Social Media 101

Michelle Lilly, BA

SIGMA THETA TAU INTERNATIONAL

LEADERSHIP

Personal. Professional. Global.

Faculty Disclosure

- Faculty Name: Michelle Lilly
- Conflicts of Interest: None
- Employer: Sigma Theta Tau International
- Sponsorship/Commercial Support: None

Objectives

- Understand the features and advantages of a few popular social media platforms
- Learn basic skills to utilize these platforms
- Develop a social media campaign

What is social media?

- If media is an instrument of communication ...
- Provides information AND interaction
- Two-way street where YOU get to communicate, too!



1.15 BILLION + : FACEBOOK



500 MILLION + : TWITTER



238 MILLION + :

LINKEDIN



130M + :

INSTAGRAM



4.2 billion people use a media device to access social media sites.



Social media generates almost double the marketing leads of trade shows, telemarketing, or daily mail. More than 23% of marketers are investing in blogging and social media.



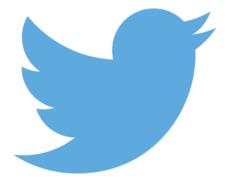
Women check out a brand's social page more often than men.







60% of consumers say the integration of social media makes them more likely to share products and services.









http://twitter.com

- "Start telling your story"
- Asks "tweeps" to make posts that are 140 characters or less:
 - ➤ What does 140 characters look like?? It isn't much!! Especially if you share a complete hyperlink with followers: www.nursingsociety.org
- This forces you to share only the most important aspects of your message
- Your profile can be for an individual or an organization



- 255 million monthly active users; I billion + total users
- 500 million Tweets are sent per day
- 78% of Twitter's active users are on mobile
- 46% of Twitter users tweet at least once in a day



Make this space yours. Add a photo!

TWEETS 639

PHOTOS/VIDEOS 23

FOLLOWING 2.000

FOLLOWERS 716 More v

Edit profile

Michelle Lilly

@MichelleAtSTTI

Constituent Engagement and Training Specialist at the Honor Society of Nursing, Sigma Theta Tau International (STTI)

- Indiana
- thecircle.nursingsociety.org
- 23 Photos and videos











Tweets and replies Tweets



Michelle Lilly @MichelleAtSTTI - 42m

Any @STTI chapters willing to share tips for an internal audit of finances? Please sign in and reply: ow.ly/Au2eU



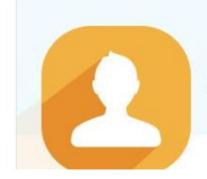








Profile photos inspire trust online. Give your name a face in #TheCircle! tinyurl.com/ovdj8ay



Give your name a face.

Update your profile to include your photo.

Who to follow · Refresh · View all



















Tweets



Michelle Lilly @MichelleAtSTTI

TWEETS 670

FOLLOWING

FOLLOWERS

718 1.997

Compose new Tweet...

Who to follow · Refresh · View all



DoctorBase DoctorBase











Vistelan Healthcare @Viste... X





Joseph Babaian @JoeBab... 🗙



NPR Health News @N

ICYMI: Results From Screening resis can Be High In Anxiety by

@GlassHospital n.pr/1IG5rm0 ow.ly/i/6Kt05



◆ Reply ◆ Retweet ★ Favorite ••• More



Followed by Ixekizumab Law.



RelatelQ @relateiq · Jul 21

Relationship management is broken, especially for start-ups. Read our take on the 3 biggest problems.

View on web





◆ Reply ◆3 Retweet ★ Favorite ••• More



NASN, Inc. @schoolnurses - 28s

Ebola: Separating Fact from Fiction. Check out the latest NASN Radio schoolnursenet.nasn.org/NASN/NASNRadio

Expand

◆ Reply ◆ Retweet ★ Favorite • More



AMSN @MedSurgNurses

The Academy of Medical-Surgical Nurses (AMSN) is the only national professional nursing specialty organization dedicated to medical-surgical nurses



Following



Nursing Standard @NScomment

The UK's best selling nursing magazine. Keep up to date with news, views, clinical practice & careers. facebook.com/pages/Nursing-... nursingblog.rcnpublishing.co.uk



Following



Amer JnI of Nursing @AmJNurs

American Journal of Nursing, the leading voice of nursing since 1900. Peer-reviewed, evidence-based, the most trusted source for nursing.



Following



Nursing First @Nursing_First

We are a nursing organization that focuses on the education, enhancement, and empowerment of the nursing team.



