



Student-Led Interprofessional Education and Wellness Fair: Preparing for Practice

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Objectives

- Describe the process of planning a student-led interprofessional wellness fair.

Overview



TRAINING
WITH
TEAMSTEPS
®



DISCIPLINES
AND
WELLNESS
COMMITTEE



PROCESS OF
PLANNING
FOR THE
WELLNESS
FAIR



INVITATIONS
FOR
WELLNESS
FAIR



WELLNESS
FAIR



RESULTS



REFLECTION



Training with TeamSTEPPS®

Team Structure

Communication

Leadership

Situation Monitoring

Mutual Support



Disciplines and Wellness Committee

Nutrition

Nursing

Occupational
Therapy

Kinesiology

Counseling Services

College of Nursing
and Health
Professions Wellness
Committee

Respiratory Therapy



Process of Planning for the Wellness Fair

- Application for the Faculty Development Award - February 2019
- Awarded Faculty Development Award - May 2019
- Meetings between faculty, staff, students and wellness committee starting in August 2019 leading up to January 2020
 - Development of invitations
 - Handouts, materials, and supplies
 - Door prizes
- TeamSTEPPS[®] Training - January 2020



Faculty, Staff, and Students are invited to the **Spring Wellness Fair** on Thursday, February 6

- 10 a.m. to 2:00 p.m.
- HP 3122/3123

Calling on participants for a research opportunity, register at the Spring Wellness Fair. Blood cholesterol and blood glucose for those participating in the study.

*This program is provided by funding from the College of Nursing and Health Professions Faculty Development Award and the Interprofessional Team of Faculty and Students. The Interprofessional Team will be conducting a research study, your participation is completely voluntary.



Wellness Fair - Stations

- Enrollment in the research study
- Healthy plate and body composition (body mass index, lean and fat mass ratios)
- Screening for blood pressure, cholesterol, and blood glucose
- Education on heart disease, diabetes, and sleep
- Stress management, and healthy balance
- Hand grip strength, and proper use of weights
- Counseling services
- Spirometry



Results

68 participants of faculty, staff, and students

25% faculty and staff

75% students

59 providers working the stations

17 faculty, staff, and students recruited for the
spring wellness program





Reflection



Questions and Contact Information

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