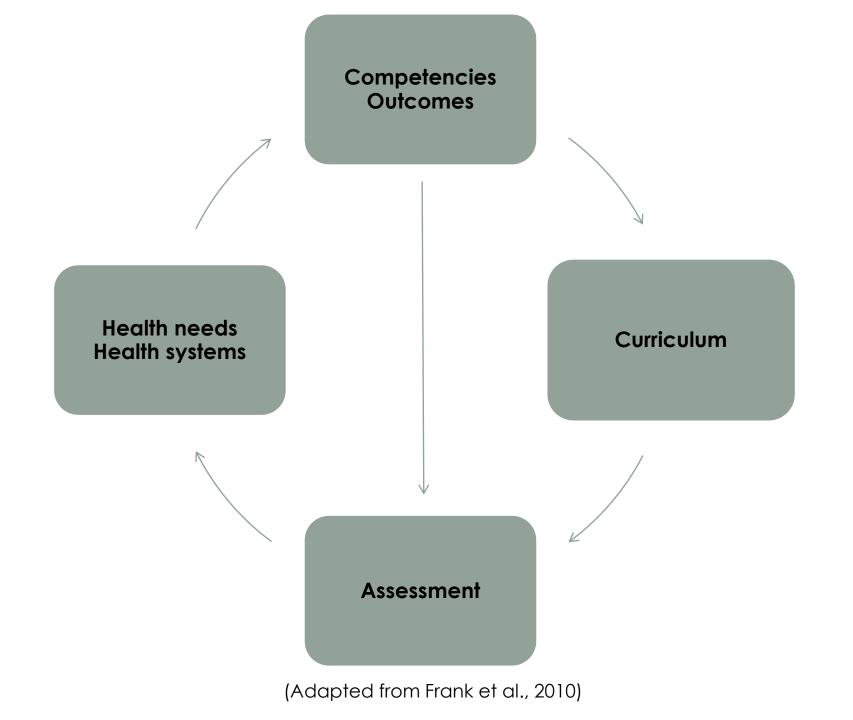
### O Curriculum Analysis

### Competency-Based Medical Education

- Knowledge and skills as outcomes
- Mastery of learning experience
- Emphasizes abilities
- Promotes learner-centeredness

(Frenk et al., 2010; U.S. Department of Education, 2002; Voorhees, 2001)







### World Health Organization

- Defined SBA and competence
- Core functions
- Collaboration and referral
- Additional options (WHO, 2004)



### Core Functions

- Skills and abilities
  - Assessment and care
  - Identification, care and referral of life-threatening conditions
- Ethos of shared responsibility and partnership with women
- Communication
- Cultural competence
- Patient education

(WHO, 2004)



#### Midwives for Haiti Curriculum

- Objectives
- Knowledge
  - Written exams
  - Comprehensive final exam
- Skills
  - Skills checklists
  - Communication skills
  - Decision-making skills

(MFH, 2014)



