Interprofessional Collaboration

• Teams can overcome impediments to all aspects of clinical practice and research.

• Effective teams are fluid depending upon the patients’ needs and leadership of high performance teams.
  – Process Oriented
  – Relationship Focused
  – Team Community Oriented
  – Patient Centered
Interprofessional Team Domains

• Values/Ethics- Firm belief in outreach
• Roles/Responsibilities- Articulated and Agreed Upon
• Interprofessional Communication- meetings, debriefings, strategies, dissemination planning
• Team/Teamwork- strengths, barriers
Chronic Disease Self Management Program (CDSMP)

- Internationally recognized Evidenced Based program offered by Stanford University
- Licensure
- Training
- Community programs
Jackson Purchase Area
Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, and McCracken
Purpose

• Outreach to Community
• Evaluate the Chronic Disease Self-Management Program (CDSMP) in a southern, rural region.
• Utilize Interprofessional collaboration to change health care outcomes in the community

Living Well Workshops
Presented By
School of Nursing
College Health & Human Services
Community Leaders
Objectives

• To develop and sustain an Interprofessional Team
• To receive training and licensure to conduct an internationally recognized program: The Chronic Disease Self Management Program (CDSMP).
• To sustain the CDSMP program, replicate, and to expand the programs with other groups in the region.
• To conduct a study, designed to examine multiple, post-program outcomes
Study Design

• Quasi-experimental longitudinal pre-post test design.
• Multiple, post-program outcomes assessments on individual health and self-efficacy
Measurement Tools

- Demographic
- General Health Information
- Instrumental Activities Daily Living Scale (IADL-31 items)
- Indices of Self Efficacy (22-items)
- Spiritual Perspective Scale (10-items)
- Subjective Happiness Scale (4-items)
- Pearlin Mastery Scale (6-items)
- Activity Restriction Scale (10-items)
- Pain and Discomfort Assessment (8-items)
- Health Care Utilization (9-items)
- Depression Scale (20-items)
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## Preliminary Health Care Utilization Visit Data

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Recommendations

• Increase trained Stanford Lay leaders
• Sustain the CDSMP program
• Develop interprofessional CDSMP course
• Add program to MSU employee health services
• Expand throughout the - Jackson Purchase partnering with Health Care Providers, hospitals and industry.
References

• http://patienteducation.stanford.edu/programs/cdsmp.html

• www.aacn.nche.edu/leading-initiatives/IPECReport.pdf and

• www.aacn.nche.edu/education-resources/IPECProceedings.pdf.
Thank You

• Questions????