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# Field Birth: A Baby Focused Web-Based Resource for Out of Hospital Births

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## Introduction

Despite the rise in home births and enroute to hospital deliveries, the opportunities and resources for pre-hospital care providers to participate in visual demonstration and fundamental information regarding critical concepts of newborn care are limited.

## Aim

The aim of this program is to determine if using video on-line methodology would positively impact the knowledge of prehospital care providers about newborn management following out-of-hospital "field" birth.

## Content Validity

Content validity establishes that the knowledge presented is based on evidence that is established in the profession. The program content validity was determined based on the evaluation by , midwives, and experienced paramedics, doulas, and laypersons.

## Content

Program modules focused on newborn post delivery care.

**Every Newborn Module** - knowledge needed for every birth

**Breathing Newborn Module** – breathing assessment & bag mask ventilation

**Hand-off Newborn Module** – communication related to newborn. 15-item pretest-intervention-post-test method was used to test the basic concepts of the module. YouTube® Amateur video environment was used to deliver the content. The entire program was web-based. Participants were also asked to comment about the learning experience.

### Step 1

Peer Review of Content

Contacted experts for content review

2 midwives,  
2 paramedics,  
2 doulas,  
2 non-medical peers

### Step 2

Formatted the program to create shape

Established and Registered logo

Designed Website

Scripted material reviewed by experts

Video sessions planned

### Step 3

Cost estimate of videos not feasible

Videos self-created using YouTube®

Piloted using content expert liaisons

Reviewed pre- and post-tests

15 Students/Learning Module B	Pretest Scoring Mean	Post-test Scoring Mean
Every Baby	9.8	13.9
Breathing Baby	11.6	14.2
Handoff Baby	6.3	12.8
Total	9.2 (66 %)	13.6 (90%)



## Literature & Resources

- Wax, J., Lucas, L., Lamont, M., Pinette, M., Cartin, A., Blackstone, J. (2010). Maternal and newborn outcome in planned home birth vs. planned hospital births: a meta analysis., Elsevier.  
Pediatric Education for Prehospital Professions, 3<sup>rd</sup> Edition (2014). American Academy of Pediatrics, Elk Grove Village, IL.  
Neonatal Resuscitation Program, 6<sup>th</sup> edition (2014). American Academy of Pediatrics, Elk Grove Village, IL.  
Survey Monkey™ Palo Alto, California, USA.

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## Evaluation

Despite introduction to a new type of learning, first responders improved their knowledge regarding newborn post delivery care. Although a small sample, overwhelmingly the responses indicated that visualization was extremely helpful. Web-based newborn education was not previously available to these providers.

## My Leadership Journey

- Experience is wisdom – mentoring was extremely helpful (**Model the Way**)
- Collaborative with intra-disciplinary providers is key to success (**Inspire a Shared Vision**)
- Development of web-based learning modules was effective (**Challenge the Process**)
- When a project stalls, collaborate with positive people (**Enable others to Act**)
- Piloting in a low-resource area increases applicability (**Encourage the Heart**)
- Funding makes a better product (**Next Steps**)

## Next Steps

- To seek funding to provide Field Birth to rural and underserved areas