



# DATING CAFÉ

Dating café ambassadors programme  
to prevent dating violence in Hong Kong



**Dr Janet Wong**  
**RN, PhD**  
**Assistant Professor**  
**School of Nursing, The University of Hong Kong**

# DATING IN CHINESE



- Dating and sex are generally not discussed among Chinese families and schools.
- Many Chinese parents considered dating and pre-marital sex as forbidden even in university students (Shen, 2011).

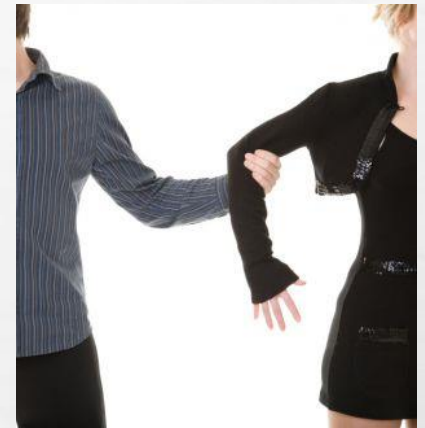


# DATING IN CHINESE

- University students are in the emerging adulthood in life-span development, when they are considering dating as a transitions into marriage and mate selection.



# DATING VIOLENCE IN HK




- Dating is not necessarily sweet and dating violence has been found in Chinese without great attention.
- In the international dating violence study (IDVS) conducted in university students in 32 countries around the world, HK was the median city with prevalence of physical victimization being 25.6% and sexual coercion being 13% (Chan et al., 2008).

# TO PREVENT DATING VIOLENCE IN CAMPUS



*Dr. Victoria Banyard*

**WHO WILL HELP?**  
Creating and assessing community response to sexual and relationship violence

A word cloud graphic with various terms related to violence and community response, including 'STOP', 'PAIN', 'CRUELTY', 'HURT', 'VIOLENCE', 'STOP', 'PAIN', 'CRUELTY', 'HURT', 'VIOLENCE', 'STOP', 'PAIN', 'CRUELTY', 'HURT', 'VIOLENCE'.A green world map graphic with the text 'ending violence one green dot at a time.' overlaid on it.

ending violence  
one green dot at a time.

A logo for Bystander Education BC featuring purple silhouettes of a group of people standing together. The text 'we WILL NOT STAND BY' is written across the silhouettes. Below the silhouettes, it says 'BYSTANDER EDUCATION BC' and 'AWARENESS'.

- There was no available intervention for reducing dating violence for Chinese students

# TO PREVENT DATING VIOLENCE IN CAMPUS

- We understand that peers are always the first line informal network when university students have dating problems.
- Therefore, from the social capital perspectives (Coleman, 1988), the collective benefits derived from student ambassador participation and peer support among their network, we are confident to increase dating violence awareness and strengthen the respect and safe campus culture.

# TO PREVENT DATING VIOLENCE IN CAMPUS

- School of Nursing, HKU
- Department of Social Work & Social Administration, HKU
- Partnership with the Center of Development and Resources for students (CEDARS), HKU

School of Nursing  
Department of Social Work and Social Administration  
CEDARS

## Dating Café

Stop Dating Violence Ambassador Programme

CERTIFICATION PROGRAMME  
WEDNESDAY FEB 19, 26 & MAR 5 | 6PM - 8:30PM  
APPLY ONLINE NOW!

