“Developing Civically Engaged Nursing Student Leaders Through Mentoring and Community Engagement”

Michele Montgomery, PhD, RN
Paige Johnson, PhD, RN

CAPSTONE COLLEGE OF NURSING
THE UNIVERSITY OF ALABAMA
Disclosure

- Michele Montgomery\textsuperscript{a} and Paige Johnson\textsuperscript{a}

Learner Objectives:
- At the end of this presentation, the learner will be able to:
  - Discuss useful methods of community engagement in a baccalaureate nursing program
  - State leadership skills acquired through community engagement
- The authors have no actual or potential conflict of interest that need to be disclosed
- No relevant financial relationships exist

\textsuperscript{a}The University of Alabama
Health Promotion and Leadership in Nursing

- Healthcare Reform and the 2010 IOM Report
  - IOM calls for nurses to lead health care industry
- National Council Licensure Examination (NCLEX-RN)
  - Increased content focused on health promotion
- NLN and AACN – leadership competencies
  - AACN - Health promotion essential
Curriculum Deficit in BSN Program

- Engage in health promotion and disease and injury prevention
- Opportunity to address health disparities in underserved communities
- Development of leadership and advocacy skills
Background

- BSN Nursing students:
  - Learn or increase skills in effectively providing health promotion programs
  - Improve perception of health promotion and leadership
  - Develop or improve leadership skills
- The need to incorporate service learning into an UG nursing program.
- Community engagement/Community partnerships
  - Tuscaloosa City School System: Pre-K Initiative
  - Tuscaloosa One Place: Bicycle Safety
  - Good Samaritan Clinic
  - Community assessment
The Tuscaloosa Pre-K Initiative

- Unique opportunity to implement health promotion programs
- Implementing health fairs can strengthen leadership behaviors
- Students are responsible for health assessment, health education, and logistics of health fair
- Must work with other disciplines
Tuscaloosa One Place

- Bicycle safety education in after-school programs
- Students are responsible for developing and delivering all age-appropriate content
- Engage with underserved children in community
- Able to provide community service by providing free helmets
Good Samaritan Clinic

- Students work in partnership with physicians, medical students, pharmacists, social workers, and psychology students
- Pre-clinic: Review charts and determine patient needs
- Post-clinic: Interdisciplinary team meeting to discuss plan of care, referral, and resources needed
- Exposure to vulnerable populations
Community Assessment

- Opportunities to assess health of community and available resources
- Interaction with members of the community
- Determine priority health problem and recommend evidence-based intervention
- Presentation at Founder’s Day and University Undergraduate Research Day
Benefits of Community Engagement

- Increased understanding of health promotion
  - Improved NCLEX scores
  - 23% improvement in health promotion content over 2-year period
- Improved communication and leadership skills
  - Ability to collaborate with other professions
- Increased understanding of needs of underserved/vulnerable populations
  - Development of advocacy skills
- Involvement in research
  - Utilizing research results
  - Increased knowledge of research process