

STEP IT UP: DEVELOPING A UNIT-BASED NURSE PRACTITIONER ROLE

Presented by:

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Learning to Dance

<http://www.youtube.com/watch?v=e0OX1ZABTow>



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Changes in Healthcare

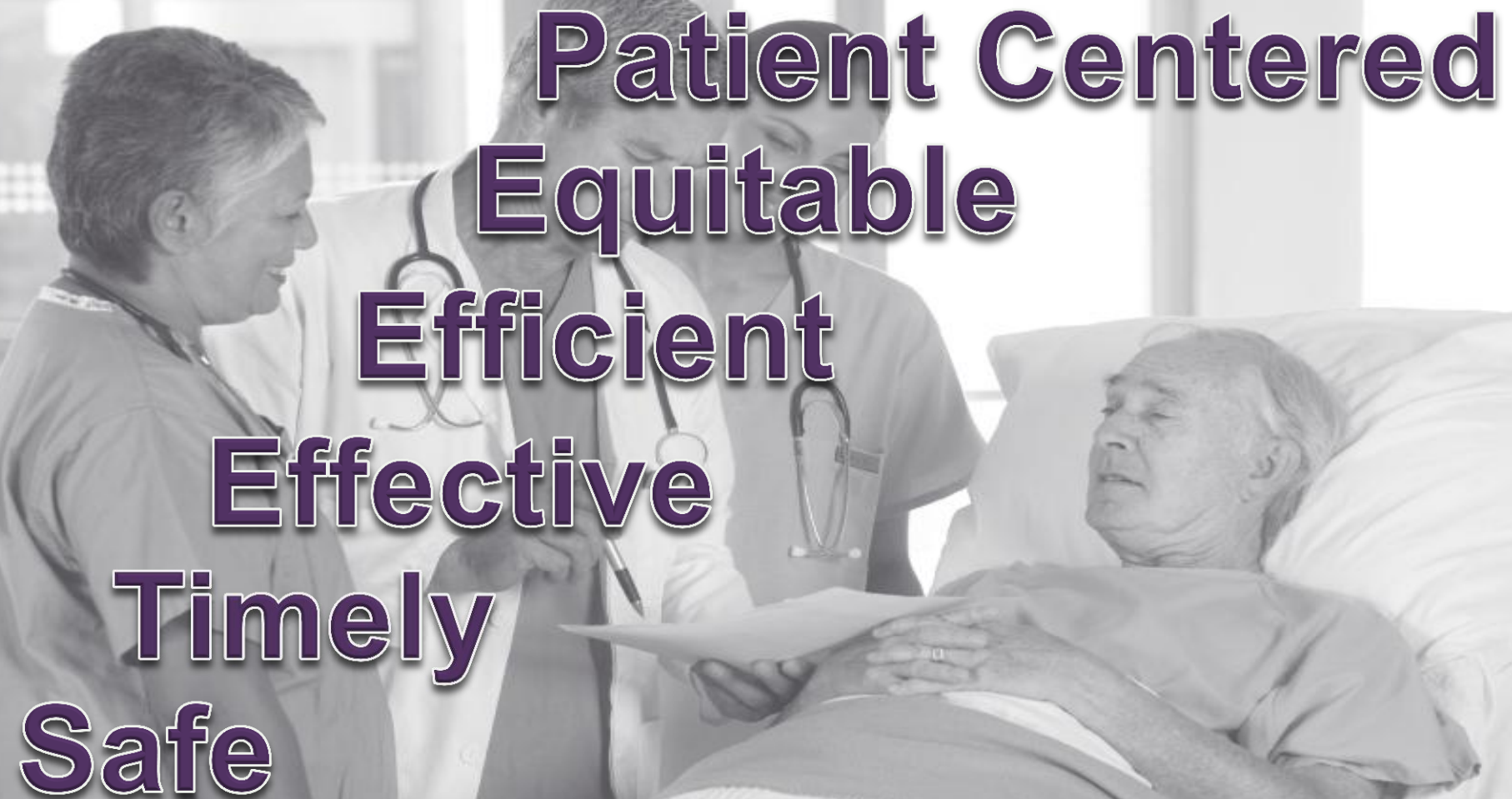


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Step It Up STEEEP

IOM Six Aims for Quality and Safety



Patient Centered
Equitable
Efficient
Effective
Timely
Safe

Lessons Learned: Systems Review

- ▣ Purpose: Describe the development, testing, modifications and results of the Quality Cost Model of Advanced Practice Nurses Transitional Care
- ▣ Method: Seven Randomized Clinical Trials
- ▣ Findings: Improved patient outcomes and reduced health care costs across all groups
- ▣ Conclusions: To Improve health over time, NPs must have a depth of knowledge, excellent clinical skills, interpersonal skills, understanding of systems, sufficient patient contact

