Artistic expression is recognized as an element that contributes to the quality of life and is essential to achieving optimal health states (1). To have measurement tools that establish the impact generated by artistic practices on the quality of life of students is a necessity.

We construct a theoretical model about Quality of Life (QOL) based on literature revision to support our measurement tool. (2) The Instrument consists of five dimensions (social, physical, emotional, material well-being and personal development) items are four-level Likert type. The first version of the tool has 85 items.

**INTRODUCTION**

Artistic expression is recognized as an element that contributes to the quality of life and is essential to achieving optimal health states (1). To have measurement tools that establish the impact generated by artistic practices on the quality of life of students is a necessity.

**OBJECTIVE**

Objective Create an instrument tool to measure from scientific research criteria quality of live in Young people.

**METHODOLOGY**

Quantitative research with psychometric perspective. Sample: 16 experts in the content validity phase, 150 College students, 50% of them belonging to institutional artistic groups.

**RESULTS**

Validation of judges by Kendall concordance coefficient for related samples indicate agreement among judges in the evaluation instrument per dimension and evaluated criterion range 0.29-0.35.

Factor analysis with varimax orthogonal rotation, resulted in five interpretable factors that account for the new theoretical structure, and finally, after item analysis performed the final measurement tool has 28 items, with a percentage of explained variance of 48% and factor loadings ranging from 0.30 to 0.85.

**CONCLUSIONS**

We have an instrument to measure quality of life in Young University with good psychometric qualities.

**REFERENCES**