Following



Connecting Nurses @connectingnurse

Connecting Nurses is an initiative for nurses supported by Sanofi and nurses organizations. Our mission is to bring nurses together online and IRL. Join us!





Followed by NurChat and 108 others

Tweets



Retweeted by David Barton



Sarah Amani @S_Amani · 17 mins

NHS takes action to tackle race inequality across the workforce via @NHSEngland #wenurses #equality #ccio zite.to/1ADRskA

Expand









HealthLeaders Media @HealthLeaders · now

Handshaking Spreads Germs. Get Over It. hlm.tc/1n7kZZU

Expand











UN Women @UN Women · now

What's next for women and girls in the #post2015 agenda? ow.ly/zNC7y via @devex #gender

Expand













Andrew Lopez, RN @nursefriendly · now

Becoming a Published Author: Writing, Producing and Promoting Your Book -Dan Poynter, Author, Publisher, ow.lv/zNJM9

Expand











Retweeted by June Girvin



TimesHigherEducation @timeshighered · 2 hrs

Janet Beer has been named as the next University of Liverpool vice-chancellor: ow.ly/zNIvI

Expand











If only Bradley's arm was longer. Best photo ever. #oscars pic.twitter.com/C9U5NOtGap

♠ Reply 13 Retweet ★ Favorite *** More

















This is their handle, and how you can tag them in your own posts. "Hey, @chamberlainedu, I am a proud graduate!"

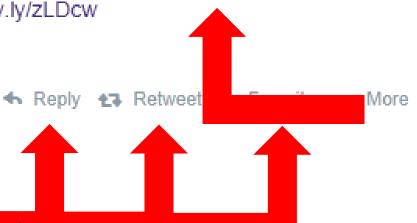


Chamberlain College @chamberlainedu · 7 mins

As healthcare shifts from reactive to proactive, learn what #nursing students are doing to combat a national epidemic ow.ly/zLDcw

2:25 PM - 31 Jul 2014 · Details

Collapse



Hashtags assign a topic to a Tweet.
Click on a hashtag to see Tweets related to a topic.

Comment on a Twestramedajowned toward in the author

You can evenkands by your bit wenithoughts before you share it.



Save

Top / All



GetWellNetwork @GetWellNetwork · Jul 9

How can IPC help you on your Magnet Journey? #ONeilCenter #PatientEngagement #HITsm info.getwellnetwork.com/Magnet-Patient...

Promoted by GetWellNetwork

Expand





Chamberlain College @chamberlainedu · 26 mins

As healthcare shifts from reactive to proactive, learn what #nursing students are doing to combat a national epidemic ow.ly/zLDcw

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NurseTogether.com @NurseTogether · 50 mins

Are you intimidated by your first #nursing job? Don't worry! Follow these tips from educators: ht.ly/zMwli

Expand

◆ Reply ◆ Retweet ★ Favorite ••• More



Retweeted by Penn Nursing

RWJF Human Capital @RWJF HumanCap · 2 hrs

#nurses make #hcquality reality. Learn how @campaign4action is improving #nursing #RWJF1stFri Aug 1 rwjf.ws/1jPglj0 #futureofnursing

Expand

◆ Reply ◆ Retweet ★ Favorite • More

The rules of hashtagging

- Use Don't Abuse
 - ➤ Multiple tags look messy and are difficult to retweet
- Don't make them too long
 - ➤ You only have 140 characters!
- If you created it follow it
 - > Retweet those who are using your tag

Hashtag Huddle

Take a few minutes to talk to those in your immediate vicinity about an event or program that will occur for your group in the next year. Brainstorm hashtag suggestions for that event.



Make this space yours. Add a photo!

£3 1

***** 2

Michelle Lilly
@MichelleAtSTTI

Constituent Engagement and Training Specialist at the Honor Society of Nursing, Sigma Theta Tau International (STTI)

Indiana

TWEETS FOLLOWERS PHOTOS/VIDEOS FOLLOWING Edit profile 670 25 718 1,997 More v Favorites Tweets & replies Tweets Lists Michelle Lilly @MichelleAtSTTI · Sep 1 There are two webinar opportunities in September to talk about the @STTI

membership benefits. Join us! ow.ly/AzXcG

LEADERSHIP
CONNECTION

STTI Chapters

Chapters of the Honor Society of Nursing, Sigma Theta Tau International

33 Members

Association Professionals

Those working in/for associations

8 Members

Nursing

Nursing groups/organizations and individual nurses

43 Members





Beta Delta Chapter @BetaDeltaSTTI Sep 1

#LaborDay means true labor for many nurses. Thanks for your hard work & dedication!

