



Caring Science in Asia, Philippines



Caring International Research Collaborative Special
Session

Sigma Theta Tau International 25th Research Congress

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Caring International
Research Collaborative

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Lived Experience of Nurses assigned in Specialty Units of the Makati Medical Center





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Learning Objective #1

- Know how Makati Med- Hospice Nurses in the Philippines feel when they provide care, the phenomenon and how they feel in taking care of a dying patient.





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Learning objective #2

- Know how Makati Med-ICU Nurses in the Philippines feel when they provide care, the phenomenon and how they feel in taking care of a Critically Ill patient.





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This study utilizes Van Manen's method in analyzing the essential meaning of the nurses hospice and ICU experience. Six activities are used to examine and understand the experience:

1. Turning to the nature of the lived experience
2. Exploring the experience as we live it
3. Reflecting on essential themes
4. Describing the phenomenon through the art of writing and rewriting
5. Maintaining a strong relation to the phenomenon
6. Balancing the research context by considering parts and whole.





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The thematization process, used to detail the bits and pieces of reality, consists of four reflections:

1. Profile of co-researchers, textual transcription of their experiences and individual themes
2. Composite themes arising from co-researcher's experiences
3. Interlaced theme on common ground
4. Elicit eidetic insight or the vivid gist of the theme.





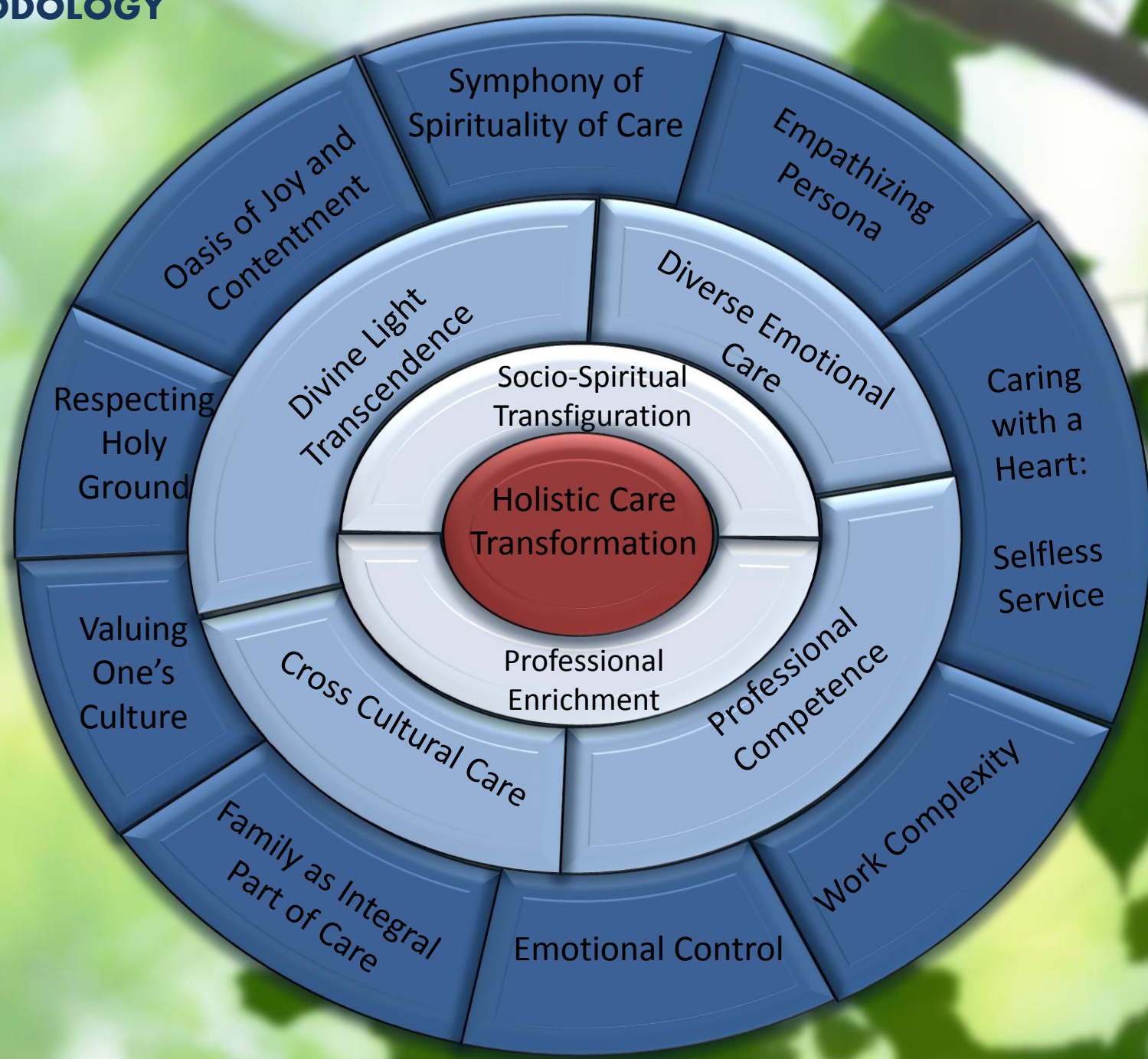
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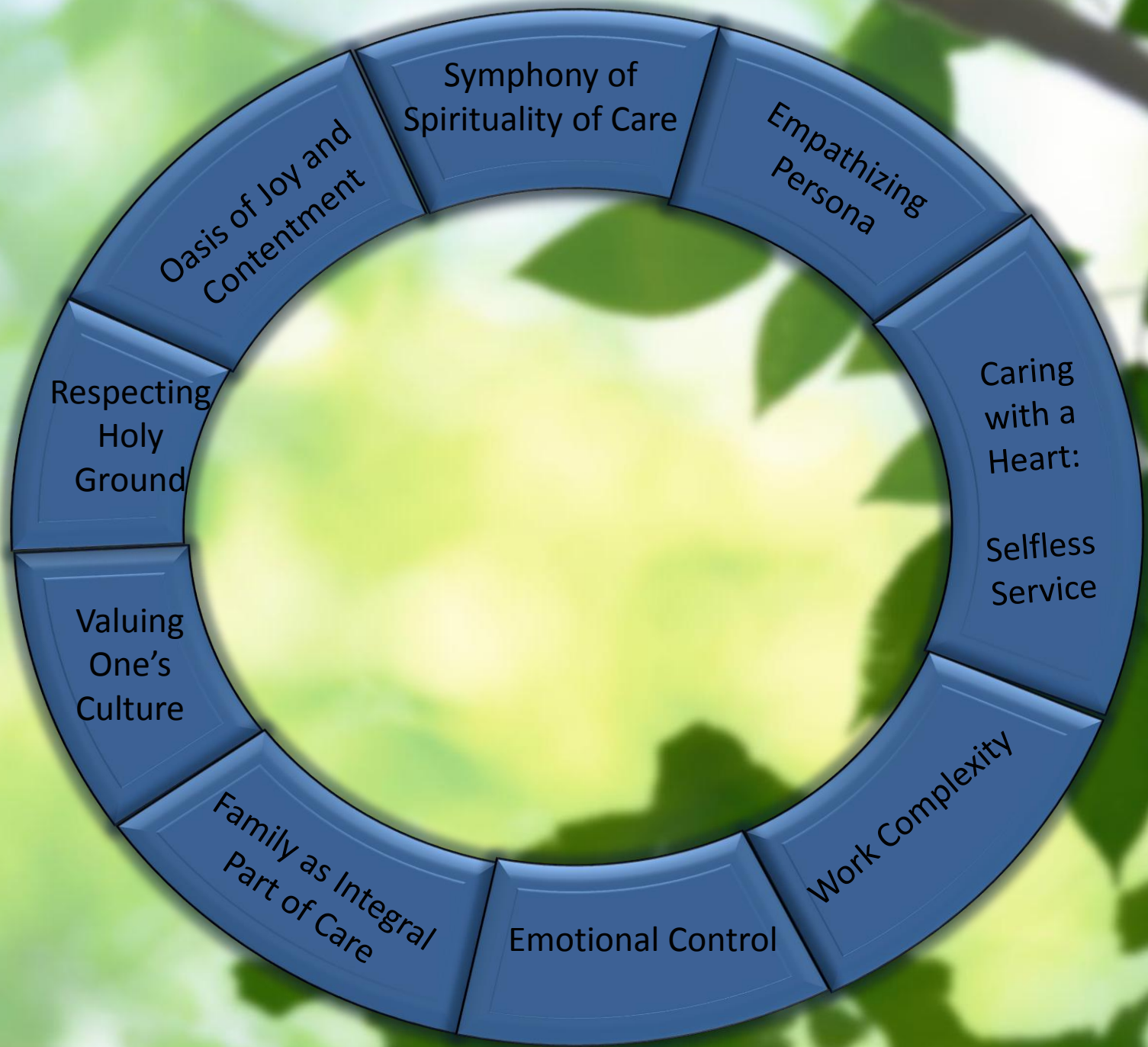
First Reflection

