# Environmental Exposures Influence on the Antenatal Microbiome and Health of Offspring



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# **Disclosure**

 We have no conflicts of interest, sponsorships or commercial support to report

# **Objectives:**

- Identify exposures that may alter the maternal microbiome
- Discuss potential health implications for offspring health related to altered antenatal microbiome composition

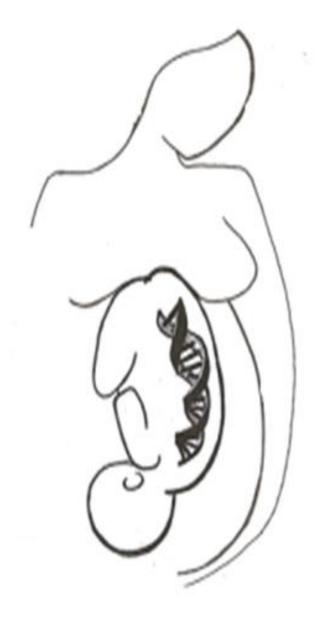
### Outline

Background

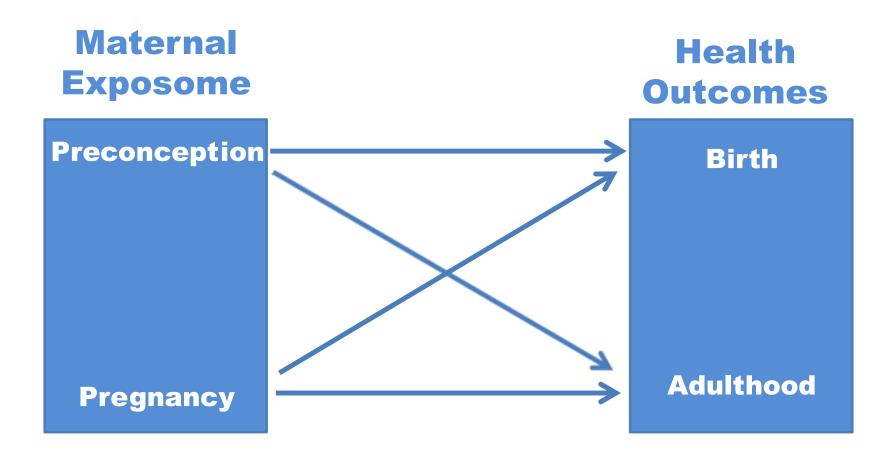
Methods

Results

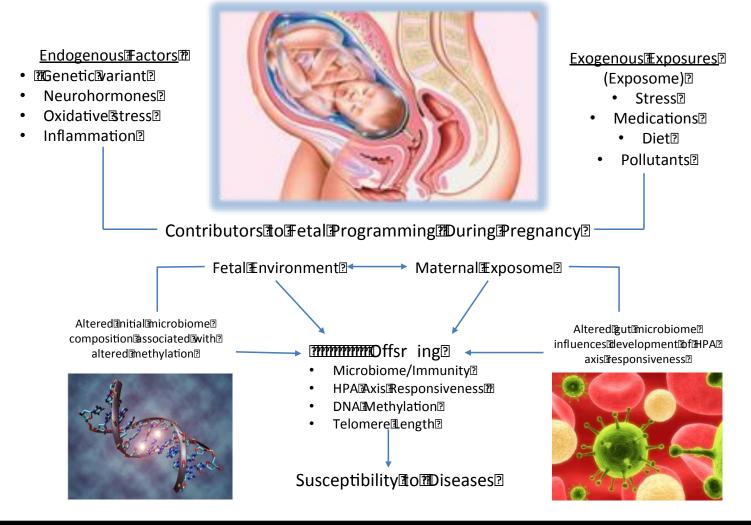
Discussion



# Interaction between Maternal & Fetal Environments



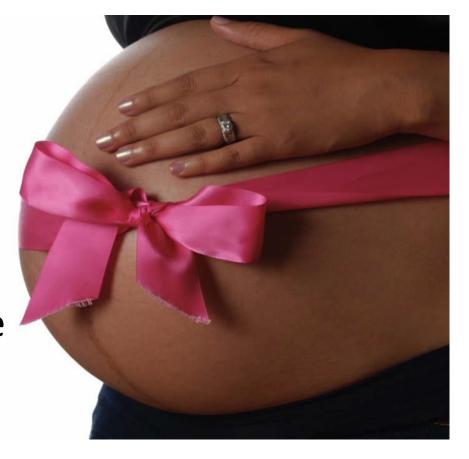
# Mechanisms influencing Development



# 2 Questions:

1. What is known about the antenatal microbiome?

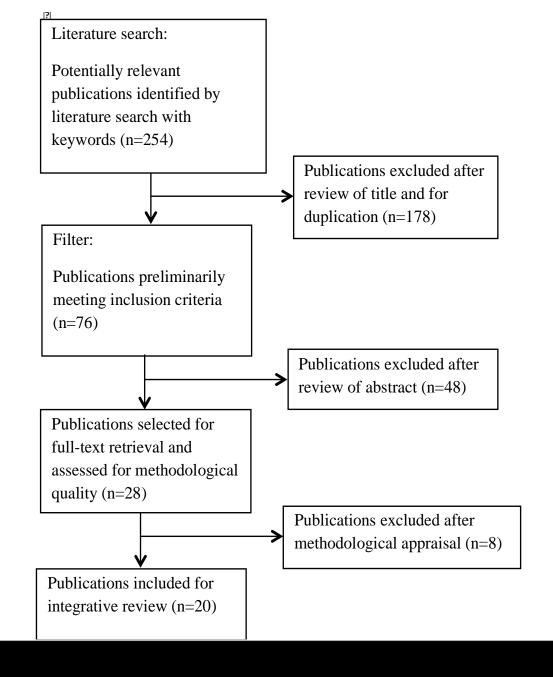
