

INDIVIDUAL LEADERSHIP DEVELOPMENT

Model the Way

- Clarifying my professional values & sharing with others
- Working on my leadership voice
- Looking for opportunities to practice new leadership skills
- Developing a Team Project
- Mentoring others

Enable Others to Act

- Increasing collaboration through a Team Project & research
- Building trust in relationships
- Sharing knowledge & information
- Working on my personal development & knowing myself better in order that I might support others

Relationship of Three



TEAM LEADERSHIP PROJECT

Background: Information is needed about the mentoring relationship between Doctor of Nursing Practice (DNP) student and faculty mentor. Most DNP programs are new, and best practices for mentoring are needed.

Purpose: The purpose of this project was to increase knowledge regarding the process and experiences of mentors and mentees in the DNP program setting.

Outcomes

- *Mentees identified needs as:*
 - Guidance
 - Help to stay on track
 - Listening & emotional support
 - Program & portfolio clarification
 - Sharing professional connections
 - Suggestions for immersion experiences
 - Knowledge sharing & providing criticism
- *Mentors identified expectations of mentees:*
 - Work hard, be creative, & accept criticism
 - Meet deadlines & communicate progress
 - Be professional & self-directed

Implications for Nursing Education

- Student mentees & faculty mentors benefit from relationship building exercises
- Role clarification is important to establishing the mentoring relationship
- Faculty members need guidance for this new role

SCOPE OF INFLUENCE

Organization

- NFLA project & site visit increased visibility
- Election to handbook committee

Community

- Research Liaison to community hospital

Profession

- Elected STTI Chapter President
 - Coordinated joint chapters' event
- Neuman Systems Model Fellow
- Manister, N. N. & Gigliotti, E. (In press). Emotional eating mediates the relationship between role stress and obesity in clergy. *Nursing Science Quarterly*.



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