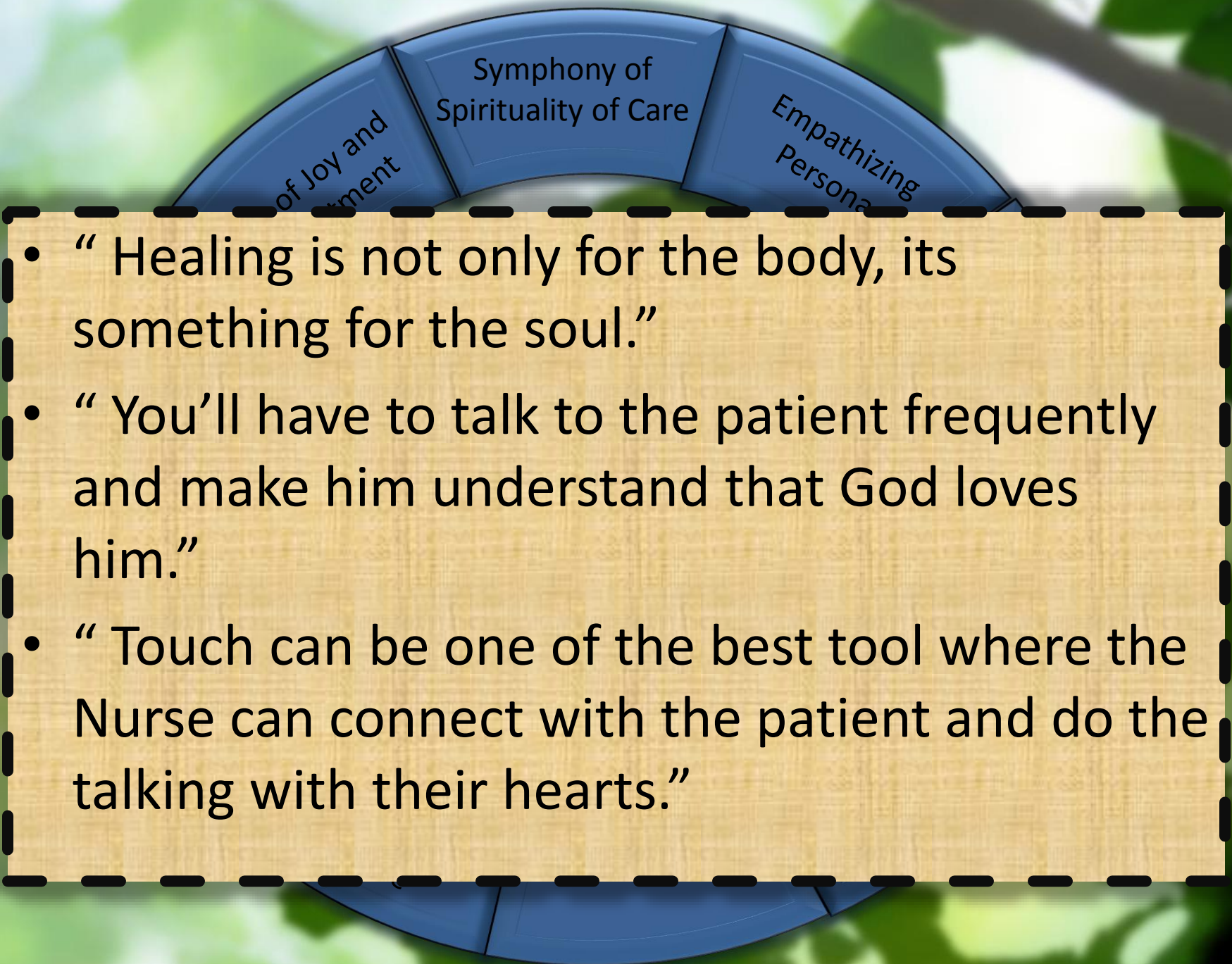
1. Symphony of Spirituality and Care
2. Oasis of Joy and Contentment
3. Respecting Holy Ground
4. Valuing One's Culture
5. Family as Integral Part of Care
6. Emotional Control
7. Work Complexity
8. Caring with a Heart: Selfless Service
9. Empathizing Persona