(Brooten et al, 2002)



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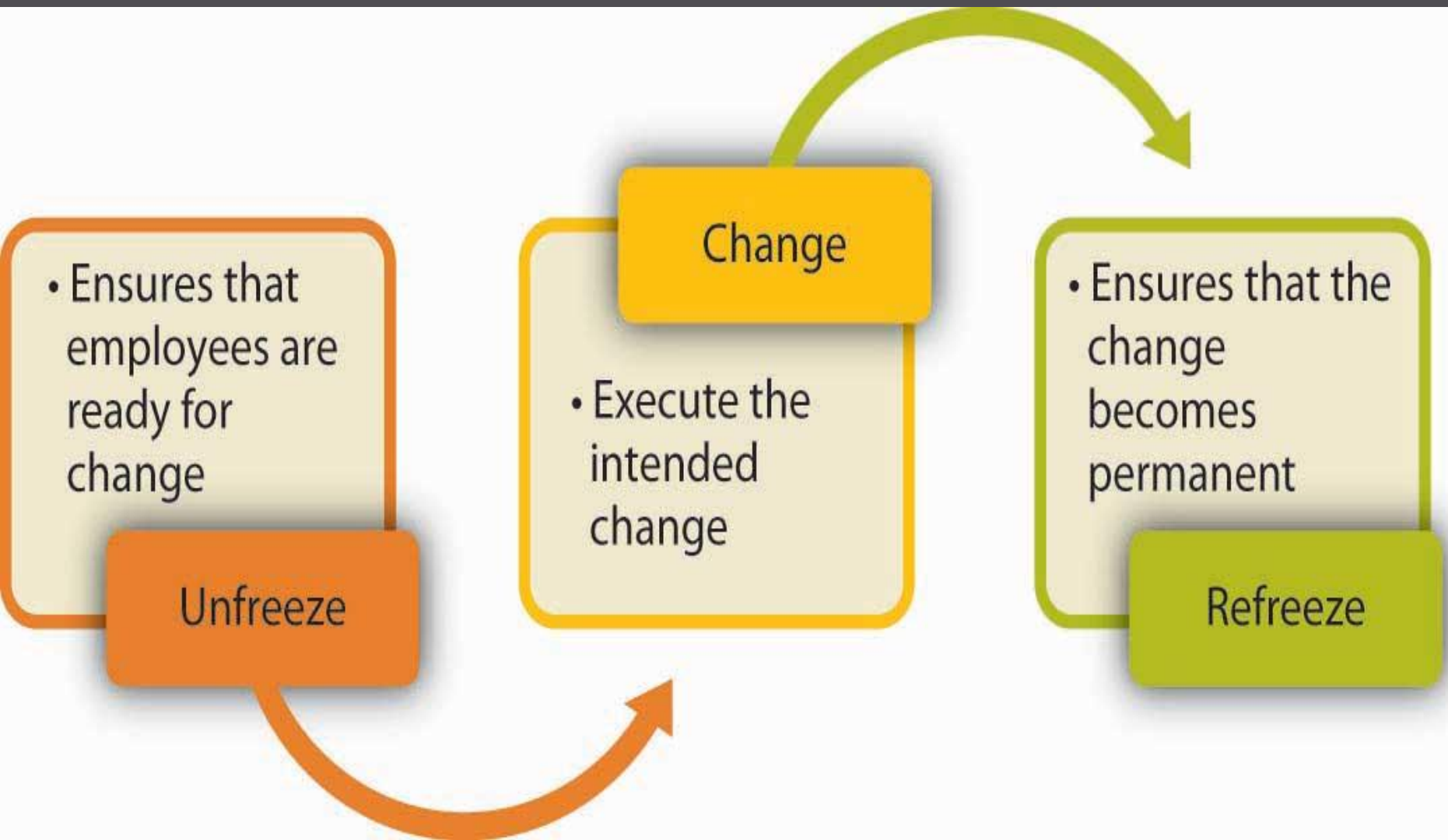
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Putting the Steps Together: Our Story



A Theoretical Framework

Lewin's Theory of Change



Pilot Study to Assess Hypothesis: Nurse Practitioner Model will Decrease Patient Length of Stay