Training language:  
Cantonese

Training methods:

- Mini-lecture with discussion
- Self-assessment
- Practical skills demonstration
- Experiential exercises

Training Programme Fee: \$40  
Training handbook & light refreshment provided

For enquiries, please contact:  
Dr Janet Wong, School of Nursing at janetyh@hku.hk

**Wanna HELP?**

*"She makes him think he's not going to be anything WITHOUT her."*  
*"Her boyfriend tries to brainwash her."*  
*"She said that he doesn't mean to hurt her."*

*What Will You Gain?*

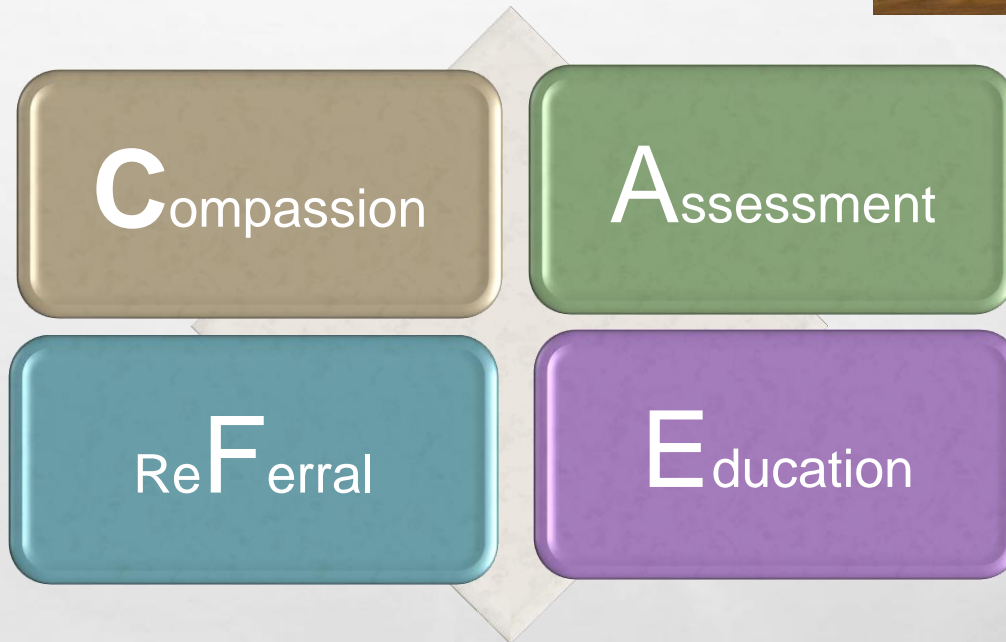
- ✓ Better understanding of dating violence
- ✓ Practical skills to early detect abusive relationships
- ✓ How to help your peers in abusive relationships

