INCORPORATING MILLION HEARTS® SCREENINGS INTO NURSING CURRICULA & COMMUNITY OUTREACH

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INCORPORATING MILLION HEARTS® INTO NURSING CURRICULA
AACN’s Essentials

• In alignment with the American Association of Colleges of Nursing’s Essentials
  • Baccalaureate, Essential VII¹
  • Graduate, Essential VIII²
  • Doctoral, Essential VII³

National Initiatives and Goals

- Million Hearts® biometric screenings contribute to three different sets of national initiatives and goals:
  - Healthy People 2020
  - The Triple Aim®
  - Million Hearts®
Incorporating into Curricula
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• Assessment, Community/Public Health, Leadership, and nursing clinical courses provide numerous clinical opportunities

- Flu clinics
- Alumni Activities
- Community Activities
- Free Clinics
- Community Partnerships
- Grant Partnerships
- Sporting Events
- Medical Centers
- Student Groups
Advantages for Incorporating into Curricula

• Student clinical experiences in population health and contributing to national initiatives

• Online, self-study module for students

• Resume builder – certified as a Million Hearts Fellow

• Builds partnerships between colleges/schools of nursing and community organizations

• Benefits local community members
MILLION HEARTS® COMMUNITY OUTREACH & ENGAGEMENT
Incorporating into Local Community Churches

• 65 participants from local area congregations attended a training session on Million Hearts®

• Asked to participate by their local pastor and become the point person or the *Community Ambassador* for their congregation

• Most had a health care background
Local Screening Events

• Examples of participation in community events
  - Ohio State Fair
  - Farm Science Review
  - Ask-A-Buckeye Nurse
  - Valentine’s Day
OSU Screening Events

• Examples of participation within OSU
  - New Hire Onboarding process
  - Million Hearts® Plus Program
  - OSU Retirees Association
Wellness on Wheels (WOW)

- Two WOW tours have been completed
  - Bus tours with students and faculty from the colleges of nursing, medicine, nutrition, exercise science, public health and pharmacy
  - Conducted large scale Million Hearts® and wellness screening utilizing interprofessional teamwork
Local Corporate Screenings

- Partnerships with local corporations
- Students conducted Million Hearts screenings on employees
Statewide Impact

- Ohio Nurses Association
  - Collaboration with the Ohio Nurses Association to offer the educational program for continuing education credit to members for free
  - Focus on nurses participating in screening events
- Ohio’s Medicare Quality Improvement Organization
Nationwide Impact

- NIEPCAMH
- American Heart Association
- Nursing Organizations
Partnering with OSU Extension to Advance Million Hearts®

• OSU Extension is a division of Ohio State that addresses the needs of the local communities around Ohio and combines the needs of local citizens and communities with new research and technical information

• At-risk individuals are identified during screenings at local community events
Partnering with OSU Extension to Advance Million Hearts®
Online Million Hearts® Courses

- 3 online courses for the community members who screen positive
  - Blood pressure
  - Cholesterol
  - Stress & Smoking
- Heavily focused on lifestyle modifications
Outreach & Networking

• *Community Commons* website

• Online community developed by the CDC to connect, collaborate, and highlight the work you are doing to support the Million Hearts ® initiative.

• [http://www.communitycommons.org/groups/million-hearts/](http://www.communitycommons.org/groups/million-hearts/)
Questions??
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