METHODOLOGY







of Joy and
tment

Symphony of
Spirituality of Care

Empathizing
Persona

- “Healing is not only for the body, its something for the soul.”
- “You’ll have to talk to the patient frequently and make him understand that God loves him.”
- “Touch can be one of the best tool where the Nurse can connect with the patient and do the talking with their hearts.”

Basis of Joy and
Contentment

Symphony of
Spirituality of Care

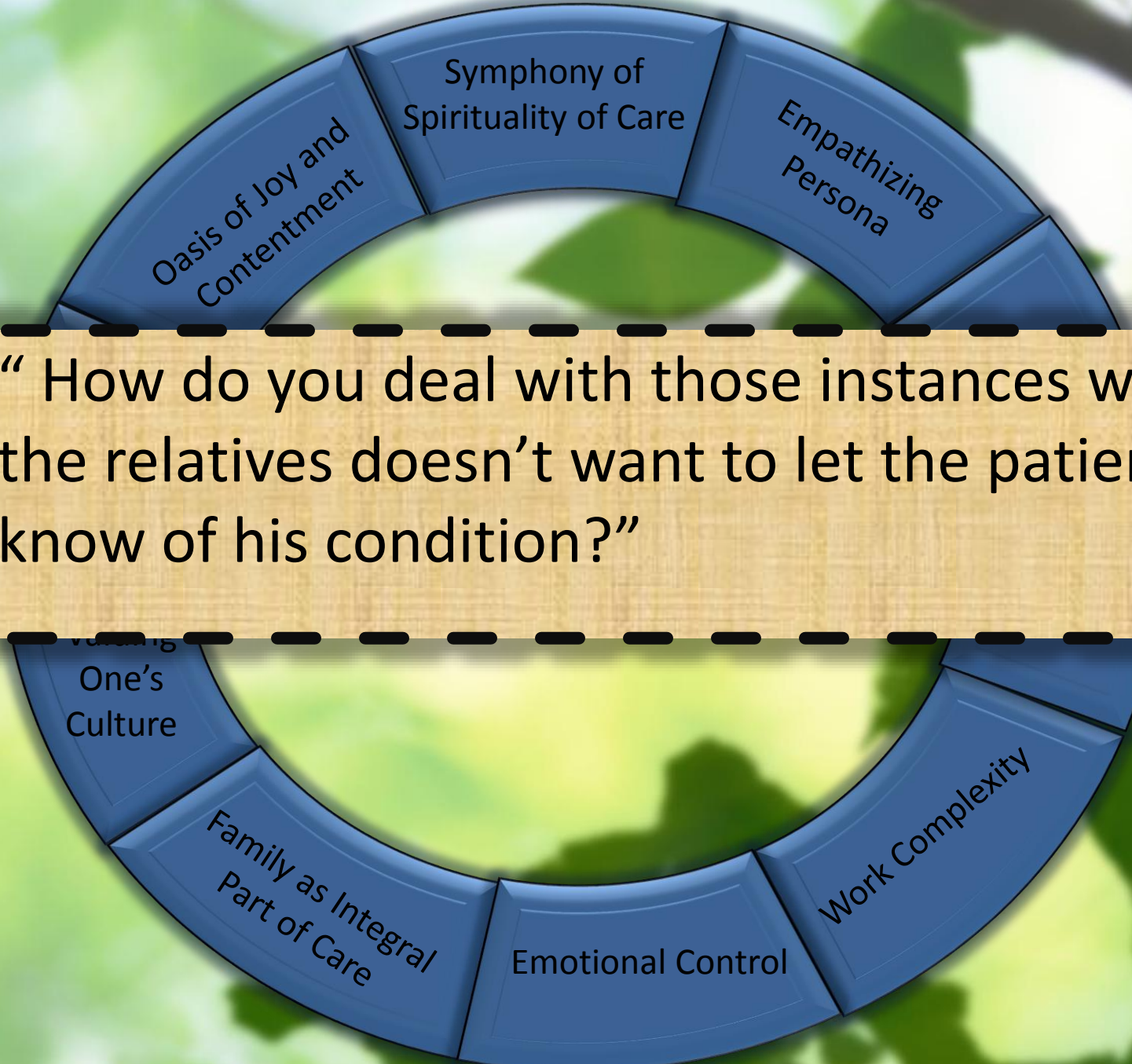
Empathizing
Persona

- “There is fulfilment when I’m with patient.”
- “Feelings of pleasure while performing the duties asked, in the practice of one’s profession is a sign of pure passion.”

