



Use of Caring Theory in Culture and Context; Part II, Cameroon



Caring International Research Collaborative
Special Session

Sigma Theta Tau International 25th Research
Congress

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Research Collaborative

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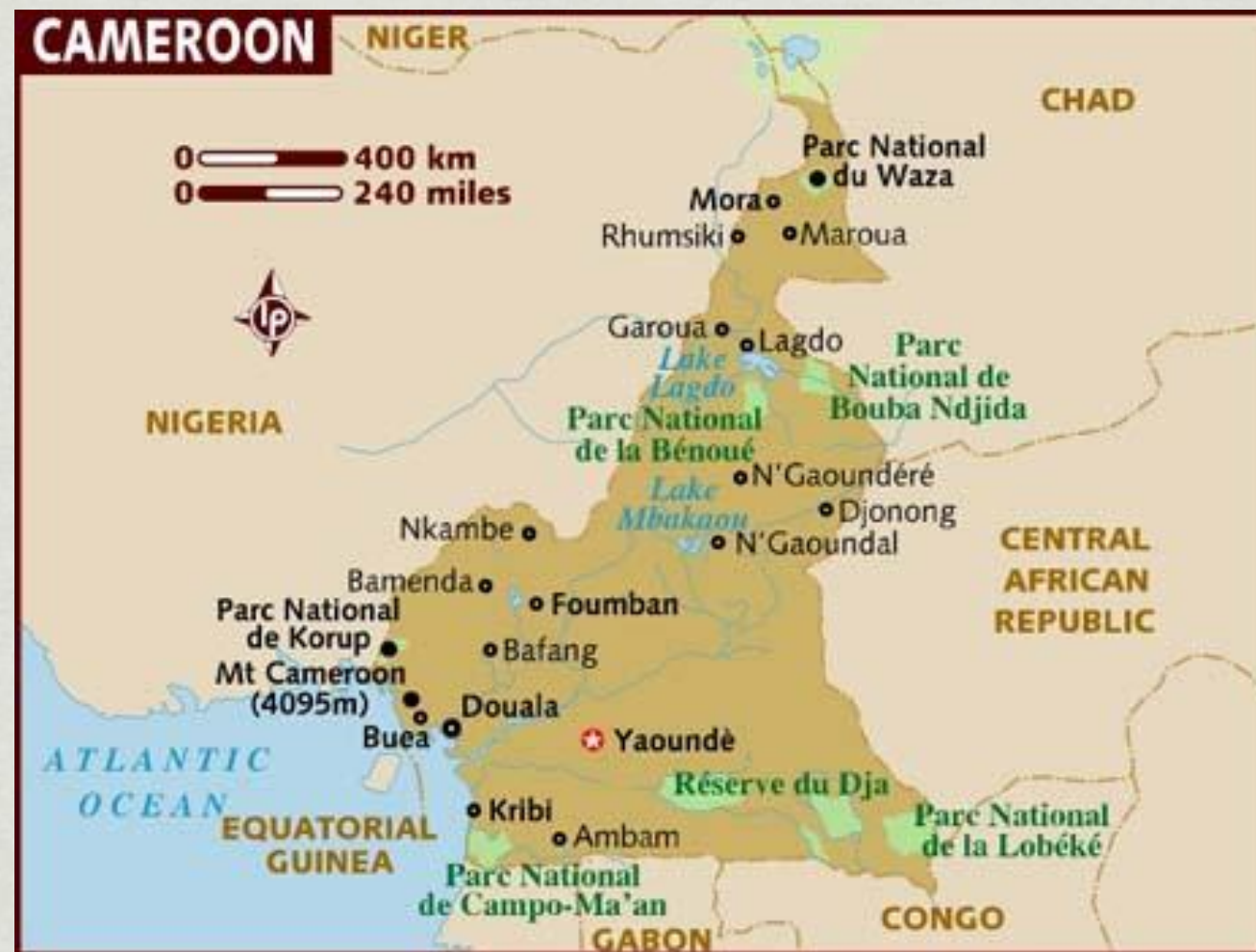
❖ Agenda

1. Finding new ways for food sustainability
2. Assessment of farming needs of women living with HIV/AIDS in Cameroon
3. Results
 - Assessment
 - Progress of farm



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❖ Women of Bamenda, Cameroon





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❖ Women of Bamenda, Cameroon





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❖ Women of Bamenda, Cameroon





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❖ Current methods to feed the world

1. Gap analysis as a method, no working
2. Regroup to find new method
3. Caring believed to be at center of food sustainability





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❖ Methods

- ❖ Development of instrument
- ❖ Interview format
- ❖ Pilot study
- ❖ Strategy two-fold





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❖ Aims of study

1. Help improve the nutritional status of women from the village
2. Help increase immune function
3. Build up strength through farm exercise
4. Provide forum for social activities
5. Build communities of trust
6. Fight stigma





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- ❖ Results, Demographics of women
- ❖ Diagnosed with HIV 2002-2005

Year Diagnosed	Frequency
2002	1
2005	2
2006	1
2008	1
2009	1
Total	6





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- ❖ Results, Demographics of women
- ❖ Number in household

How many live in household?	Frequency
3	2
5	3
10	1
Total	6



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❖ Results, Concerns of Women