Expand











Retweeted by Tau Upsilon STTI



CBC News @CBCNews · Aug 30

More doctors, nursing homes needed to improve health system cbc.sh/QAacLyV pic.twitter.com/ecOyfzHzLu



View photo











Retweeted by Beta Delta Chapter



AmericanHospitalAssn @ahahospitals · Aug 29

Terri Fontenot @WomansHospital discusses the need for cultural competence in #healthcare #EquityofCare ow.ly/ACZBZ

Expand











Beta Delta Chapter @BetaDeltaSTTI · Aug 29

Fall Newsletter is out! fb.me/4i1KMbKGS

Expand



♠ Reply ★ Retweet ★ Favorite ••• More



Additional Twitter Tips

- Use URL shorteners to free up space in your tweet. There are many free programs (Bitly, TinyURL)
 - Converts your original link into a much shorter one
- Retweet your followers tweets.
- Tag people! When tagging others (using the @), putting a period in front of it will allow all of your followers to see the message
 - ➤Otherwise, only people who follow you AND the person you tagged will see the message.
 - ➤ People love photos!



www.facebook.com

- People use Facebook to stay connected with friends and family, to discover what's going on in the world, and to share/express what matters to them.
- You have a profile as an individual
- Individuals can also manage pages or groups for organizations

Life Events

2012		More Than 1 Billion Active Users Hacked the NASDAQ Button
2011	ſΡ	Moved to New Home

- 2005 Prigh School Students Join Facebook



- 1.01 billion mobile monthly active users as of March 31, 2014
- 72% of online adults visit Facebook at least once a month
- There are more than 50 Million Facebook pages
- Most common reason to unlike a Facebook page is uninteresting posts

Individual Profiles

Non-commercial space to share personal stories and photos and interact with family and friends.

- **Privacy:** Set by each individual. You can have customized privacy groups (i.e., these people can see my photos, but these people cannot).
- Audience: People you have indicated as a friend (through friend requests). Some components may be open to the public, and can be adjusted through privacy settings.
- Communication: You will receive a notification when someone interacts with you or something you've done. This includes posting to your wall (profile), commenting on something you have posted, tagging you in a photo or their own status, or commenting on something you have also commented on.



ABOUT

Constituent Engagement and Training Specialist at Honor Society of Nursing, Sigma Theta Tau International

2007 to present

Studied Journalism at Franklin IN Alumni

Past: Greencastle Senior High School

h Lives in Indianapolis, Indiana

From Greencastle, Indiana

Engaged to Matt Coburn





Status Photo / Video Life Event

What's on your mind?



Michelle Lilly shared a link via Sigma Theta Tau International.

17 minutes ago 18



Leadership Succession Committee

www.nursingsociety.org

The 2013-2015 Leadership Succession Committee (LSC)is seeking your assistance to identify individuals who might be interested in holding an elected office with STTI during the...

Groups

Groups are private spaces where you can keep in touch with people by sharing updates, photos or documents.

- **Privacy:** In addition to a public setting, more privacy settings are available for groups. In secret and closed groups, posts are only visible to group members.
- Audience: You can adjust group privacy to require members to be approved or added by admins. When a group reaches a certain size, some features are limited. The most useful groups tend to be the ones you create with small groups of people you know.
- Communication: In groups, members receive notifications by default when any member posts in the group. Group members can participate in chats, upload photos to shared albums, collaborate on group docs and invite members who are friends to group events.

Nurse Practitioner Networking group Bringing together compassionate and creative minds from around the globe. Please be kind to one another. Always.

Family Nurse Practitioner Networking group

Join Group

+ Create Group



Members (10,841)

Admins



Barbara

Summer C. Phillips Rettinger Steenburg

Other Members



Mitch N Cameron Whitehea nd



Stephanie McClella

Caliban





Samiya Chelcia Thompson Jones



See All

Barb Hoefener

'Eritech'

Terri

RnRen

Ashleigh

Stroble





Kanlan

ABOUT

□ Closed Group

Due to an overwhelming number of daily requests to join this group we ask that you place some form of identification on your profile as to your job title (NP, NP Student, Recruiter). Please be informed, this group is known to contain some non-NP's as well. If you don't wish to divulge this information in a public format, please email one of the group administrators. Requests not following this format will be ignored. Also, please be mindful of your privacy settings, if non-friends are unable to see your information you must email both admin, or your request will be ignored. Group Admins are: Barbara Phillips and Summer Steenburg.

