



Collaboration and Sustainability in Short-Term Immersion: Ten Years of Experience Sigma Theta Tau International Research Conference July 26, 2015

Caroline V. Coburn, RN, DNP, ANP-BC















Caroline V. Coburn, Clinical Assistant Professor
Nell Hodgson Woodruff School of Nursing at Emory University
Atlanta, GA USA

Objectives:

Upon completion of this presentation the learner will be able to

- 1. Explain principles for planning, implementing, and evaluating service learning experiences.
- 2. Identify at least three ways in which short-term international experiences can become educationally sustainable.
- 3. Describe the key elements for effective educational collaboration with governmental and non-governmental organizations.

The presenter has no conflicts of interest to report related to this content or presentation. No sponsorship or commercial support was given to the author.



Background: Emory Global Experiences

- Undergraduate experience: Island of Eleuthera, Bahamas
- Objectives: service learning, community health, quality improvement
- Timing: one or two weeks







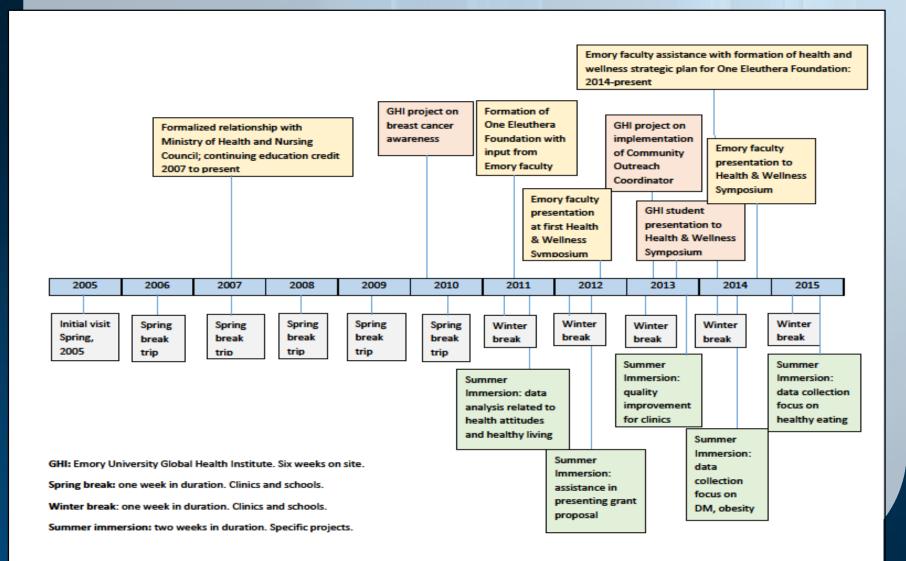


Conceptual Model

- Planning, implementing, evaluating: essential elements.
- Two-part model for sustainability proposed by Leffers and Mitchell.
 - Resources and engagement process resulting in meaningful partnership.
 - Partnership input into programs and processes that result in tangible outcomes.

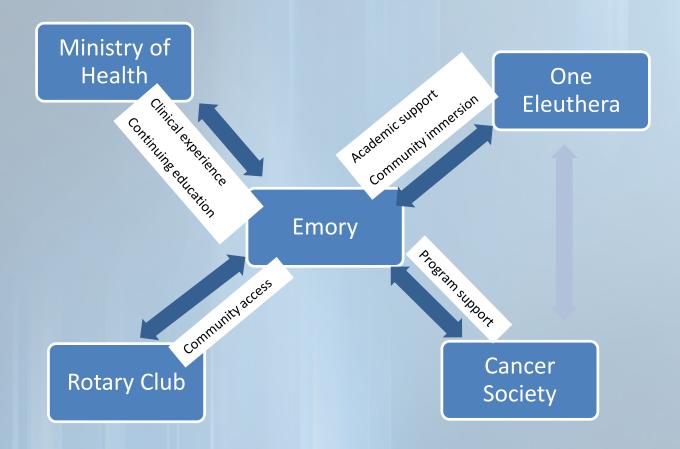
Ten-Year Timeline

WOODRUFF SCHOOL OF NURSING





NELL HODGSON
WOODRUFF
SCHOOL OF
NURSING





Essentials for Global Trips

- Community assessment: for logistics, perspective. Identify key partners, health needs, community strengths.
- Availability of resources: both in host country and visiting country.
- Communication: Ministry of Health, clinics, local organizations, community leaders.
- Leadership champions on both sides.



Essentials for Sustainability NURSING

- Collaboration
 - For reaching common goals.
 - Tied to but not the same as partnership.
- Commitment
 - Faculty and site champions.
 - School resources.
 - Site resources.





Essentials for Sustainability, continued

- Capacity building
 - Assess.
 - Build capacity, then act.
- Communication
 - Reports and data.
 - Ministry or other health oversight organization.
 - Ongoing evaluation.

