And the Evidence Shows...Using Specialty Certification from The Joint Commission Improves Quality

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#### Achieving Structural Homogeneity in Two Seemingly Diverse Populations

#### Ashley Hodo, MSN, RN

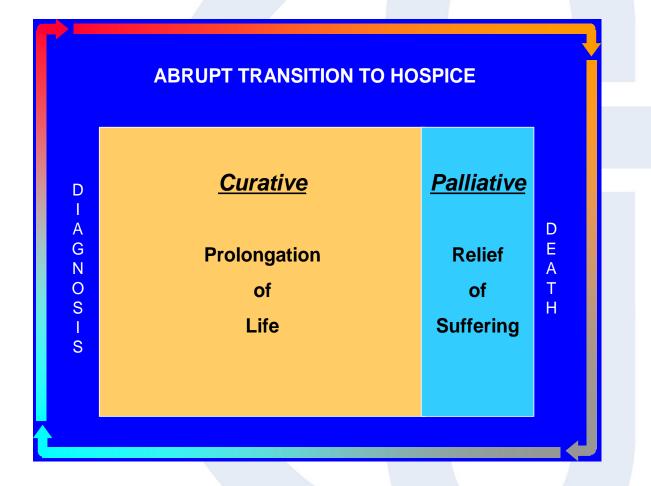


## **Objectives**

- Identify the necessary elements from the Clinical Practice Guidelines for Quality Palliative Care to achieve an administrative structural homogeneity.
- Identify opportunities within an existing palliative care service with successful implementation of creative remedies to improve the administrative foundation.



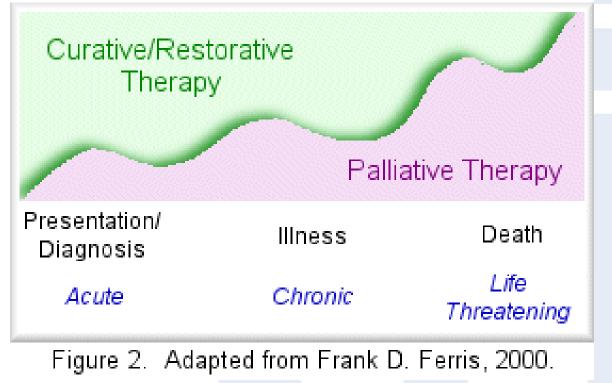
#### Palliative Care: OLD MODEL





#### Palliative Care: NEW MODEL

#### Continuum of Care - Optimal





# How to grow a consult service...

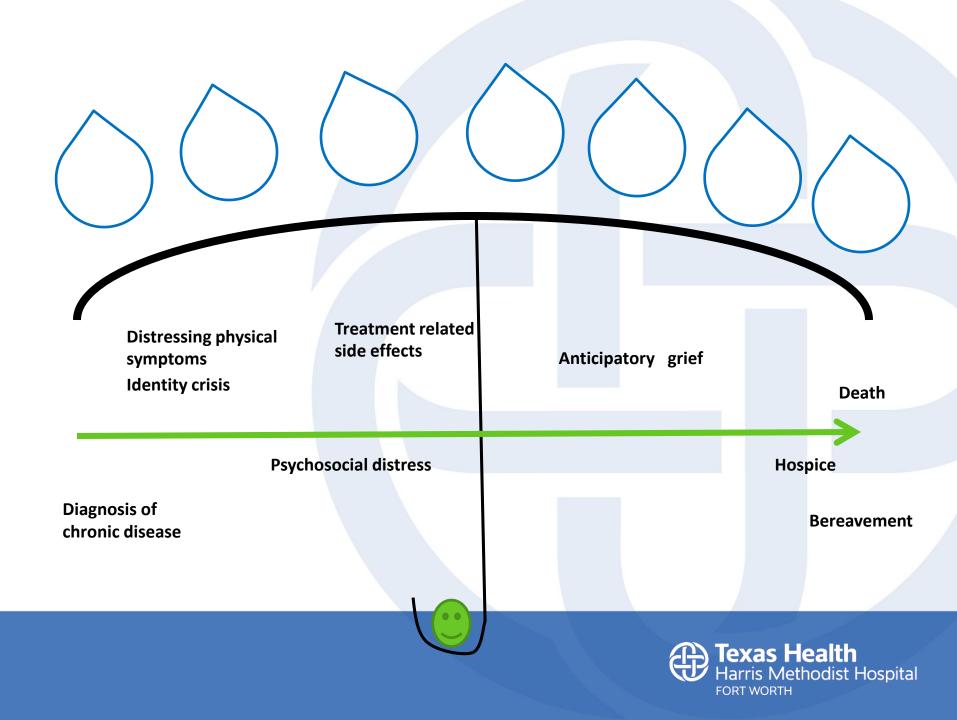
- 2 distinctly different interdisciplinary teams (IDT)
  - Each team comprised of
    - Physician(s)
    - Nurse(s)
    - Social Worker(s)
    - Chaplain(s)
- Other elements
  - 16-bed inpatient PC unit
  - Nurse Manager who oversees both the PCS line and the inpatient PC unit
  - Program Coordinator
  - 2 Medical Directors
  - Collaborating NICU Nurse Manager