Family as Integral
Part of Care

Emotional Control

Work Compe



Oasis of Joy and
Contentment

Symphony of
Spirituality of Care

Empathizing
Persona

- “How do you deal with those instances when the relatives doesn't want to let the patient know of his condition?”

One's
Culture

Family as Integral
Part of Care

Emotional Control

Work Complexity



- “Many cultural variation exists. Nurses assess various cultural demands to address patient’s needs, understanding cultural background and be aware of their own beliefs and ethical values.”

Symphony of

- “Family is directly involved in patient care. Nurses needs to deal with patient’s family while at work. Involvement to the care of the patient is the number one goal of having significant other inside the room.”
- “ You’ll be attached to the family, where they consider you as family member.”
- “ Family’s gratitude is overwhelming.”

Family as Integral
Part of Care

Emotional Control

Work Complex

Symphony of
Spirituality of Care

Empathizing
Person

“Nurses control their emotions towards their encounter with the reality of the inevitable dying and death of the patient. Maintaining balance- not getting overly involved with patients and their family.”

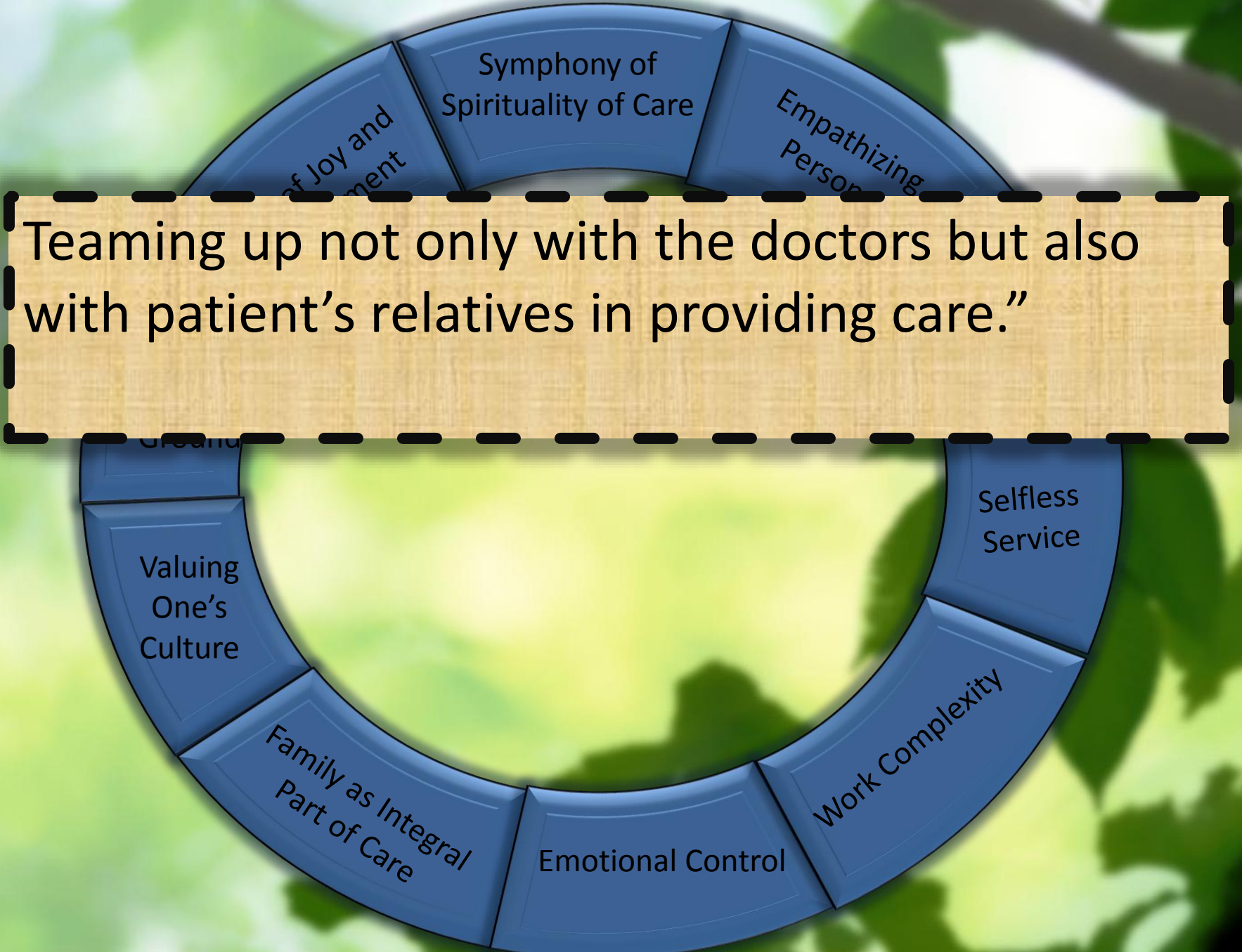
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Work Comple

Emotional Control

Family as Integral
Part of Care



Symphony of
Spirituality of Care

Empathizing
Person

Teaming up not only with the doctors but also
with patient's relatives in providing care."