A social and professional networking website primarily for NP's, although there are non-NP's known to be in this group as well. Please respect all persons in this group. Please do not post anything on this page that you would not want to see as a headline news.

Pages

For businesses, brands, and organizations to connect with users, members, or consumers.

- **Privacy**: Page information and posts are public and generally available to everyone on Facebook.
- Audience: Anyone can like a Page to connect with it and get News Feed updates. There is no limit to how many people can like a Page.
- Communication: People who help manage a Page can share posts from the Page. Page posts can appear in the News Feeds of people who like the Page. Page owners can also create customized apps for their Page and check Page Insights to track the Page's growth and activity.



News Feed

- The stories that show in your News Feed are influenced by your connections and activity on Facebook.
- You see stories in your News Feed about your friends' activity on Facebook, including when your friends like or comment on posts from people you're not friends with.





Sharon Starr-Lezzer shared The Movement's video: PARENTS video to see this... please share!

1 hr - 28

I just watched this and turned mine off!!!



Ave's Auto Repair



Free tow or Free checkout when we do the repairs.

Like Page

· 171 people like this page

INDYPROV



INDYPROV - We are the Emmy® nominated INDYPROV. Indy's only independent improvisational co...

Like Page

· 7,696 people like this page

Conner Insurance

Rachel is here to help!



Home, Auto, Life, or Health? I can help you save money and get better coverage.

Like Page

· 572 people like this page

Earthbound Farm



Cheers! Going organic has never been easier or more delicious.

Like Page

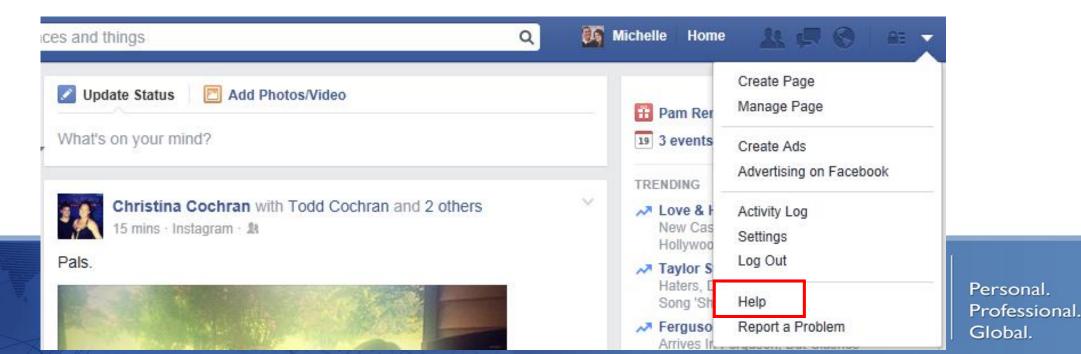
· Lindsay Patterson likes this

page

English (US) · Privacy · Terms · Cookies · Advertising · More •

Additional Facebook Tips

- You can also have hashtags on Facebook.
- Facebook allows for targeted advertisements that are fairly inexpensive
- Facebook has an extensive "Help" section for new users & administrators:





- World's largest professional network
- Allows users to connect with company news, discover new job opportunities, and connect with employees
- You can connect with individuals through their profiles, as well as companies and professional groups



LinkedIn Statistics

- 300 million members in over 200 countries and territories around the globe
- Supports 19 languages
- 3 million companies are on LinkedIn
- Executives from every Fortune 500 company are on LinkedIn

Individual Profiles

- Allows individuals to highlight their experience and professional strengths
- Your connections can give you endorsements and recommendations
- The quickest way to edit and enhance your profile is to click the Complete Your Profile button in the top section of your profile.



Michelle Lilly

Constituent Engagement and Training Specialist at The Honor Society of Nursing, Sigma Theta Tau International Indianapolis, Indiana Area | Professional Training & Coaching

Previous The Honor Society of Nursing, Sigma Theta Tau International,

Honor Society of Nursing, Sigma Theta Tau International

Education Franklin College

Complete your profile

Edit Profile

395 connections

in www.linkedin.com/pub/michelle-lilly/a/632/318/



Contact Info

Background



Experience

Constituent Engagement and Training Specialist

The Honor Society of Nursing, Sigma Theta Tau International February 2012 – Present (2 years 7 months)

I specialize in developing engagement and training resources for members of the organization.

