



“NURSING INTERVENTION IN THE PROCESS OF HEALING OF DIABETIC FOOT IN THE ELDERLY SEEN IN HOUSE COMPARED WITH TREATED IN HOSPITAL”

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Purpose:

To determine the effectiveness of a nursing intervention in training diabetic foot's elderly patient in comparison with the hospital cares, in a second level of care in Saltillo, Coah., México



Methods: (Pilot Study)

A quasi-experimental study with pretest posttest design. The sampling will be randomly with a sample size of 30 diabetic foot's elderly patients for the experimental group, calculating a 95% acceptance and 5% error. the nursing outcomes will be compared with a control group for identifying the differences between both groups. The intervention will take place at a government Hospital of Saltillo, Coahuila, Mexico.

We are going to work eighth sessions with experimental group at patient's home: diabetes generalities, monitoring glucose levels, exercises, alimentation, pharmaceutical treatment, foot cares, and healing diabetic foot cares.

While control group is going to be attendances with traditional model attention.



Results:

The aim is to demonstrate the effectiveness of a nursing intervention for older adults with diabetic foot treated at home.

Conclusion:

The results of the nursing intervention based on the literature will be discussed to improve self-care of the elderly and their families in healing diabetic foot.

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Keywords:

Diabetic foot, elderly, cicatrization,