# DATING CAFÉ AMBASSADOR PROGRAMME

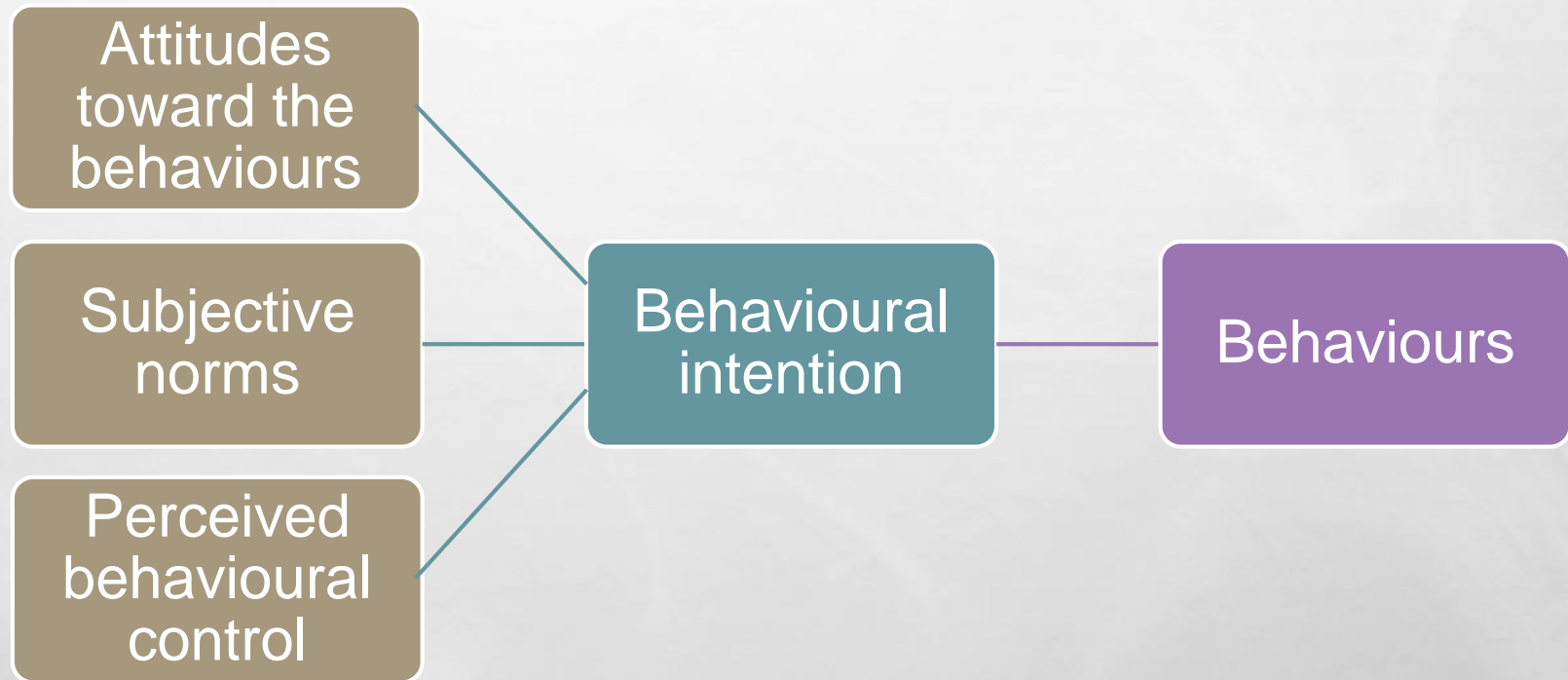
- Dating Café (C.A.F.E.) Ambassadors programme was a 7.5 hours face-to-face training programme developed by the first author and based on Ajzen's Theory of Planned Behaviour (Ajzen, 1991).
- The programme consisted of 3 weekly sessions with 2.5 hours each.



# DATING CAFÉ (C.A.F.E.)



# THEORY OF PLANNED BEHAVIOUR



# THE CONTENT

Training Sessions	Constructs of Theory of Planned Behaviour	Topic focus
Session 1	Attitudes toward the behaviours	<ul style="list-style-type: none"><li>• Definition of dating violence</li><li>• Types of dating violence</li><li>• Power and control in dating relationship</li><li>• Cycle of dating violence</li><li>• Warning signs of dating violence</li><li>• Health impact of dating violence</li></ul>
Session 2	Subjective norms and perceived behavioural control	<ul style="list-style-type: none"><li>• Practical skills of how to early detect abusive dating relationships</li><li>• The responsibility to help peers in abusive dating relationships</li></ul>
Session 3	Perceived behavioural control	<ul style="list-style-type: none"><li>• Breakup violence</li><li>• Practical skills of how to respond and help the peers safely</li><li>• How to encourage dating violence survivors to seek help</li><li>• Make referrals</li></ul>

# AMBASSADOR HOMEWORK

- Two pieces of homework:

- i. case-sharing from peers' dating violence and the expected feelings of abuser, victim and bystander; and
- ii. spreading knowledge of dating violence to 10 university students about the myths and facts of dating violence on campus.

Experiential Learning

We Learn...