# One Cohesive Overarching Structural Umbrella

- Common themes between numerous families
  - Inability to:
    - Articulate prognosis
    - Comprehend all available treatment options
    - Frustration expressed with fragmented care received across healthcare setting
  - These needs spawned the development of our neonatal PC Program (weeCARE)





#### Why would a patient receive Palliative Care?

- Advanced care planning
- Distressing symptom management
- Facing end-of-life issues
- Enhanced communication
- Considering withdrawal of life-supporting interventions
- Grief & bereavement support
- Inadequate social support system
- Complex family issues
- Terminal illness
- Decreased quality of life



# **One Facility but Worlds Apart**

- Adult PC Consult Team created in 2001
- Adult Team participated in CAPC Leadership Training
- Inpatient unit opened in 2009
- Adult Team participated in CAPC Registry
- Then...
  - One day adult manager received a call that there was a Palliative Care Team in the Neonatal ICU (*weeCARE*)
- The *wee*CARE Team wanted to seek TJC Certification for Palliative Care as their own recognition
- And the Adult Team had already started the process but as a TJC requirement all populations had to be served



#### What Then?

- The two teams needed to find common themes and get to know each other
- It was noted that there was missing documentations from weeCARE
  - Meeting agendas/minutes
  - Patient notes in EMR
  - Gap between outpatient and inpatient
- Team members jaded
  - Negative environment
  - Dismissed a culture of accountability
  - Team was floundering



# **Time of Change**

- Leadership from both teams began to meet and develop a strategic plan
- Jaded team members quickly disengaged, leaving group full of spirit and optimism
- Metamorphosis took approximately 2 years prior to our first certification from TJC



#### **Essential Elements**

- Standardization of Clinical Practice Guidelines
- Creation of PC Steering Committee
- Creation of Org Chart for Reporting Structure
- Scope of Service
- Mission and Vision
- Engaged PC Champions
- Performance Measure Score Card
- Note templates in EMR
- Education house wide
- Creation of PC Specific Care Plan in EMR
- Creation of a PC Specific Patient Satisfaction Survey



## **Evidence-Based Care Incorporated**

- 1. Clinical Practice Guidelines for Quality Palliative Care: The National Consensus Project
- 2. The Joint Commission Standards for Advanced Palliative Care Certification
- National Association of Neonatal Nurses Palliative Care for Newborns and Infants – Position Statement



