

In the Know with Kaplan

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Assessment

Opportunity:

Provide awareness of Kaplan resources to BRCN students

Driving Forces:

- Support from stakeholders
- Kaplan Predictor preparedness
- NCLEX readiness

Restraining Forces:

- Stakeholder resistance
- Student engagement
- Time management

Literature Review

- Practicing NCLEX questions contributed to NCLEX success¹
- Dissecting test questions, evaluating answers, and selecting the safest response are strong testing skills²
- Variables impacting NCLEX success: nursing knowledge, testing skills, and external variables²
- Use of decision trees promotes application of knowledge²
- Mandatory question practice should start at the beginning of the nursing program¹
- Offering effective resources enhances graduate success on NCLEX³

Planning

Short Term Goal:

Implement Kaplan 'Lunch and Learn' on 4/27 for junior students prior to taking Predictor exam

Long Term Goal:

- Maximize use of Kaplan resources
- Increase student confidence during standardized tests

Plan of Evaluation:

Evaluate Kaplan 'Lunch and Learn' via student survey

Implementation

Implementation Steps:

- Recognized opportunity and reviewed supporting literature
- Collaborated with faculty to discuss opportunity and literature review
- Administered surveys to BRCN students and analyzed results
- Collaborated with Curriculum chairs and Academic Dean
- Organized a Kaplan 'Lunch and Learn' for junior students
- Received approval from Academic Dean to present Kaplan resources during faculty development

Strategies for Handling Resistance:

- Ensure open and positive communication
- Provide stakeholders with research, evidence, and education
- Incorporate suggestions from stakeholders into project changes

Evaluation

Evaluation of Change:

- Decrease number of students enrolled in remediation course
- Students verbalize a decrease in anxiety in NCLEX preparation

Strategy to Hardwire the Change:

- Implement Kaplan 'Lunch and Learn' for junior students each semester prior to Kaplan Predictor exam
- Utilize Kaplan resources in all BRCN courses
- Increase passing rate on future Kaplan Predictor exams
- Maintain NCLEX success rate

References

- 1. Blozen, B.B. (n.d.). The road to NCLEX-RN success. *Journal of the New York State Nurses Association*, *45*(2), 5-12.
- Thomas, M.H., & Baker, S.S. (2011). NCLEX-RN success: Evidenced-based strategies. *Nurse Educator*, 36(6), 246-249. doi:10.1097/nne.0b013e3182333f70
- 3. Wilson-Anderson, K. (2020). A teaching model to promote NCLEX-RN success. *Nursing Education Perspectives, 43*(2), 132-133. doi:10.1097/01.nep.0000000000000082

Figure List Figure 1. NCLEX [Photograph]. (Patel, 2022).

Summary

What We Learned:

- Change is often hard to organize and implement
- Many BRCN students are unaware of the resources Kaplan has to offer
- Remain open to feedback from both stakeholders and students

What We Would do Differently:

- Time management
- Focus on one aspect of change

Acknowledgements

Jan Akright, PhD, RN, Academic Dean, BRCN
Marianne Schmitt, MS, RN, Assistant Professor, BRCN
Brandi Venvertloh, PhD, RN, CNE, Associate Professor, Pre-Licensure BSN
Coordinator, BRCN
Kimi Yuchs, DNP, RN, NE-BC, Associate Professor, BRCN
Deb Walton, PhD, RN, CNE, Associate Professor, BRCN