10% of what we read  
 20% of what we hear  
 30% of what we see  
 50% of what we see and hear  
 70% of what we discuss  
 80% of what we experience  
 95% of what we teach to others

- William Glasser

## 這些是戀愛暴力嗎？

	健康的	不健康的	戀愛暴力
1. 「你又肥又蠢！係我先至咁好心同你一齊！」你的伴侶常常嘲笑你又肥又蠢。當你表示不滿後，他/她便立即停止。			
2. 雖然你曾向你的伴侶表達不滿，但他/她仍會突然出現你的上課地點。			
3. 你的伴侶要求取得進入你 Facebook 的密碼。「愛我就要證明俾我睇！」但，你不喜歡也不想勉強自己。			
4. 你的伴侶指你不够愛他/她，因為你寧願跟其他朋友看電影，都不願花時間跟他/她獨處。			
5. 你的伴侶在爭執後會封鎖你的出入口及取去你的鑰匙以阻止你離開。			
6. 雖然你在和家人度假時想念你的伴侶，但仍能玩得十分盡興。			
7. 即使你們在較早前已有了當晚暫停通訊的共識，但他/她在你和朋友外出時仍不斷致電及發短訊給你，表示他/她很想念你。			
8. 你的伴侶在送你禮物後要求以性作為回禮。			
9. 當你有異議，你的伴侶會以沉默應對和跟你冷戰數天。			
10. 你的伴侶告訴你：「我打你都係一時衝動吧！我很愛你的，原諒我啦……」			
	正確答案	/10	

# Dating Café:

## Ambassador Programme to Stop Dating Violence

**AMBASSADOR CARD**



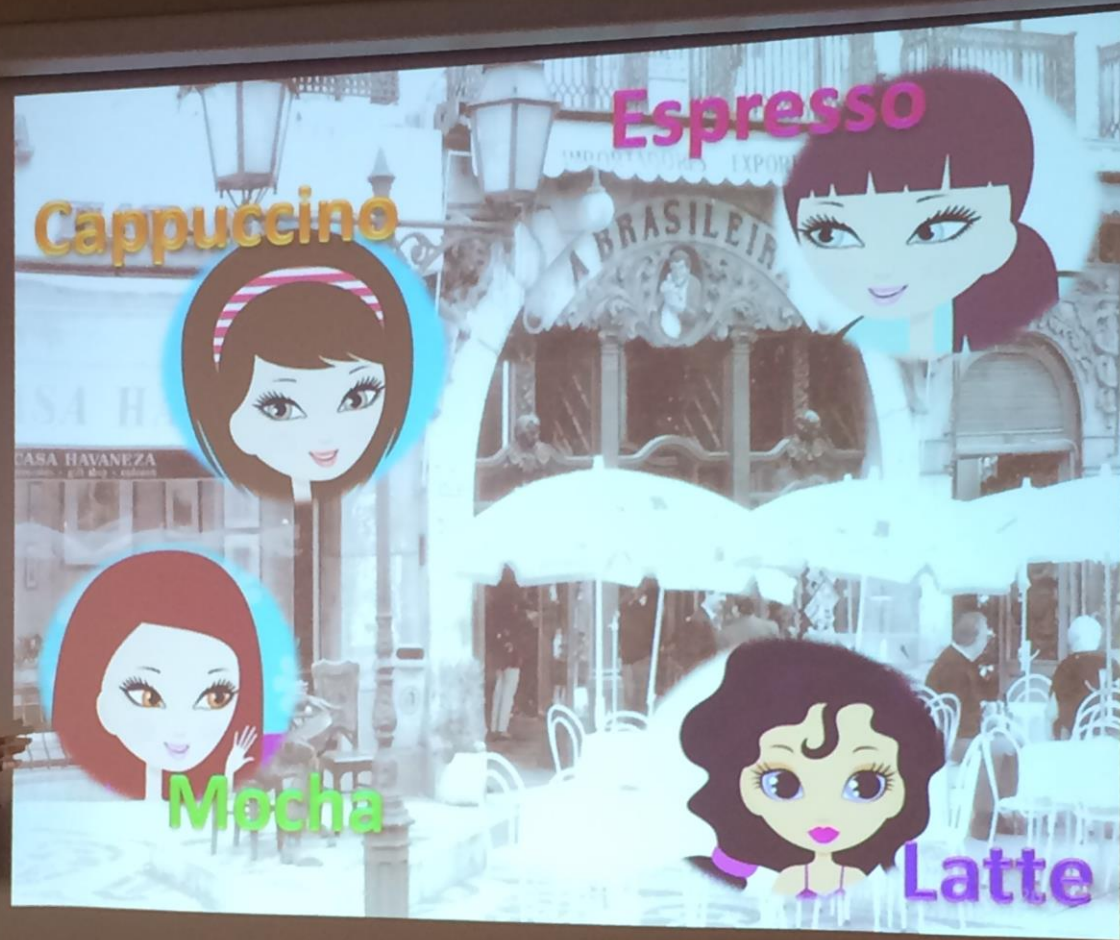
, please like our facebook page:  
Dating Violence



