

About the Authors

Amber L. Vermeesch, PhD, MSN, RN, FNP-C, FACSM, FNAP, ANEF, has been a practicing family nurse practitioner since 2006. She has spent most of her practice serving underinsured and vulnerable populations. She completed her master's in nursing at Vanderbilt University School of Nursing. She earned her PhD in nursing science from the University of Miami in 2011, where she focused on reducing healthcare disparities among Latino populations using multiple methodologies, including participatory photography. She joined the University of Portland as an Associate Professor in 2014, teaching in both graduate and undergraduate programs, and served as the Director of Research and Scholarship. She became a certified nurse educator in 2017. In 2022, Vermeesch was inducted as a Fellow in the National League for Nursing Academy of Nursing Education; in 2020, she became a Fellow in the American College of Sports Medicine as well as Distinguished Practitioner and Fellow in the National Academies of Practice. Her overall area of expertise is wellness, both physical and emotional. In 2022, she became the Department Chair for Family and Community Nursing at the University of North Carolina at Greensboro. Her investigations have concentrated on physical activity and integrated health among vulnerable populations. Additionally, she explores risk factors related to stress reduction and health promotion among undergraduates and graduate students as well as faculty and staff. Patricia Cox (2014–2015) and Vermeesch (2015–2016) laid the initial foundations for this workbook through individual fellowship projects in the Application of Ethics provided by the Dundon-Berchtold Institute. All four main authors—Cox, Vermeesch, Inga Giske, and Katherine Roberts— participated in the Ethics Curriculum Fellowship 2019–2020 provided by the Dundon-Berchtold Institute to develop those projects into this workbook.

Patricia H. Cox, DNP, MPH, MN, BSN, RN, recently retired as the Director of Doctoral Nursing Education & Practice at the School of Nursing at the University of Portland. Her long career in nursing took her from the bedside as an Army nurse to working as a public health nurse with migrant farmworkers and then Lao refugees in Thailand. Along the way, she advanced her education while caring

for HIV/AIDS patients as a nurse practitioner in the early days of the epidemic. Later she provided primary care to Native American and Hispanic populations in a community clinic in Los Angeles. Always supportive of nursing education, Cox served as adjunct faculty in several nursing programs prior to relocating to Portland to teach full time and prepare the next generation of nurse practitioners in the DNP Program at the University of Portland.

Inga M. Giske, DNP, MSN, RN, PMHNP-BC, PMH-BC, NE-BC, serves as a psychiatric nurse practitioner on the Psychiatric Consult-Liaison service at Providence St. Vincent Medical Center. She provides psychiatric evaluation and treatment recommendations for patients during their medical admission while also providing education and support to professional staff, nursing, and ancillary care team members. In addition, she serves as a preceptor to nurse practitioner students, medical students, and internal medicine residents. Her nursing career has spanned from bedside nursing to regional leadership in acute inpatient psychiatric units and psychiatric emergency departments. She implemented evidence-based practice changes in both acute inpatient and psychiatric settings to reduce falls and violence and improve patient and caregiver satisfaction. Giske works to improve knowledge regarding mental health conditions and reduce stigma through education of nurses, other healthcare providers, and her community. She has been adjunct faculty at the University of Portland, teaching undergraduate psychiatric nursing. She provides competency-based suicide assessment training to nurses both locally and nationally. Lastly, she has served as a trainer to local law enforcement in her community, educating both new recruits and experienced officers on mental health, crisis intervention, and de-escalation for the past six years.

Katherine Roberts, DNP, BSN, RN, FNP-C, is a recent DNP graduate from the University of Portland. Although new to the DNP role, she has an extensive background as a bachelor-prepared registered nurse. After graduating from Linfield College in 2004, Roberts has practiced in various settings, including the Childhood Development and Rehabilitation Center at Doernbecher Children's Hospital

and Neonatal Intensive Care Unit at Randell's Children's hospital in Portland. More recently and for most of her career, she worked for Northwest Primary Care Group. Her experience with patients extends to all ages and stages of life and various levels of care, from a nursing assistant working with developmentally and physically disabled children to a bedside nurse working with well and ill newborn and preterm infants. Eventually, she found her passion in family medicine, working with patients of all ages, including pregnant women. As a nursing leader, Roberts worked as a charge nurse for many years before eventually taking a more administrative role writing policy and procedure and creating a unique nursing and patient education program. In May 2018, she lost her friend and mentor, Dr. Margret "Peggy" McNichol, who began her career as a nurse and always taught her to strive to make the world a better place, one problem and patient at a time. Thus, Roberts decided to advance her education, get back to direct patient care, and continue making a difference for the patients and profession of nursing as a doctorally prepared nurse practitioner.