2. Do variations in the antenatal microbiome influence offspring health?



# Integrative Review

#### **Key words:**

- Microbiome
- Microbiota
- Antenatal period
- Pregnancy
- Offspring
- Birth outcomes



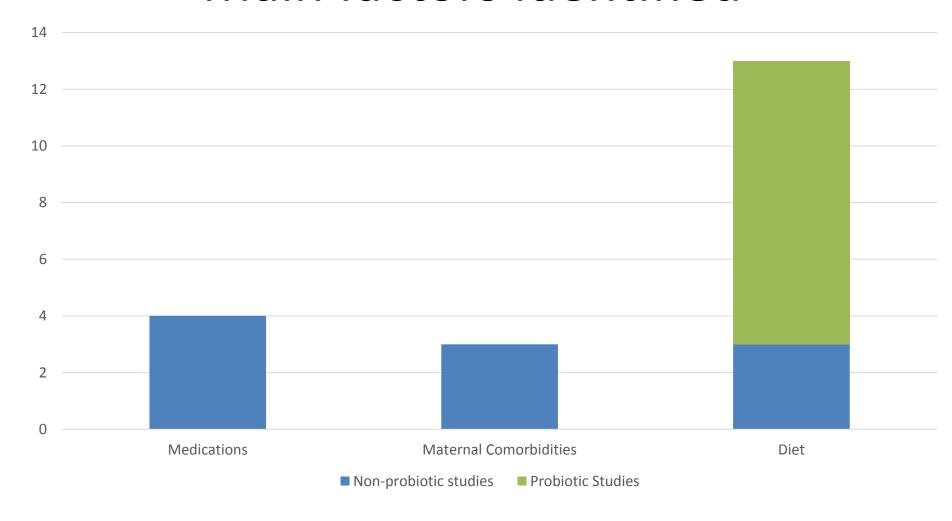
#### **Results Overview**

Small sample sizes

Observational and randomized control trials

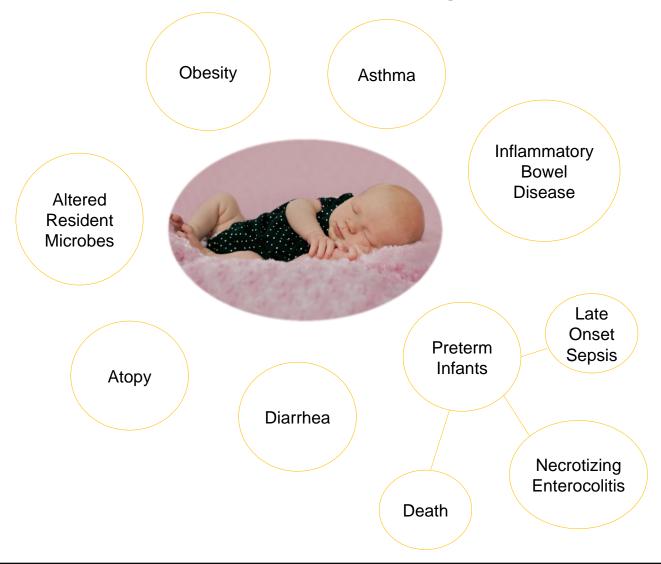
Ambiguous findings

#### Main factors identified



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# **Potential Health Implications**



# **Clinical Implications**

Mode of birth

Infant feeding

Environmental toxicants

Antibiotic use



# Thank you!

#### Questions?

#### Recently accepted for publication:

Wright, ML., Starkweather, AR. (2015). Antenatal Microbiome: Potential Contributor to Fetal Programming and Establishment of the Microbiome in Offspring. *Nursing Research*. (In press, online ahead of print)