GIVE BACK TO
MOVE FORWARD
Suzanne Prevost, PhD, RN, COI

President

Honor Society of Nursing.

Sigma Theta Tau International
Your Gifts are Moving

Suzanne S. Prevost, RN, PhD
President – Sigma Theta Tau International
Welcome!

42nd Biennial Convention of Sigma Theta Tau International

A global network of > 130,000 Nurse leaders and scholars

85 countries

36 countries here
An Attitude of Gratitude

Faith
Family
Education
Profession
Reasons for Nurses to be Grateful

Education
Employment
Earning Potential
Meaningful Work
Colleagues
Benefits of Gratitude

People who exhibit high levels of gratitude tend to also have:

- More positive moods and mental well-being
- More empathy toward others
- More positive social interactions
- Less aggressive behaviors

DeWall, J of Social Psych, 2011
Feeling gratitude and not expressing it is like wrapping a present and not giving it.

William Ward

What about you?
Byproducts of Gratitude

Sharing          Giving Back          Helping Others

What will you share?  What will you give back?

Giving unselfishly – Can be as beneficial to the giver, as it is to the recipient

Giving Back – Helps all of us to move forward
Presidential Call to Action  2011-2013

Give Back to Move Forward

Ø Create Your Legacy

Ø Engage in Collaboration

Ø Respond to Vulnerable Populations

Ø Embrace Technology
Your Gifts are Moving Forward
Creating Legacies
What is a legacy?

Something transmitted by or received from an ancestor or predecessor
Merriam-Webster, 2013

Money
Wisdom

Influence and Impact - on your family, institution, community, or profession

Philanthropy – sharing your time, talents, and resources
What is your legacy to Sigma Theta Tau?

Are you a newcomer?

Or a committed, active member?

Membership in STTI
Honor
Opportunities
Obligation
Create a Legacy by Sharing Your Expertise

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Create a Legacy by Sharing Your Expertise

2013 inductees: International Nurse Researcher Hall of Fame
The Sigma Theta Tau Foundation

Virginia Henderson Fellows

Creating legacies through the STTI foundation
New Virginia Henderson Fellows

Cathy Catrambone, PhD, RN, FAAN
Virginia Henderson Fellow
Gamma Phi Chapter, US

Inge B. Corless, PhD, RN, FAAN
Virginia Henderson Fellow
Upsilon Lambda Chapter, US

Connie Curran, EdD, MSN, RN, FAAN
Virginia Henderson Fellow
Zeta Sigma Chapter, US
New Virginia Henderson Fellows

John Daly, PhD, RN, FACN
Virginia Henderson Fellow
Xi Omicron Chapter, Australia

Josephine DeVito, PhD, RN
Virginia Henderson Fellow
Gamma Nu & Upsilon Chapters, US

Betty R. Ferrell, PhD, FAAN, FPCN
Sigma Theta Tau Fellow
Gamma Tau-at-Large Chapter, US
New Virginia Henderson Fellows

Cindy Ford, PhD, RN, CNE
*Virginia Henderson Fellow*
Iota Mu Chapter, US

Gary Frandsen, JD, MSN, RN,
and Geralyn Frandsen, EdD, RN
*Virginia Henderson Fellow*
Gary: Omicron Iota Chapter
Geralyn: Epsilon Eta & Omicron Iota, US

Judith Halstead, PhD, RN, ANEF, FAAN
*Virginia Henderson Fellow*
Alpha Chapter, US
New Virginia Henderson Fellows

Abby Hitchcock Heydman, PhD, RN

*Virginia Henderson Fellow*

Alpha Eta, Nu Xi-at-Large, and Psi-at-Large, US

William L. Holzemer, PhD, RN, FAAN

*Virginia Henderson Fellow*

Alpha Eta and Alpha Tau Chapters, US

Deborah Edmonds Jones, PhD, RN, CNE

*Virginia Henderson Fellow*

Nu Chapter, US
New Virginia Henderson Fellows

Denise G. Link, PhD, NP, CNE, FAAN
Virginia Henderson Fellow
Beta Upsilon Chapter, US

Address Malata, PhD
Virginia Henderson Fellow
Tau Lambda-at-Large Chapter, Malawi

Juli Maxworthy, DNP, MSN, MBA, RN, CNL, CPHQ, CPPS
Billye Brown Fellow
Beta Gamma and Nu Xi-at-Large Chapters, US
New Virginia Henderson Fellows

Isabella I. Mbai
Virginia Henderson Fellow
Tau Lambda-at-Large Chapter, Kenya

Gladys Mouro, RN, MSN, PhD(H)
Virginia Henderson Fellow
Xi Chapter, Lebanon

Julie Cowan Novak, DNSc, RN, CPNP, FAANF
Virginia Henderson Fellow
Delta Alpha-at-Large Chapter, US
New Virginia Henderson Fellows