Selfless
Service

Work Complexity

Emotional Control

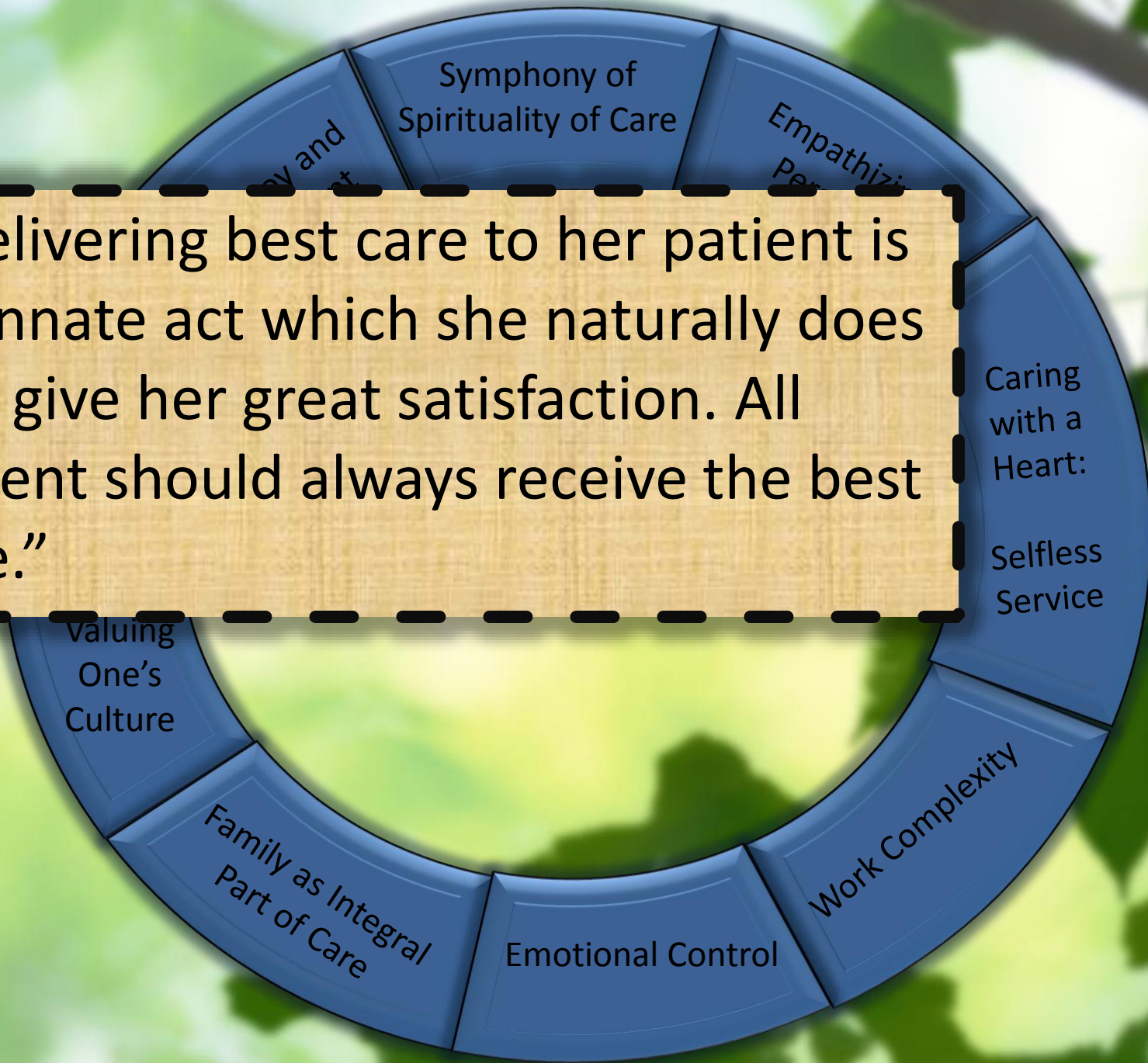
Family as Integral
Part of Care

Valuing
One's
Culture

Gratitude

of Joy and
ment

“ Delivering best care to her patient is an innate act which she naturally does and give her great satisfaction. All patient should always receive the best care.”