# **Determination of Population Needs**

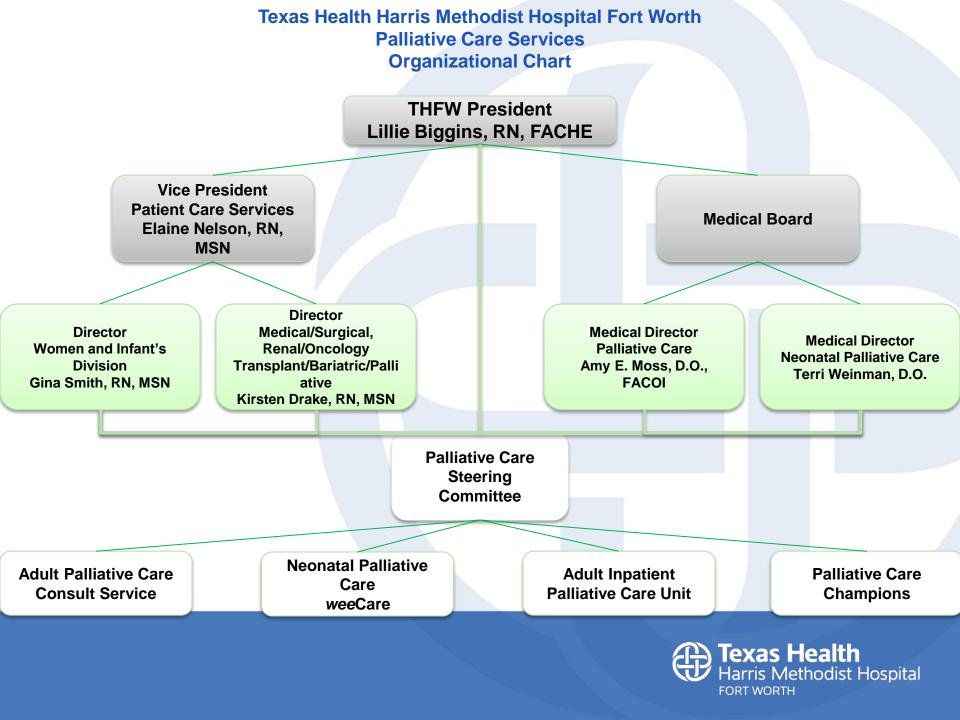
- Enhanced communication
- Clarification of information and choices for treatment
- Symptom management
- Advanced care planning
- Assistance with ethical dilemmas
- Facilitating healthy coping mechanisms
- Offering family support and education
- Ensuring that comfort care is optimized
- Maintaining dignity



#### **Palliative Care Services Steering Committee**

- Medical Director for Palliative Care Services
- ➢ THFW ACNO
- Adult Palliative Care Consult Team (PCCT) Physician
- PCCT Social Worker
- PCCT Child Life Specialist
- weeCARE Palliative Care Medical Director
- Coordinator for Palliative Care Services
- Palliative Care Services Nurse Manager (PCU & PCCT)
- Nursing Director of Medical-Surgical, Renal, Oncology, and PC Division
- Neonatal Intensive Care Unit (ICU) Manager
- Nursing Director of Women and Infant's Division
- Respiratory Coordinator for CF and Cardiovascular Services
- Pastoral Care
- Oncology Physician
- Pharmacy
- Physical Therapy
- Director of Ethics
- Community Members





#### **THR's Mission and Vision**

#### Mission

To improve the health of the people in the communities that we serve.

#### Vision

Texas Health Resources, a faith-based organization joining with physicians, will be the health care system of choice.



#### **Palliative Care Service Line**

#### Mission

Palliative Care Services is dedicated to improve the quality of life for patients and families with serious life altering disease or illness.

#### Vision

Through the commitment to working together as a multidisciplinary team, the Palliative Care Program will be the program of choice to ease or alleviate the suffering of patients and families with serious/life altering illness.



#### **Palliative Care Committees**

- Palliative Care Steering Committee
- Palliative Care Unit Champions
- weeCARE Committee
- Cystic Fibrosis (CF) Interdisciplinary Team
- PCU Unit Based Council



## **Note Templates**

- Physician/APRN Consult
- Physician Progress Notes
- weeCARE Consult
- weeCARE Follow-up
- weeCARE Interdisciplinary Rounds
- Social Work Initial Visit
- Social Work Follow-up
- Pastoral Care Initial Visit
- Pastoral Care Follow-up
- Child Life Specialist Assessment
- CF Patient Rounds



# **Certification OFIs**

- Deficiency within Core Team Structure
  - Lacked access to social worker for adult team
    - Staff unable to identify psychosocial needs and resources
    - Psychosocial assessment missing on initial visits
  - Adult Chaplain unexpectedly passed away
    - Triage for spiritual assessment inconsistent
    - Inadequate PC training for existing Pastoral Care Staff
    - Anticipatory grief assessment overlooked



# **Solutions to the OFIs**

- Gained a 0.8 FTE social worker
- Trained other internal social workers in PC assessment & documentation jkto assist in covering census
- Created PC specific CPE education for residents
- Developed daily huddle to better triage patient needs and follow-ups



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## **QUESTIONS?**



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