Patient Services	Nurse Practitioner	Physicians that contract with NP	All Obstetric Physicians
Vaginal Deliveries	37 hrs 30 min	40 hrs 17 min	39 hrs 48 min
Cesarean Sections	64 hrs 2 min	63 hrs 15 min	66hrs 53 min
Weighted Average For patient type	45 hrs 46 min	47 hrs 18 min	47 hrs 09 min
Variance		1 hr 32 min	1 hr 23 min



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Risks and Benefits of the Nurse Practitioner Model



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STEP IT UP: TODAY'S NURSE MANAGER

Presented by:
Sarah Dent, RNC, MSN
Nurse Manager, L&D



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Dancing Solo



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QS

SVE

H&P

POMA

VBAC

WHPOUS

HCAHPS

MIDAS

HUCS

BISHOP

APGAR

PUBS FITS

MU Report

eLINQS

A3

DNV/JCAHO

PCEA

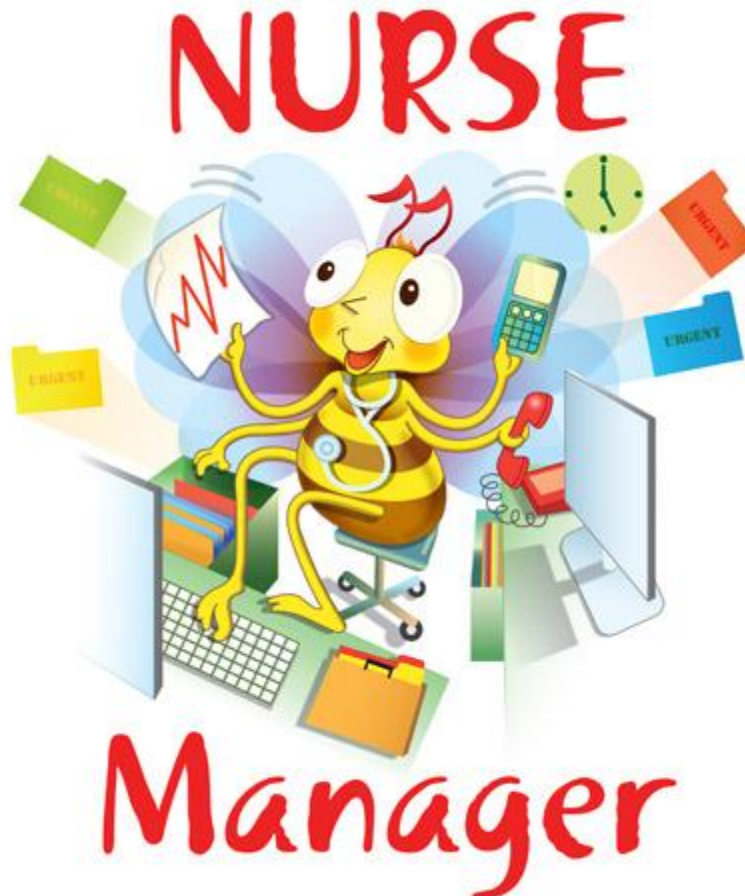
SHINE

ACLS

TYPENEX

STAT

T&S



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Nurse Manager Stress




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Nurse Manager Stress Research

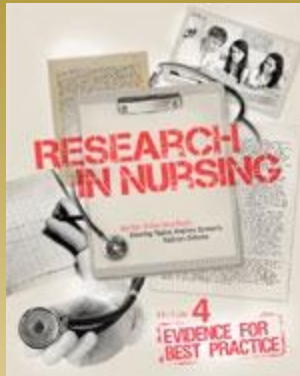
Shirey (2005, 2008, 2012)



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NPs Promote Professionalism of the Nursing Staff



Lowell General Hospital Professional Practice Model 2009



Research in Labor and Delivery



Peanut Ball Study



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*pearls of
wisdom*



- Choose Wisely
- Technology is your Friend
- NP as Physician Educator



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STEP IT UP: HOW UNIT-BASED NURSE PRACTITIONERS CAN IMPROVE PROFESSIONALISM AND QUALITY OF CARE

Cheryl K. Roth, RNC, MSN, WHNP-BC, RNFA
Nurse Practitioner, L&D and Couplet Care



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Step It Up

<http://www.youtube.com/watch?v=uWQkmrusHo8>



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NP's Where?



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Where's the Evidence?