asis of Joy and
entment

Symphony of
Spirituality of Care

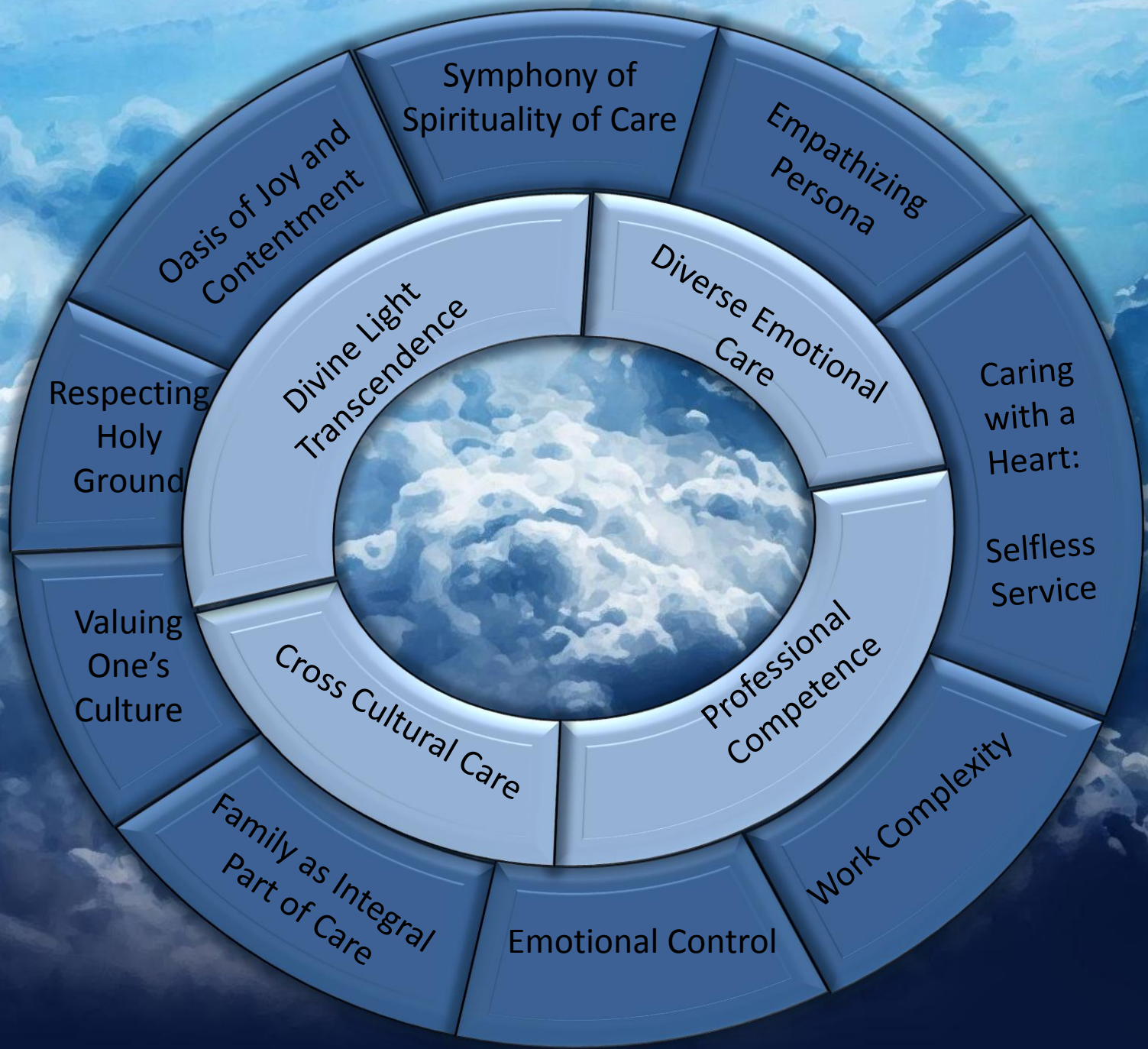
Empathizing
Persona

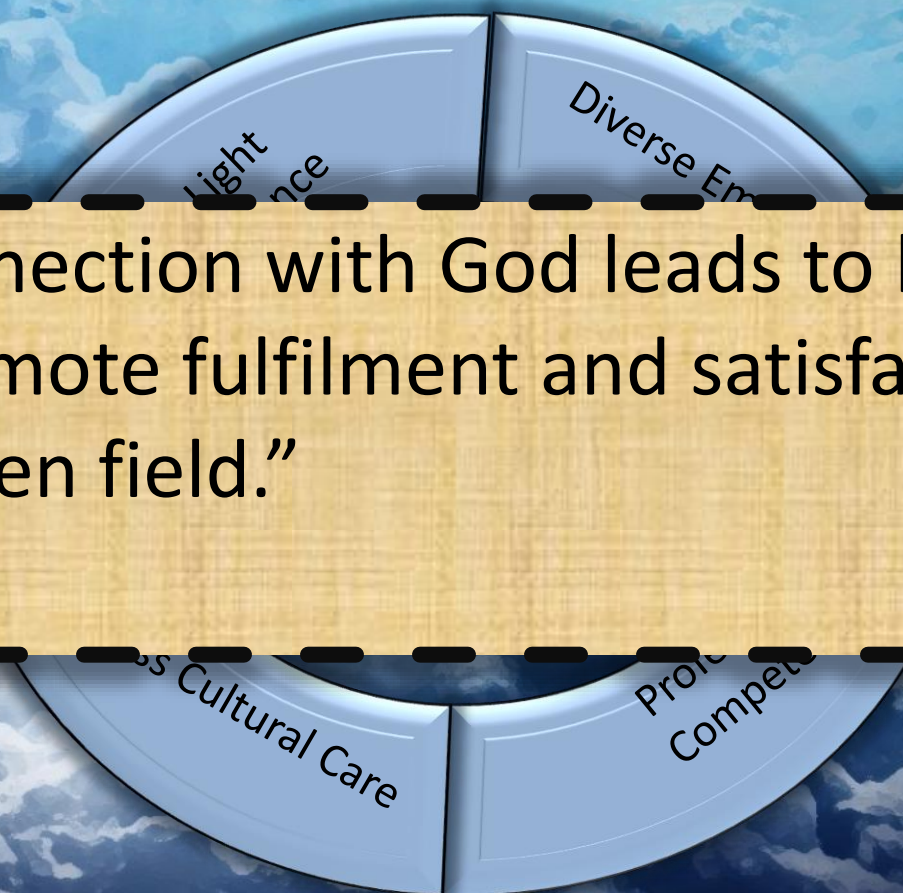
“ Placing the nurses perspective into the patient shoes, the former will be able to form a picture on how it really feels to be the recipient of care. Knowing such, the nurse will be inclined to think and deliver the best possible care to patient.”