What concerns do you have in working with others not from Cameroon?	Frequency
1) Farm tools, 2) support	1
1) support, 2) farm land, 3) farming tools	1
Because you need to prove to me first of all that you are serious.	1
I will like you to help me with some farming needs	1
You will help improve my knowledge on farming and also help in the area of finances.	1
NA	1
Total	6



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❖Loving Kindness

Loving Kindness: What makes you feel cared for as the team works with you toward stable food supply?	Frequency
Your concern for my health and feeding as HIV positive. Makes me to feel you care for me.	1
1) farming tools, 2) insecticide	1
1) Need for farming tools, 2) transport to the farm	1
By coming up with the idea to help us in our farming.	1
I feel cared because of love you have for me	1
I feel you care for me because of the love you have for me	1
Total	6



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❖Spiritual needs

Spiritual: Are there any spiritual consideration in planting?	Frequency
There are some certain days they do not go to farm, (country Sunday) you can pray yourself for your seeds and plant or the spiritual leaders	1
1) Country Sundays come up, 2) The chief gives the order on days that you cannot go to farm	1
1) spiritual consideration in planting, 2) I pray for my seed I plant	1
Yes	1
Yes, like country Sundays	1
Yes, they are	1
Total	6



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❖ Relationships

Relationships: What is needed to develop and sustain relationships between villagers and researchers?	1
1) collaboration, 2) hard work	1
1) communication, 2) information	1
1) go to the higher authority (fon) and he will be in the best position to extend to the villagers	1
1) we need information to teach us on effective farm work, 2) inform the fon of Bambui about this program	1
The ideas that will be given to her she will use them in the community.	1
We will give them our confidences, trust them, believe them and work in collaboration with them.	1
Total	6



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❖ Relationships

Relationships: Who do you plan to work with in farming?	Frequency
To work as a group	5
To work as a group, family children and friends.	1
Total	6



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❖ Feelings (positive)

Feelings: What has worked well in the past with farming?	Frequency
1) corn, 2) soya beans, 3) beans, 4) groundnuts, 5) sweet potatoes	1
1) Groundnut, 2) cassava	1
1) Maize and beans, cassava, beans	1
Beans and maize	1
In the past we had difficulties with the farming because, we had our seeds late and plant late and at the end we did not harvest well	1
Maize and beans	1
Total	6



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❖ Feelings (negative)

Feelings: What has been tried and failed in the past?	Frequency
1) farm burning, 2) yams	1
1) Soya beans, 2) Yams	1
1) sweet yams, 2) cassava	1
corn and beens because there was fertilizers to put in early	1
groundnut and soya beans	1
Planting ground not, bean, and soya beans because groundnut was planted late.	1
Total	6



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❖ Feelings (negative)

Feelings: What is your biggest sadness or frustration related to farming?	Frequency
1) Finances, 2) Ill health	1
1) finances, 2) insufficient communication	1
1) lack of money, 2) sick and not able to provide for food	1
1) low strength, 2) lack of finances	1
In order to feed first and sell some because we cannot farm everything e.g. salt, oil, and even do my CD4	1
lack of enough money to buy food	1
Total	6



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❖Environment

Environment: Do you have farm tools that are sharp and in good shape?	Frequency
No	4
No, but we will need a farm house	1
No. we have hoes and cutlasses that are not very sharp	1
Total	6



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❖ Basic Needs

Basic needs: Are there needs that could aid in farming (could be body, mind or spirit)	Frequency
1) Rain coat, 2) food and water, 3) farm hand gloves, 4) hats	1
1) work tools, 2) transport, 3) rain boots or comfortable farm shoes, 4) umbrellas	1
Physical and spiritual needs	1
Rain boots	1
Yes, spiritual needs	2
Total	6



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❖ Basic Needs

Basic needs: What would help you mentally to farm?	Frequency
1) positive thinking 2) Education	1
decrease stress	1
education frequently	1
education talks on farming	1
good health	1
Good health	1
Total	6



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❖ Basic Needs

Basic needs: What would help you spiritually to farm?	Frequency
1) Belief, 2) prayers	1
1) Prayer, 2) Faith, 3) Fasting	1
1) prayers, 2) believe	1
1) prayers, 2) confidences	1
Prayers	1
Total	5



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❖ Summary

Caritas process	Intervention
Loving Kindness	Continue working with women t/o study
Spiritual beliefs	1) Secure approval of Fon is working on country Sunday, 2) Pray over seeds
Relationships	1) Researchers communicate and collaborate with women, 2) Researchers get blessing from Fon, 3) Farm in teams
Feelings	1) Consider what has worked in farming, 2) consider what has failed in farming, 3) help women sell the food for money
Environment	Buy new tools
Basic need	1) Buy rain gear, 2) Evaluate education needs, 3) Support prayer of group, formal and/or informal



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❖Cleared Farm Land





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❖ Women
planting
seed



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❖ Crops
starting to
sprout



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❖ Women
working in
crops



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❖ Farm tools





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❖ Corn,
Huckle
Berry,
Ground
Nuts,
Cocoyam



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❖ Harvesting Crops



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❖ Selling Boiled Peanuts and Corn





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❖ Summary

- ❖ We used Watson's theory to assess farm needs
- ❖ Relindis was successful in working with Angel of Mercy to implement some of the findings
- ❖ Continued plans to find funding and continue study





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Thank you for listening to Part II
of Caring in Context





Use of Caring Theory in Culture and Context; Part I and II, Scotland & Cameroon



Questions