- ❖ Brooten, et al. (2002) tested the quality cost model of nurse practitioner based care with favorable outcome.
- ❖ Evidence-based practice is considered the optimal goal and was encouraged by Melnyk & Fineout-Overholt (2011).
- ❖ Nurse Practitioners can lead the staff to higher levels of understanding of the need for evidence-based practice and encourage staff participation in education and research.



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What to do?



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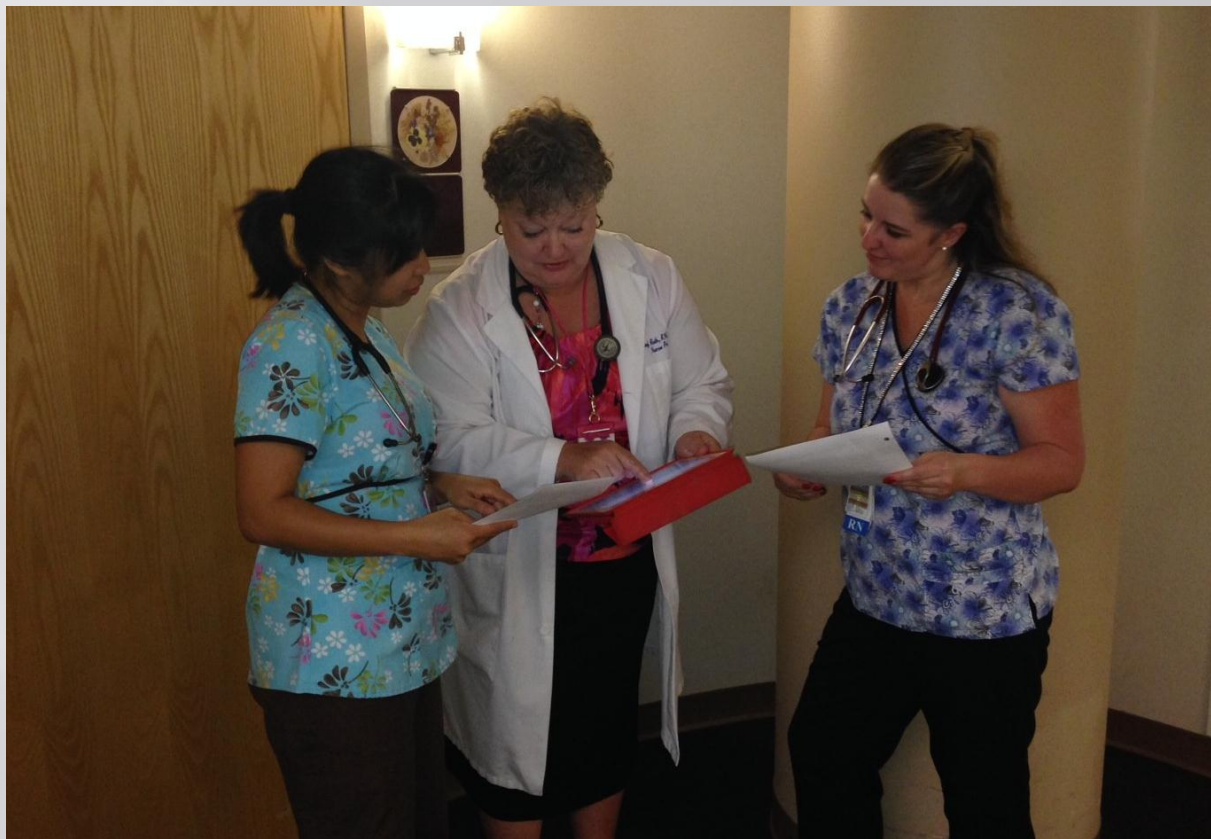
Antepartum High Risk



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Postpartum Rounds



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Education

- ❖ Perinatal Symposium
- ❖ Brown Bags
 - ❖ Marijuana in Pregnancy
 - ❖ Serotonin Syndrome
 - ❖ Chiari Malformation in Pregnancy
 - ❖ Myasthenia Gravis in Pregnancy
 - ❖ Horizontal Violence in the Workplace
- ❖ AWHONN Fetal Monitoring
- ❖ Students & Staff Mentoring: Go Back to School!



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Research/EBP

- ❖ Mentoring to “Ask the Question”
- ❖ Promote EBP
- ❖ Research Projects – Nurse Initiated/Nurse PI
 - ❖ Peanut Ball Study
 - ❖ Cord Blood Study
 - ❖ ACLS-OB Quant and Qual Studies
 - ❖ Antepartum Welcome Book Study
- ❖ Publication



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