is Integral
part of Care

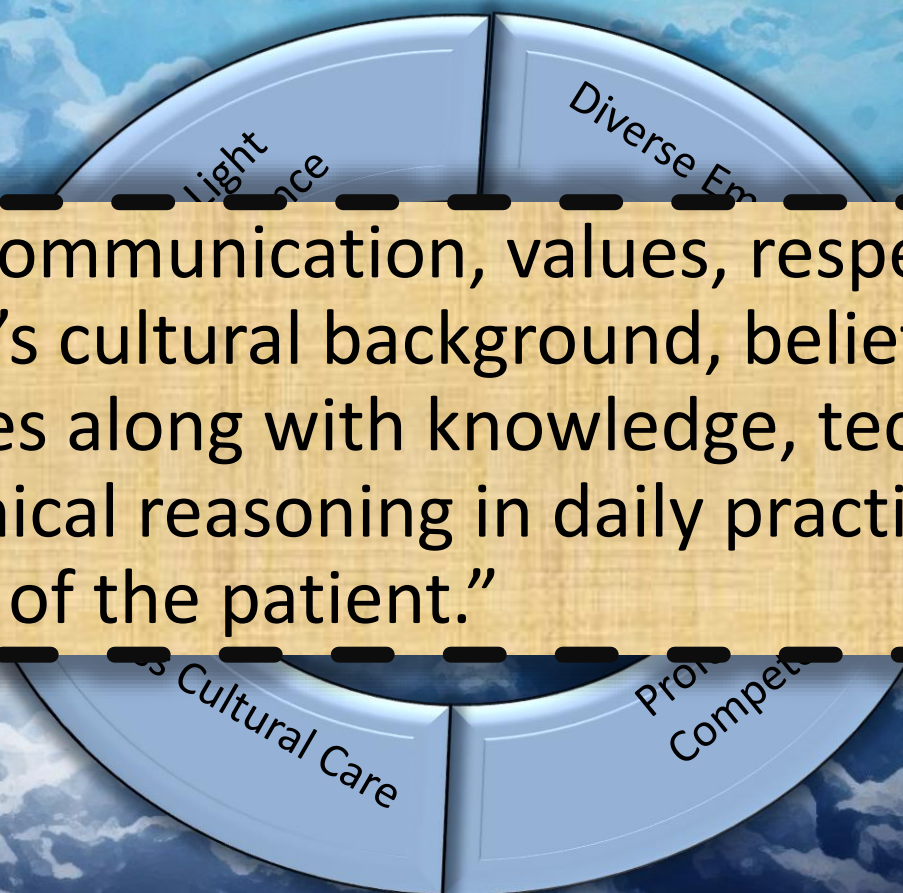
Emotional Control

Wor





“ The connection with God leads to honing skills, promote fulfilment and satisfaction in your chosen field.”



“ Use of communication, values, respect to patient’s cultural background, beliefs and practices along with knowledge, technical skills and clinical reasoning in daily practice for the benefit of the patient.”



Light

Diverse En

The Nurse tries to create an environment that will be essential for the nurse, patient and relatives during the delivery of care. Good assessment skills, being skilled at responding to patient's needs and feeling and dealing with their need for information to have their questions answered."