	Unsabera Health Fairs Conflidential Information Sheet Aune, 2014	
Ougstionnaire	Primary residence: 3. Vital signs:	
Questionnaire	8/9 Weight West	
A STATE OF THE STA	Pulse EME	
5	Height Blood glucose	
	4. Have you over been screened for diabetes?	
*	The following are questions for those who have been diagnosed with diabetes: The following are questions for those who have been diagnosed with diabetes: The diagnosed with diabetes:	
a loss seemed state and	6. If so, what type of dat only	
FREE	isse, i avenile osi mediche	
DAYY) NEWAYOR	7. About how often s —— insulis shots	
EAR PEOPLE NOW	early week Others	
	table a menth. 15. If you take rendication, how often do you take it as directed?	
	occur a month	
	Do you use bush in max 2 or more doors a week but keep on the general sub-rigide.	
	cassignake medication as directed	
	10. So you have any 20. Have you ever been haspitalized for something related to your diabetes?	_
	High blood pressure If yes, how many times?\$\$\$es the last hospitalisation?	_
	Premious Read offseld 21. What would you say were the higgest challenges to taking your medication as do Province stroke: Walls: In principle in principle as needed. Readon	e) and
	Previous stroke Walde to get in this as needed. Reason: Ourget to selfal, medicine and available, etc.)	
的性性的原理法是	logot to take medicine	
	sids_effects, medicine bethere ms, etc.	
	00en	
	23. How offer do yes have an eye examination?	
	appropriate that once a year last prior that every has year	



Bonus Elements:

- Living in the community.
- Multiple areas of the university involved in the same project.
- Partnership on many levels: schools, churches, local organizations.







Lessons Learned

- Remember your "host"
 - Leave benefits for the community, the nurses.
 - Communicate your results.
 - Be visible.







Other Lessons

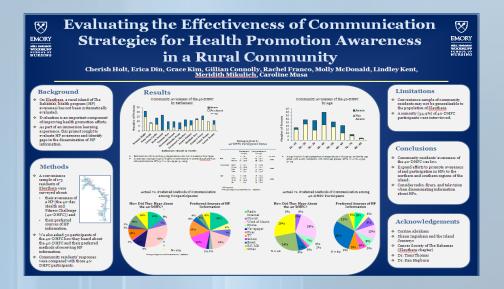
- Clinics: workshop suggestions that weren't sustainable.
- School education: the importance of timing.
- Health fairs: location, circumstances, publicity.
- Educational goals: how do they fit with sustainability goals?



NELL HODGSON

Sustainability Example: Stage I

- Emory Global Health Institute (GHI) project
 - GHI students collaborated with One Eleuthera Foundation; collected data about Eleutheran women's attitudes toward breast cancer.







Sustainability Stage II

 Students used GHI information to assist One Eleuthera Foundation with grant proposal presentation to Komen Foundation.

 Successful presentation: Komen Foundation awarded grant for creation of a Community

Outreach
Coordinator for

breast cancer education.

Knowledge Scale Item	Agree n (%)	Disagree n (%)
Lumps in the breasts that are cancer are usually painful	24 (39%)	38 (61%)
If a woman's mother or sister had breast cancer, the woman is more likely to get breast cancer	58 (83%)	12 (17%)
Doctors and nurses are the only ones who can find a lump in your breast	5 (7%)	65 (93%)
A woman's chance of surviving breast cancer is very low, even if it is found early	20 (29%)	49 (71%)





- Second Emory GHI grant focused on the Komen awarded Community Outreach Coordinator (COC) position.
- GHI students administered surveys to further assess gaps or barriers to knowledge of breast cancer.
- Information from the surveys provided basis for development of the COC position and suggestions for implementation.





Sustainability: Branching Off

- Question: Can Community Outreach Coordinator position on Eleuthera as used for cancer education be adapted to address non-communicable disease (NCD)?
- Data collection: health fair questionnaires, interviews with clinic nurses and health educators.
- Next step: pilot study



Thank you! Questions???









Selected Resources

- Edmonds, M. (2012). An integrative literature review of study abroad programs for nursing students. *Nursing Education Perspectives*, 33(1), 30-34. doi: 10.5480/1536-5026-33.1.30
- Kulbok, P.A., Mitchell, E.M., Glick, D.F, & Greiner, D. (2012). International experiences in nursing education: A review of the literature. *International Journal of Nursing Education* Scholarship, 9(1), 1-21. doi: 10.1515/1548-923X.2365
- Leffers, J. & Mitchell, E. (2011) Conceptual model for partnership and sustainability in global health. *Public Health Nursing*, 28 (1), 91-102. doi: 10.1111/j.1525-1446.2010.00892.x