# STORY TELLING



- Four modified audiotaped dating violence stories were used in the sessions for discussions, role playing, and demonstration.
- The stories were modified by the university student volunteers to enhance relevance, appropriateness and acceptability.



**Fire action**

- 1. Evacuate the building
- 2. Use the fire alarm
- 3. Do not use the lift
- 4. Do not use the stairs
- 5. Do not use the elevator
- 6. Do not use the fire alarm
- 7. Do not use the fire alarm
- 8. Do not use the fire alarm
- 9. Do not use the fire alarm
- 10. Do not use the fire alarm



# Mocha

# Espresso



16





- Type of dating violence
  - Power and control
  - Cycle of violence





**Every behavior has an intention.**

# SLAPPING ON THE STREET

Find a Job | M&S Wine | Feedback | Like 410k | Follow @MailOnline | Tuesday

## MailOnline

Home | News | U.S. | Sport | TV&Showbiz | Femail | Health | Science | Money | RightM

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### A cheater's punishment, Chinese style: Faithless boyfriend forced to kneel in the street while furious woman slapped him

- Chui accused of taking girl to his flat without girlfriend Chen's permission
- She ordered him to kneel in the street and began slapping him in the face
- Girlfriend, 20, arrested for assault after bystanders called the police

By HUGO GYE

PUBLISHED: 10:36 GMT, 8 October 2013 | UPDATED: 12:01 GMT, 8 October 2013

Share | Tweet | +1 | 26 shares | 50 View comments

A Chinese woman has been arrested after forcing her boyfriend to kneel in the street and repeatedly slapping him around the face.

The man was accused of cheating on the woman after bringing another girl back to his flat in Hong Kong.