Contributing Authors

Larlene Dunsmuir, DNP, FNP, ANP-C, has been a nurse practitioner since 1993 and maintains a clinical practice, teaches as adjunct faculty at the University of Portland School of Nursing, and is employed as the Director of Professional Services by the Oregon Nurses Association, where she oversees the continuing nursing education program. Dunsmuir brings a wealth of experience and knowledge of nursing practice, policy, and education to her work. She has practiced in neurology, family medicine, and urgent care. From 1995–2005, she co-owned a family care clinic with another nurse practitioner. One of the things she is most proud of is participating in creating a nurse practitioner telehealth practice in 2012 that now serves patients in several states. She received her BS in nursing in 1985 from the University of Portland (UP). She returned to UP to complete her master's degree in nursing with a focus in adult health nurse practitioner in 1993 and a family nurse practitioner post-master's certificate program in 2000. She completed her doctor of nursing practice in 2014 at Chatham University in Pittsburgh.

Kristine Dukart-Harrington, DNP, RN, AGNP-C, ACHPN, is an assistant professor and chair of the Adult-Gerontology Primary Care Nurse Practitioner track at the University of Portland School of Nursing. She has practiced in hospice and palliative care for most of her 10-year nursing career, most recently as an oncology palliative care provider at Providence Portland Medical Center. She earned her doctor of nursing practice degree and post-master's certificate as an Adult-Gerontology Primary Care Nurse Practitioner at Duke University School of Nursing. She is honored and humbled to be present with people who are navigating the uncertainties of living with advanced illness. She hopes to empower and inspire her students to become skilled communicators, fierce advocates, and thoughtful caregivers.

Norma Lubeck, DO, is an anesthesiologist with experiences in trauma, OB/GYN, and general anesthesia. She received her DO degree at the College of Osteopathic Medicine of the Pacific, Pomona, California in 1996. As a Colonel in the Army Reserves Medical Corps, she

deployed to Bosnia-Herzegovina and to Iraq for Operation Enduring Freedom. Prior to medical school and residency, Lubeck was a CRNA and an Army Reservist in the Nurse Corps and deployed to the Middle East during Desert Shield/Storm. She received her BSN (1981) and MSN (1985) at California State University, Long Beach. She was an Adjunct Professor at the CSULB-affiliated Kaiser Permanente School of Nurse Anesthesia. Prior to teaching, she provided anesthesia care to patients at a large Los Angeles County hospital serving low-income and underinsured populations. As a clinical provider, Lubeck has experienced the complex and compounded problems associated with anesthesia care. Ethical dilemmas reach beyond direct patient and loved ones' needs to involve the bedside nurse, attending physician, hospital administrator, and risk management office. She retired from anesthesia practice in 2022.

Maren Nelson, DNP, FNP-C, is an Assistant Professor and the Chair of the FNP track at the University of Portland. She is passionate about family practice, primary care, and the role of lifestyle medicine in the prevention and management of chronic illness. Nursing is a second career for her. She earned her BSN in 2009 and her DNP in 2015, both from the University of Portland.

Joanne Olsen, PhD, RN, CPHQ, CPSO, held her most recent position in health system board governance. She has also held positions in hospital administration, research, academic leadership, and academic teaching. Her governance responsibilities included overseeing the big picture in meeting the health system mission and long-term strategy. The health system served a region of over 80,000 square miles. In Olsen's healthcare operations roles, she has coordinated the delivery of healthcare services, balancing the coaction of quality, safety, legal, political, ethical, and financial complexities in healthcare delivery practice and approaches. Olsen has held healthcare leadership positions in academic, community, and critical access hospitals. In academia, she taught undergraduate and graduate courses that explored ethical behavior standards, ethics, and decision-making using examples from contemporary practices in the healthcare industry.