Chapter Training Specialist

The Honor Society of Nursing, Sigma Theta Tau International

August 2011 – February 2012 (7 months)

I specialize on providing resources and training opportunities to chapter leaders to support chapter leadership and operations.

Marketing and Communications Specialist

Honor Society of Nursing, Sigma Theta Tau International

Opportunities you are looking for:

· Joining a nonprofit board

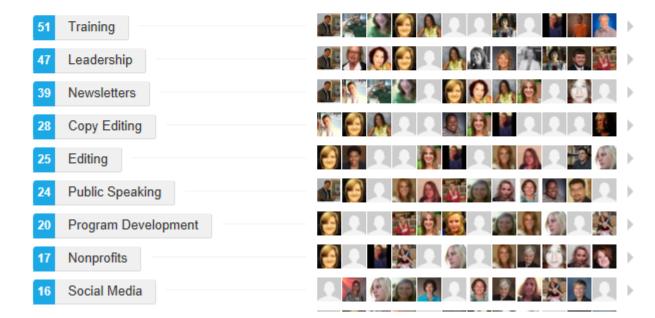
Causes you care about:

- Children
- Education
- · Human Rights
- · Disaster and Humanitarian Relief



Skills & Endorsements

Top Skills





Connections

A healthy professional life starts with healthy relationships



Connect with Elizabeth Connect with Jackie Connect with Alma G., Accountant Michael, Clinical Allen, Dir of Case Assistant Professor at Management at Inova University of Texas at Alexandria Hospital Arlington In common: gail west MSN, RN CCM CPUR In common: Gordon Natal, Jr. Connect Connect Connect Connect with Ashley Connect with Carolyn Connect with Suzanne E., QA H., Finance Specialist Lane, Owner/President at Roche at Hittel Lane In common: Shawn Murphy Connect Connect Connect

Groups

- Provide a place for professionals in the same industry or with similar interests to share content, post and view jobs, make business contacts, etc.
- Find groups to join by using the search feature at the top of your homepage or viewing suggestions of groups you may like. You can also create a new group. A few types of groups that are currently on Linkedln:
 - ➤ Corporate
 - ➤ College alumni
 - **≻**Nonprofit
 - >Trade organizations
 - **≻** Conferences
 - >Industry-specific



Young Professionals

a subgroup of Indiana Society of Association

Executives

Discussions Promotions Jobs Members Search



Popular

Recent



2014 Annual Convention

Katie Riggs, CAE, CMP

Meeting & Event Professional

Convention is where connections are made. See you there. http://whttp://www.isae.org/wpcontent/uploads/2013/10/VFW color-large-1024x271.jpg?c4590cww.isae.org/2014convention/overview



VisitFortWayne 2014 Convention hub.am

Like . Comment . Follow . 1 month ago



This pinpoints great moments, big and small, to display leadership.

Ashley Kirkman

Membership Services Coordinator at National Dart Association



Six Moments That Can Make A Leader Out Of Anyone - Forbes forbes.com

It has often been remarked - including by this writer and in this space - that leaders are not just those people who find themselves in leadership positions. Just as captains of sports teams are not the only ones who make the decisions

that can create...

Like • Comment • Follow • 3 months ago

Members of this Group

12 members







Member



Sarah Rosenberger

PR & Marketing Manager at Partnership for Philanthropic Planning | @sarahindygal | sarahrosenberger.com See all members > Unfollow Sarah

Your group contribution level

Start by commenting in a discussion. Group participants get 4x the number of profile views.

Getting Started

Ads You May Be Interested In



Training Employees Again? Train Your Employees Online -Get Them on the Fast Track with WalkMe



Attn: Go From RN to MSN! Earn a CCNE® Accredited MSN for Under \$20K in Under 24

Jobs

- LinkedIn offers the ability to create online job postings to advertise open positions.
- These can be searched by job seekers throughout the LinkedIn network and will be recommended to potential candidates through the **Jobs You May Be Interested In** feature.



Jobs

Search

Advanced search >



Jobs you may be interested in

Your job activity is private.





US-Tennessee-Memphis



Training Specialist

Houston, TX



Training Specialist

Washington D.C. Metro Area



Training Specialist

Greater Minneapolis-St. Paul...



Angies list.

Director of Corporate Communications

Indianapolis, IN



Training Specialist

Baltimore, Maryland Area



Preferences:

⊕ ⊞

Vice President of Public Affairs

Indianapolis, Indiana Area



Communications and Training Specialist

Washington, DC



Get smarter with your space.

District Manager in Training -Indianapolis,...