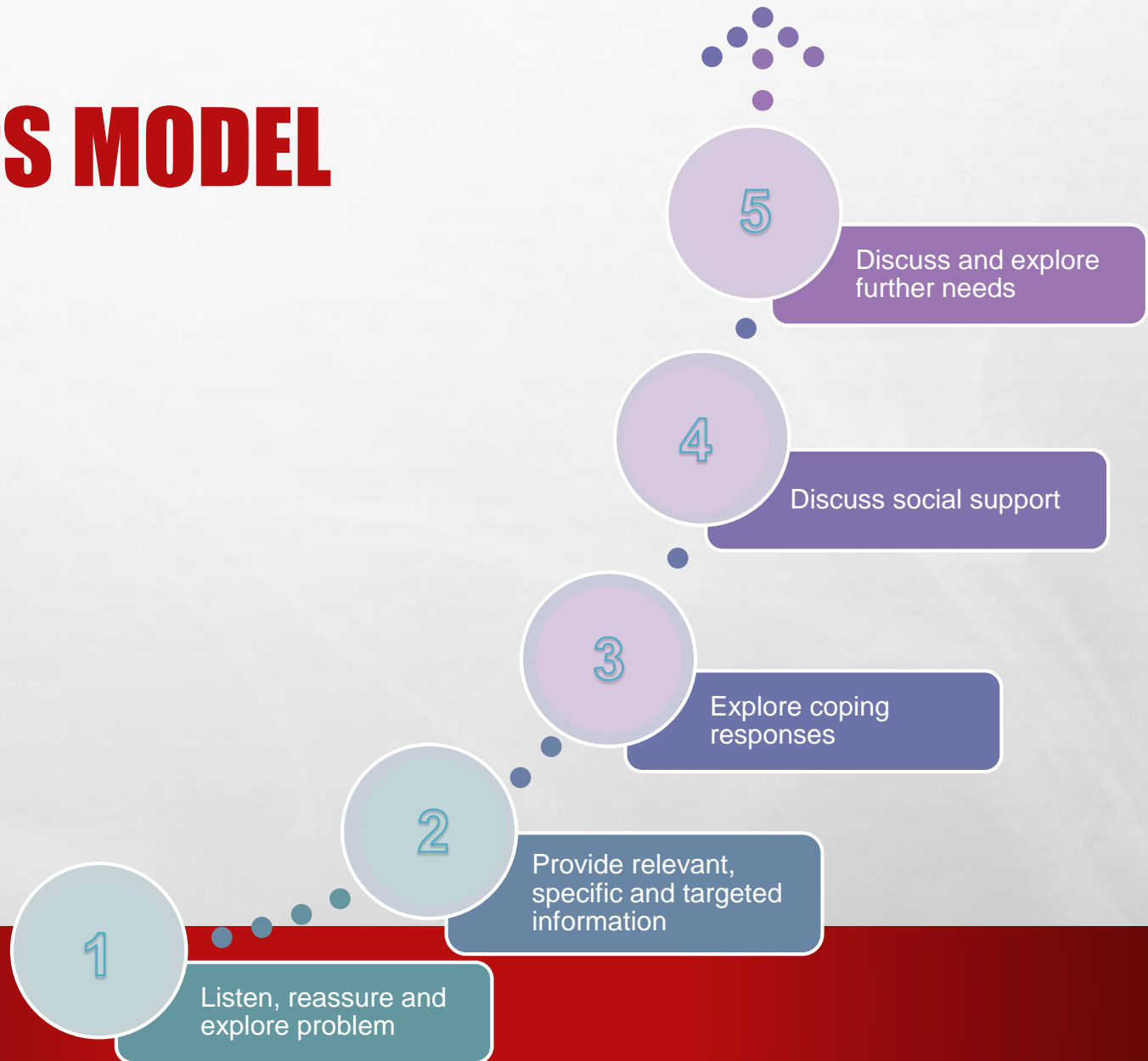
蘋果日報

FEMAIL TODAY

<http://inews.mingpao.com/htm/INews/20131005/gb61559w.htm>



# 5 STEPS MODEL



# CERTIFICATION OF ATTENDANCE



The University of Hong Kong  
School of Nursing | Department of Social Work and Social Administration |  
The Centre of Development and Resources for Students

## Certificate of Attendance

This is to certify that

has attended

Dating Café: Stop Dating Violence Ambassador Programme

held on October 3 and 10, 2013 at The University of Hong Kong



\_\_\_\_\_  
Programme Instructor (Dr. Janet Y. H. Wong)

10 October 2013

\_\_\_\_\_  
Date

# STUDY OUTCOMES

Study outcomes	Measurement Tools	
Behavioural intention	Bystander Behavioural Scale	Banyard & Moynihan, 2011
Attitudes	Acceptance of General Dating Violence Scale	Foshee et al, 1996
Subjective norm	Subjective Norm Scale	Amar, 2009
Perceived behavioural control	Perceived Behavioural Control Scale	Ajzen & Madden, 1986
Feasibility of the programme	Participant satisfaction questionnaire	

# PROCEDURES

- Ethical approval of this study was obtained from the university of Hong Kong/Hospital Authority Hong Kong west cluster joint institutional review board (UW 13-489).
- Voluntary and anonymous participation
- To ensure anonymity and confidentiality, the participants were asked to create his/her own “pseudo-code” consisting of a favourite fruit and last 4 digits of the university student number. The participants were asked to use the same pseudo-code for the post-test questionnaire.

