

**Title:**

Preparing for a future

**Arahany Vasquez***Chamberlain College of Nursing, Chamberlain College of Nursing, Chicago, IL, USA***Session Title:**

Rising Stars of Nursing Invited Posters - Group 1

**Slot (superslotted):**

RSG STR 1: Thursday, September 25, 2014: 9:45 AM-10:30 AM

**Slot (superslotted):**

RSG STR 1: Thursday, September 25, 2014: 2:30 PM-3:15 PM

**Keywords:**

education, resources and risk

**References:**<http://www.ncsl.org/documents/health/teenpregnancy09.pdf>**Learning Activity:**

<b>LEARNING OBJECTIVES</b>	<b>EXPANDED CONTENT OUTLINE</b>	<b>TIME ALLOTTED</b>	<b>FACULTY/SPEAKER</b>	<b>TEACHING/LEARNING METHOD</b>	<b>EVALUATION/FEEDBACK</b>
<b>Example</b> Critique selected definition of the term, "curriculum"	<b>Example</b> Definitions of "curriculum" Course of study Arrangements of instructional materials The subject matter that is taught Cultural	<b>Example</b> 20 minutes	<b>Example</b> Name, Credentials	<b>Example</b> Lecture PowerPoint presentation Participant feedback	<b>Example</b> Group discussion: What does cultural training mean to you?

	"training" Planned engagement of learners				
The increase of maternal death in the U.S among the develop countries.	Statistics, How many people are at risk, Uninsured women, American maternal mortality rates.	10	Arahany Vasquez	power point presentation	Group discussion: What do these numbers mean to us?
Identifying the individual need to effectively guide women at risk	The factors that place a risk: Existing Health Conditions, Age, Lifestyle Factors, Conditions of Pregnancy, Environment, Education.	15	Arahany Vasquez	Power point presentation	Within your community who are you able to reach?
The resources available	The differences within the states in relation to: State Public Aid	10	Arahany Vasquez	Lecture	How can we make a connection?

	County City resource Communi ty				
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**Abstract Text:**

Millions of women suffer every year worldwide as a result of health, economic, developmental problems related to pregnancy and thereafter most suffer from lack of programs that are vital in creating a healthier relationship, family unit and neighborhoods. U.S women are among the highest impacted in particular those living in risk populations. For women who are marginalized or living in poverty area's with most significant health disparities, the risks are particularly critical. Fortunately we are able to offer some of the best care and resources throughout the world here at home, for those who can afford it and find it. The care needed can be readily available and accessible for these women if we took an extra step to finding what is really lacking in care today, that human touch and true understanding of what these families need.

Through leadership in community health initiatives and expansion of educational efforts, we can offer the leadership programs needed for these women to recover and thrive. Programs that are designed to ensure safe motherhood and baby wellness by providing family-centered, culturally appropriate health and wellness to pregnant women, mothers and their families. However, in order to reduce the rates of women who are at risk in their prenatal health care we must be able to provide early interventions in their pregnancy and provide ongoing care, education and support throughout their pregnancy and postpartum. In addition to providing high-risk obstetric care availability additional programs can provide critical screenings, counseling and referrals for drug and alcohol dependency, domestic violence, and mental health issues that impact the health of both the mother and child. These programs can furthermore provide peer support and leadership training, which help women to build a sense of empowerment and investment in the community with the use of case managers. Being able to link women and families to quality health services and employment training we are able to support women to be prepared for brighter future.