Indianapolis, IN

Are you hiring?

Reach the right candidates with LinkedIn Jobs

Post a job

Saved jobs (0)



Save jobs you're interested in and get back to them later.

See all saved jobs >

Saved searches (0)

Save your searches and we'll let you know when new results match your criteria.

Applied jobs

Review your past job applications here.

See all applied jobs >

Move to the top of the list

Get special placement as a featured applicant





District Manager in Training - Indianapolis, IN

RGIS - Indianapolis, IN Posted 13 days ago

Apply on company website

Save

Contact the job poster

Reach out for more information or to follow up on your application.



Jessica Gillis Nowak
Human Resources Professional

Send InMail

Other Details

16 Applicants See how you compare to the competition Get more insights on who's applied with a Premium account.

Upgrade free

About this job



Job description

The District Manager in Training (DMIT), is a position designed to train and develop a management member to become a District Manager within 2-3 months. The candidate selected will complete a mentor-guided training program to expose him/her to all the responsibilities of a District Manager.

POSITION SUMMARY

The District Manager is responsible for managing, maintaining and improving the operational effectiveness of a district office. The District Manager will drive and create top-line sales and deliver bottom-line profits while ensuring that business operations are conducted in accordance with RGIS guidelines. They will secure new clients, expand our service offerings to existing clients, and ensure the quality of service to consistently exceed customer expectations. Additionally, they will create and sustain a robust people development effort, as well as plan and coordinate the schedules of managers and inventory events to optimize productivity. The District Manager shall perform all such responsibilities in accordance with RGIS policies and procedures.

People also viewed



Customer Relationship...

Indianapolis, Indiana Area Posted 12 days ago



Area Manager Indiana and...

Indianapolis, Indiana Area Posted 14 days ago



Territory Sales Representative

Indianapolis, Indiana Area Posted 12 days ago



Macy's Indiana District...

Indianapolis, Indiana Area Posted 13 days ago



Territory Sales Representative...

Indianapolis, Indiana Area Posted 14 days ago



District Team Leader-

Indianapolis, Indiana Area Posted 20 days ago



Implementation and Training...

Indianapolis, Indiana Area Posted 25 days ago



District Manager

Additional LinkedIn Tips

- Use your homepage to find network updates (similar to a newsfeed on Facebook or a Timeline on Twitter)
- People are able to see who has looked at their profile, unless the viewer has edited their privacy settings to hide this information.
- Take advantage of LinkedIn Learning Webinars to get started

What else?



Know Your Audience on Each Platform

Members

- >Upcoming events and opportunities for involvement
- ➤ Member benefits
- **≻**Photos

Non-members

- ➤ Why your members are special
- ➤ Products or Events open to non-members
- > How to become a member

Manage Multiple Accounts in One Place

- Bitly
- Everypost
- Buffer
- SocialOomph
- Hootsuite

Make me a hero!





SIGMATHETATAU INTERNATIONAL LEADERSHIP CONNECTION

Goal	Timeline	Message/ Call to Action(s)	Audience	Delivery Method	Responsible Party
Increase attendance at chapter events during the fiscal	The Big Event is our 25 th anniversary on 15 February 2015	Thank you for being a part of this chapter milestone	Members and Shareholders	Email, Web, Print	Secretary and Webmaster
year	1	Don't miss out	Members	Facebook	Publicity Committee
		Get a sneak peek at our membership benefits	Non-members	Twitter	Publicity Committee

25th anniversary social campaign

- Publicity Committee will then determine:
 - > Frequency of posting
 - ➤ Which committee person will be posting
 - ➤ What the message will be on each platform
 - Could do a fun theme like "25 facts in 25 days"
 - Share photos of the first members/officers, chapter charter, etc.
 - Develop a hashtag and share with all the leaders
 - #25YearsYoung
 - #Etais25

References

Ajmera, Harsh. (2014). Social Media 2014 Statistics — an interactive Infographic you've been waiting for! Retrieved on I August from http://blog.digitalinsights.in/social-media-users-2014-stats-numbers/05205287.html

Costill, Albert. (2014). Top 10 Tools For Managing Your Social Media Accounts. Retrieved on I August from http://www.searchenginejournal.com/top-10-tools-managing-social-media-accounts/87843/

Questions?

Upcoming Sessions

- Five Easy Ways to Create a Sense of Community
- Clear Channels: A Communications How-To
- Strategic Planning Workshop
- Board Boot Camp: How to Effectively Orient Your Board of Directors