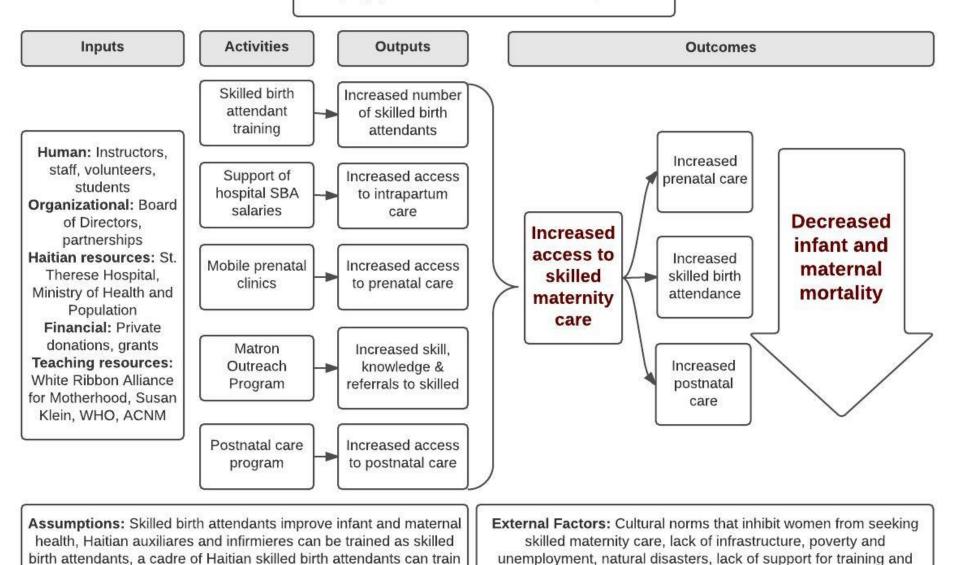


# Midwives for Haiti curriculum demonstrated alignment with World Health Organization core skills and abilities

## Logic Model Evaluation

(W. K. Kellogg Foundation, 2004)

**Problem:** Infant and maternal mortality in Haiti **Target population:** Infants and childbearing women





employment of auxiliares as skilled birth attendants

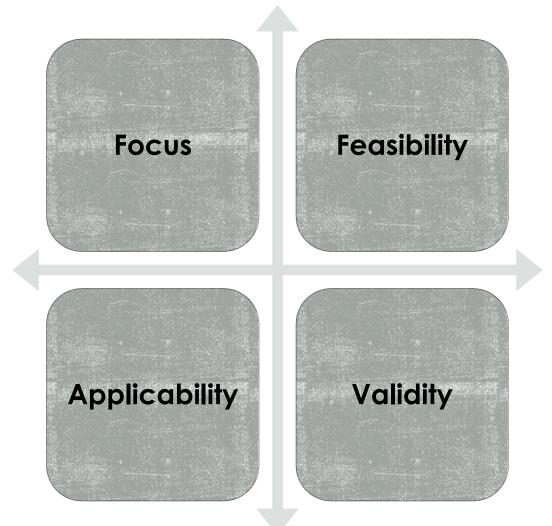
future skilled birth attendants, Haitians want to provide health care



# Analysis of Midwives for Haiti programs demonstrated the ability to train competent SBAs

## O Evaluation Plan

#### **Evaluation Tool Criteria**



#### Recommended Evaluation Tools

### Case vignettes

(Chaturvedi et al., 2014; Peabody, Luck, Glassman, & Dresselhaus, 2000)

### Partograph case study

(Maternal and Neonatal Health Program, 2002, 2004)

#### Neonatal resuscitation

(Maternal and Neonatal Health Program, 2004)

#### Selfevaluation

(Carlough & McCall, 2005)





### Recommendations for the Future

Curriculum review and revision

Focus continuing education efforts

Review international recommendations and national guidelines

Biennial competency evaluation



# MDGs 15 years later: Where are we?

#### MDG 4: Global Progress

- Under-5 mortality rate declined by more than half from 12.7 million in 1990 to 6 million in 2015
- Rate of decline has more than tripled worldwide
- Measles vaccination helped prevent nearly 15.6 million deaths

(United Nations, 2014)



#### MDG 5: Global Progress

- Maternal mortality ratio has declined by 45% worldwide
- More then 71% of births were attended by SBAs
- Contraception prevalence increased 55%

(United Nations, 2014)



#### Progress in Haiti

- MDG 4
  - Infant mortality has decreased 44% since 1990
- MDG 5
  - At least one prenatal visit: 90% in 2010
  - An estimated decrease in maternal deaths

(UNDP, 2014)



- 1.2 billion people still live in extreme poverty
- Progress toward the education of children has slowed
- Child poverty goals have not been met
- Maternal mortality rates still need to be reduced
- Too many new cases of HIV

#### **Unmet Needs**





(United Nations, 2014)









"Haiti is the most dangerous country in the Western hemisphere in which to give birth"

(UNFPA, 2011).



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#### Discussion