Bobbie Richards, MA, RN
*Sigma Theta Tau Fellow*
Nu Xi-at-Large Chapter, US

Kathy Rose, MSN, RN
*Virginia Henderson Fellow*
Delta Omega Chapter, US

Franklin A. Shaffer, EdD, RN, FAAN
*Virginia Henderson Fellow*
Alpha Zeta Chapter, US
New Virginia Henderson Fellows

Robin J. McCarthy Toms, PhD, MN, RN, NEA-BC
Billye Brown Fellow
Beta Beta Chapter (Houston), US

Christa van der Walt, PhD, Med
Virginia Henderson Fellow
Tau Lambda-at-Large Chapter
South Africa

Sharon Vasuthevan, PhD, RN, RM, FANSA
Virginia Henderson Fellow
Tau Lambda-at-Large Chapter
South Africa
New Virginia Henderson Fellows

Dorette “Dee” Sugg Welk, PhD, RN
Virginia Henderson Fellow
 Theta Zeta Chapter, US

Sandra L. Wise, PhD, RN
Virginia Henderson Fellow
Omicron Delta and Upsilon Psi Chapters, US
Engaging in Collaboration
Tau Lambda-at-Large Chapter

18 universities
7 African Countries
Our President-Elect: Dr. Hester Klopper
Phi Omega-at-Large Chapter

7 Schools of Nursing in Thailand
Chartered June 2013
Collaborated with Nursing Administrators
Press conference
Responding to Vulnerable Populations
Haiti

- Poorest & youngest
- Highest Infant Mortality
- Lowest life expectancy
- 25% access to electricity
- 60% access to safe drinking water

Critical shortage of healthcare providers

- 2 MDs per 10,000 people
- Nurses with diploma-level education provide 90% of healthcare outside the major cities
Haiti

2010 earthquake in Haiti

>200,000 deaths

The national nursing school (*Ecole nationale d’infirmières d’Haïti*) collapsed, killing > 100 students and faculty
Dean Hilda Alcindor

Led her students in providing emergency care for > 15,000 victims, including dozens of births after the quake.

1st four yr. BSN
1st first MSN
FAAN

Tim Bristol, PhD, RN – NurseTIm
Graduate program at Walden University
BSN program at FSIL in Haiti
Serves on the board of directors for FSIL Nursing University in Haiti
Promoting Health in Haiti, Inc.

Non-profit org. founded by nursing faculty and STTI members at Hunter College, City University of NY

To improve health in Haiti through advances in nursing and nursing education

Scholarship funds for Haitian nursing students – “Adopt a Nurse for Haiti”

Provide and support visiting nursing faculty

Dr. Carol Roye

Dr. Donna Nickitas

Editor – Nursing Economics
1 in 8 people around the world lack access to safe water

3.5 million people die each year from water-related disease

84% of them are children

In many underdeveloped countries, there are more cell phones than toilets

The water and sanitation crisis claims more lives through disease than any war claims through guns

A 5-minute shower uses more water than a typical person in a developing country uses in a whole day.

Source: www.water.org
What can we do about the water crisis?

Building water wells is a fairly inexpensive venture

Community service idea: Consider a donation to Water.org or similar charitable org.

$25 brings one person safe drinking water for life

$200 provides a household water tap and toilet

$1000 provides a public well and latrines for a village of 400 people
H2 Omicron Delta
Water Crisis

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Embracing Technology
Connecting Nurses Around the Globe

[Facebook logo] www.facebook.com, search for Sigma Theta Tau International

[LinkedIn logo] www.linkedin.com, search for Sigma Theta Tau International


Nefsis Videoconferencing
How is the flu spread?

The flu is spread by a type of germ known as a virus. The flu (influenza) virus exists in microscopic drops of liquid that one person can pass to others by...
Get Your RealAge and see Dr. Oz

Get your RealAge now, and a chance to win two tickets to see Dr. Oz - only for STTI attendees!

The RealAge® Test is the first scientific, patented measurement of the age of your body based on your genes and how well you've maintained it.

Once you find out your RealAge, Sharecare helps you "get younger" with programs, advice, and individual recommendations.

Complete the test now to be entered in a drawing for TWO free tickets to see a Dr. Oz Show live:

Sharecare.com/RealAge-STTI

Winner is responsible for travel and all related expenses; the Dr. Oz Show is taped in New York, NY. At winner's discretion, he/she may opt to receive a Dr. Oz backpack and zippered jacket prize package in place of the tickets.
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2013
More ways to Give Back

Visit our STTI Foundation booth to:

- Purchase a raffle ticket for the jewelry raffle for research
- Register for the 90th Anniversary Celebration Walk (or sleep in) for Research
- Sign up to be a Vision Society donor to be part of the Every Member campaign

Our Goal: increase our grants and subsidies by 100% by 2020
Your Gifts are Moving
www.nursingrepository.org