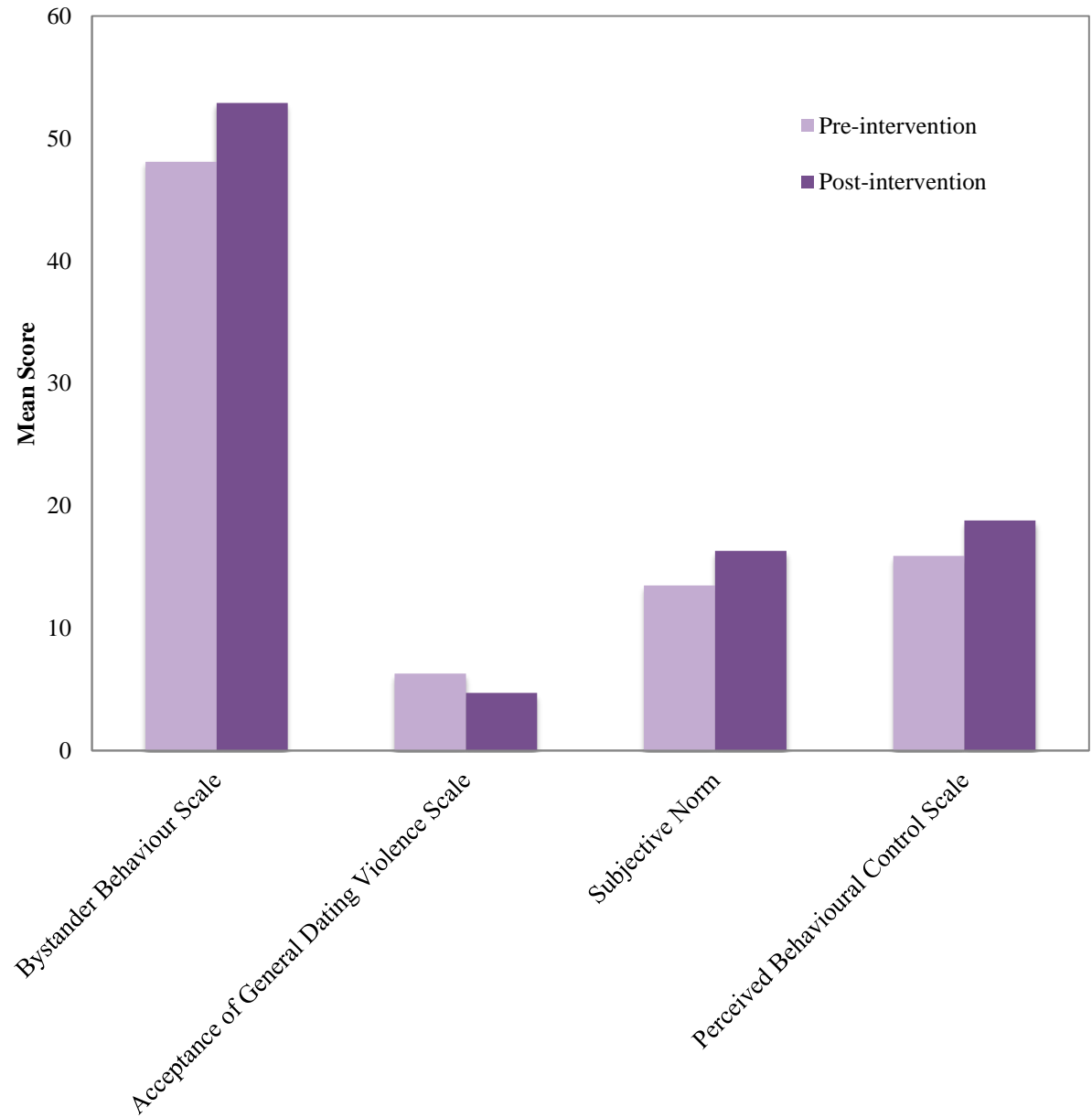


# PARTICIPANTS CHARACTERISTICS

	n (%)	Mean (SD)
Age (years)		22 (3.2)
Gender		
<i>Male</i>	2 (12.5)	
<i>Female</i>	14 (87.5)	
Discipline		
<i>Nursing</i>	8 (50.0)	
<i>Science</i>	4 (25.0)	
<i>Arts</i>	1 (6.3)	
<i>Social Science</i>	3 (18.8)	
Dating status		
<i>None</i>	2 (12.5)	
<i>In a relationship</i>	8 (50.0)	
<i>Dated in the past</i>	6 (37.5)	
Duration of current/last dating relationship		
<i>None</i>	2 (12.5)	
<i>More than 1 week to 6 months</i>	2 (12.5)	
<i>More than 6 months to 1 year</i>	2 (12.5)	
<i>More than 1 year to 3 years</i>	7 (43.8)	
<i>More than 3 years</i>	3 (18.8)	
History of dating violence in the past year		
<i>Psychological abuse</i>	3 (18.8)	
<i>Physical violence</i>	2 (12.5)	
Friends with history of dating violence		
<i>No</i>	6 (37.5)	
<i>Yes</i>	10 (62.5)	

# RESULTS

## Pre- and Post-intervention Study Outcomes



# Unmeasurable outcomes



The image shows a Facebook profile page for "Dating Café: Ambassador Programme to Stop Dating Violence Community". The cover photo is a street scene at night with a prominent red sign that says "DATING CAFE". The profile picture is a circular logo featuring a coffee cup and the text "Dating Café Ambassador". The page has a "Liked" button, a "Following" button, and a "More" dropdown menu. Below the cover photo are navigation tabs for "Timeline", "About", "Photos", "Likes", and "More".