Cultural Care

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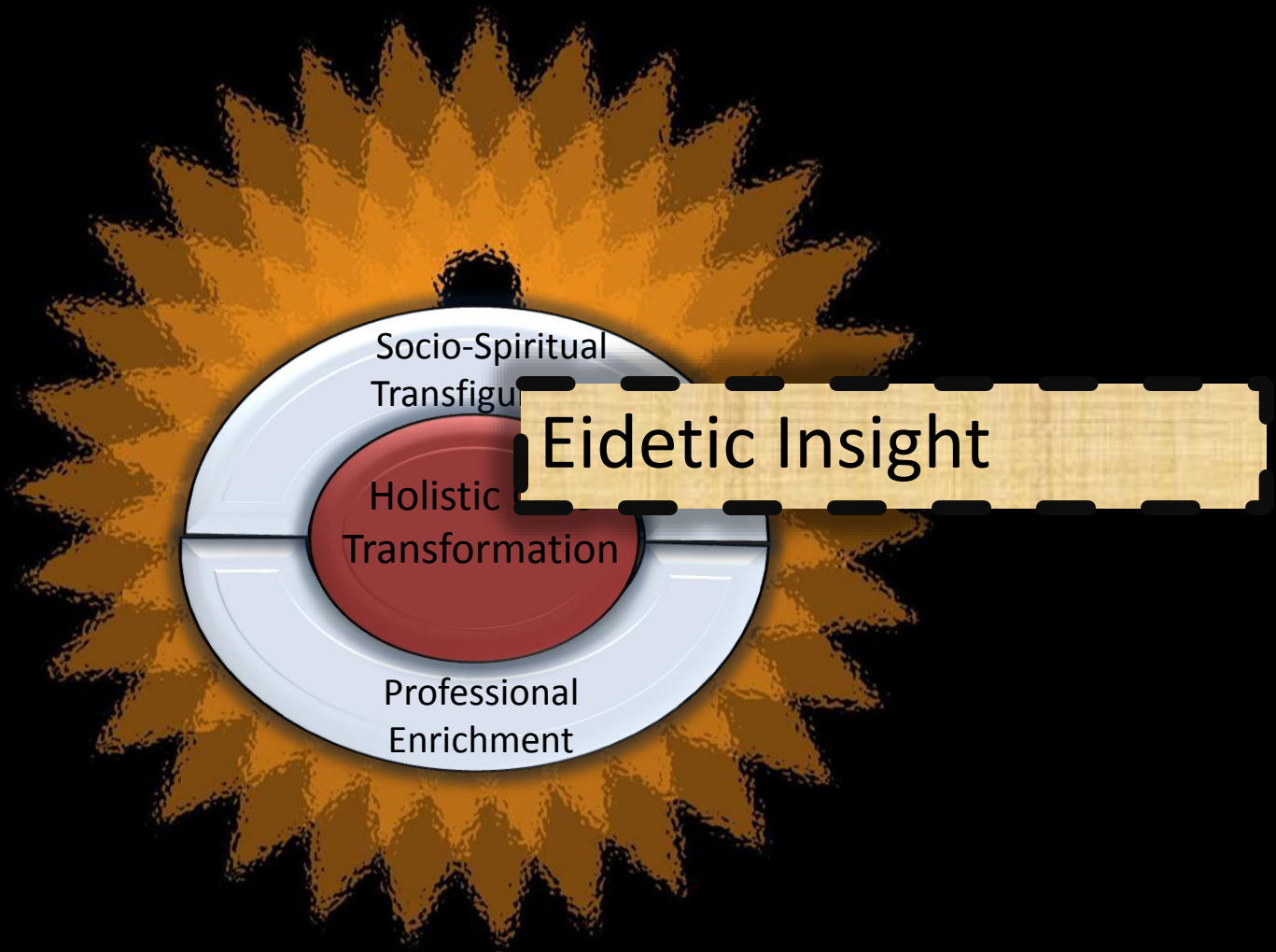
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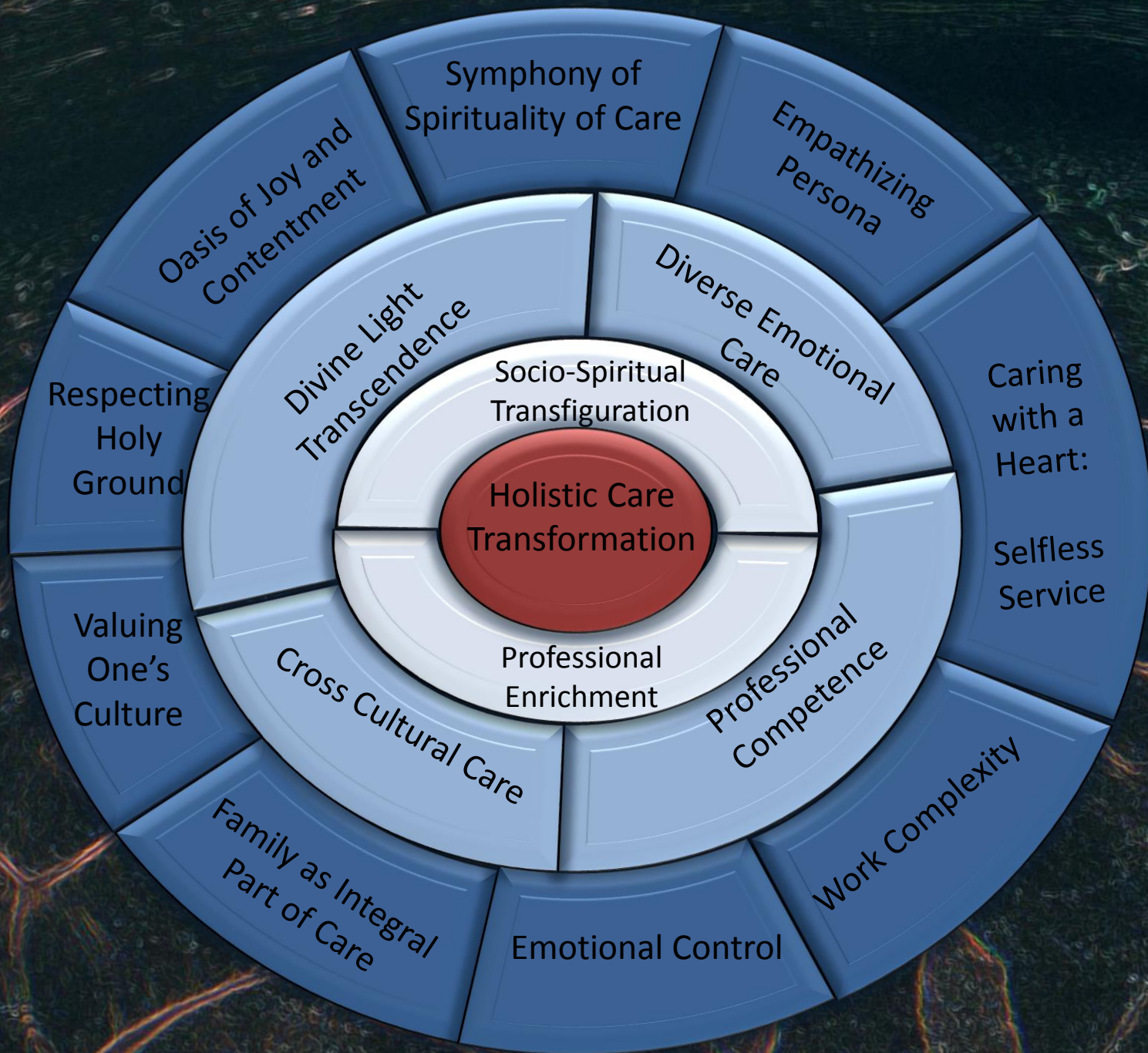
“Setting personal boundaries can help in aiding prevention of attachment to the patient. With appropriate emotional control, the nurse is able to give quality care. Duties and responsibilities are delivered in an unbiased manner. Treating patient with gentility and respect aims to promote faster and better healing process.”

An engagement with the social and spiritual dimension of life to achieve the essential component of health and well being.

what is expected is the manifestation of concern and compassion a nurse has to her patient.”

- “ Competency and careful attention are required in order to aid the patient .”







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Holistic Care Transformation



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Thank you!

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Thank You.