The Constellation of Presence - The Power of a Therapeutic Intervention

PURPOSE
The purpose of this qualitative, descriptive study was to explore and describe practices, registered nurses across clinical settings, implementing presence in the NCR. This study was a qualitative study that used methods of presence and phenomenology.

BACKGROUND
Presence has been defined based on limited empirical evidence directly examining its implementation within the NCR. Although presence has been described in various forms, including caring presence, healing presence, and nursing presence, Presence has been conceptualized as a multifaceted and multidimensional construct.

METHODS
The purpose of this study was to describe how practicing, registered nurses across clinical settings, implement presence in the NCR. Research questions for this study considered the perceptions of the use of presence as an intervention in the NCR. Presence was defined as "being there," including 3 phases: presence, partial presence, and full presence and recommended further research to examine how this intentional phenomenon of "presence," including full presence, partial presence, and full presence, is associated with levels of presence, supporting the possibility of teaching behaviors that promote presence.

RESULTS
Outcomes of presence were found to be significant, including physical, mental, emotional, and spiritual presence. Presence was experienced as beneficial for the situation. Presence is a necessary intervention, and clients felt valued and invested in their health. Presence strengthened the NCR because having another human simply being available, just "to be," was healing. Presence also strengthened the nurse-client relationship, including 3 phases: presence, partial presence, and full presence. Presence was defined as "being there," and recommended further research to examine how this intentional phenomenon of presence is associated with levels of presence, supporting the possibility of teaching behaviors that promote presence.

CONCLUSIONS
Presence as an intervention in the NCR was a client-centered, intentional nursing intervention done with or for the client as illustrated by a medical-surgical nurse, a psychological nurse, and a neurological nurse. The meanings of presence included satisfaction with the client and healthcare team, habitus assessment, adaptability, therapeutic communication, empowerment, synthesis, active listening, acceptance, and presence.

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