The image shows a Facebook post from a user. The post includes a profile picture of a woman, a text message, and a link. The text of the post is: "Found this recent TV program quite good^^^". Below the text, it says "星期二檔案" and "2014.04.08 戀愛終止式". At the bottom, there is a URL: "http://mytv.tvb.com/news/tuesdayreport/175101". The post is dated "April 9". There are "Inbox" and "Actions" buttons at the top right of the post area.



# Unmeasurable outcomes

Qualitative study also helps in

evaluating and modifying the programme.

CMHK 7:42 100%

← 钱旭妍的日志

 钱旭妍  
昨天 20:52 浏览588

什么是恋爱暴力

来源: 钱旭妍的日志

(一)

她只是个普通的女孩子，平庸的长相，不够出众的才华，丢进人群里，第五六眼都未必发现得了她。但初坠爱河的她，在男友的百般呵护和赞美下，觉得自己就像是最美的公主。这段甜蜜的恋情，看上去完美无瑕。然而烦恼渐生。在香港湿热的夏天，她钟意迷你裙和凉鞋，可男友却严令禁止。虽然她也觉得自己有权决定穿什么，但男友日日都电话或短信她，问她想穿什么并表示“批准与否”，让她不堪其扰。此外，男友总是时刻关注着她在做什么，和谁在一起，稍不小心就醋坛子大发作，仿佛想知道和控制自己的一举一动

# DATING CAFÉ AMBASSADORS



# LESSON LEARNED



- Feasible to conduct ambassador training to reduce dating violence in university campus
- Need to engage students for programme development and participant recruitment
- Provide a relaxing environment with dimmed light and musical background
- Effective catalyst for leaving abusive relationship: Responding the needs of the peer according to the stage of dating

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