Bedside Shift Report: A Patient-Centered Approach to Improving Satisfaction Scores

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Learner Objectives

- Communicate shift report effectively, in a concise, clear
- Provide a patient centered approach to care
- Improve patient satisfaction related to communication

Background

- 32 bed Med/Surg Oncology unit in a large community based hospital had some of the lowest patient satisfaction scores in the Communication Domains
- Effective Communication is a key component for providing quality care

Background

- Institute of Medicine & Joint Commission included "patient centeredness" as an aim for improving healthcare
- Patient centered care defined: "improving health care through the eyes of the patient"
- Patient experiences often use surveys, such as the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS)

Background

- Changing the patient experience requires first changing the culture of how nurses communicate with each other & their patients
- One way to improve communication was to commit to bedside shift report
- Historically, shift report took place at the nurses station: one-way communication, lengthy, incomplete, fraught with interruptions

Objectives

- Develop a method for establishing a standardized process for bedside shift report
- Measure the effects of bedside shift report on the patient experience

Methods

- Nurses attended a mandatory educational session, learning the aspects of bedside report
- Each nurse received a handout with evidence based information on bedside report
- A standard tool, based on Situation, Background, Assessment & Recommendations (SBAR) included in their packet

SBAR

- Originally US Navy developed communication tool
- Standardizes communication; simple yet effective
- S-Situation summary of patient: age, gender, chief complaint
- B-Background medical history, allergies, surgical history, social history, medications,
- A-Assessment summary of facts & problem list
- R-Recommendation plan of care for problems

Methods

- Questions & concerns addressed & discussed
- Beginning in Sept 2011 bedside shift report became a mandatory requirement
- Staff shadowed for 2 weeks to observe report process, identify areas of improvement and to provide support for the staff
- Weekly meetings held to address concerns

Concerns

- Patient confidentiality, HIPPA
- Physician buy in
- Involving the patient in the process

Outcomes

Results:	Before	After		
<u>Results:</u>			Sustained	
	Jun-Nov	Dec-Jun	Results	
Median Domain Score	2011	2012	2013	2014
Communication with				
Nurses	74	80	80	77
Nurses treat with				
courtesy/respect	83	91	88	84
Nurses listen carefully	66.5	71	75	72
Nurses explain in a way				
you understand	64	71	75	75

Outcomes

- Immediate & drastic results were seen related to HCAHPS scores in communication domains
- Improved patient and family involvement
- Nurses able to complete report without interruption which improved workflow
- Safe transition of care between providers

<u>Impact</u>

- Nurses able to visualize their patient within the first 30 minutes of the shift
- Information such as allergies, past history, etc.
 verified with patient
- Staff mentoring occurred at the bedside
- Promoted an environment of trust and transparency between nurses and patients

Questions?

