



# Workplace Violence During COVID-19

A Transaction Process for Nurse Retention

Amy Charlton and Ashley Wheeler

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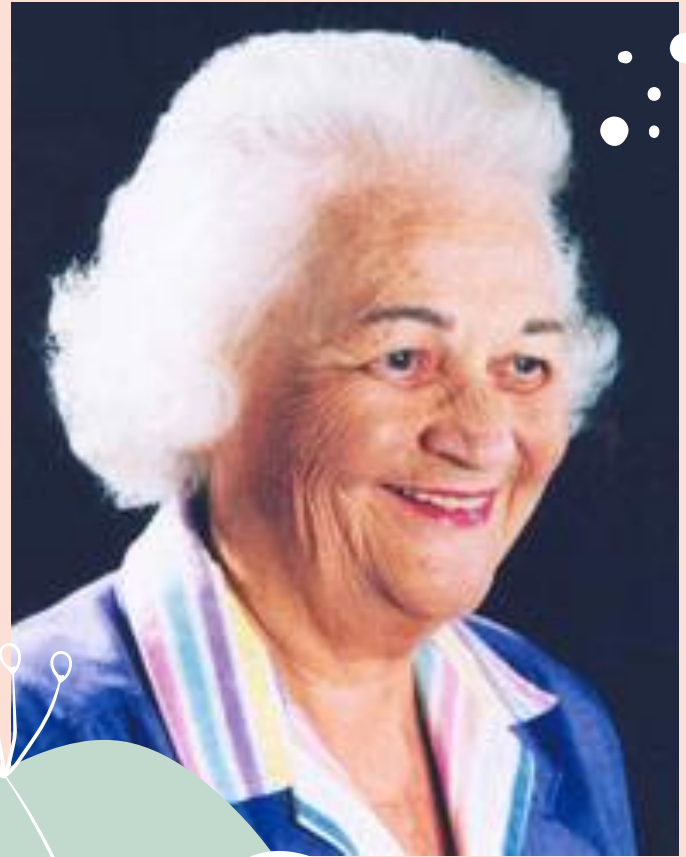
Contemporary Applications of Imogene King's work and Related Theories




# Dr. Imogene King:

## Key Topics Covered

1. King's transaction process as collaborative framework for workplace violence [WPV] justice.
2. Awareness of WPV for nurses during COVID-19 and foreseeable future, and the impact of WPV on nursing retention.



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# LEARNING OUTCOMES: at the conclusion you will be able to -



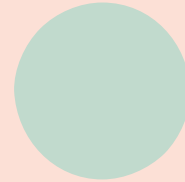
## Compose

two priority goals for nurse protection from workplace violence [WPV] in the healthcare setting.



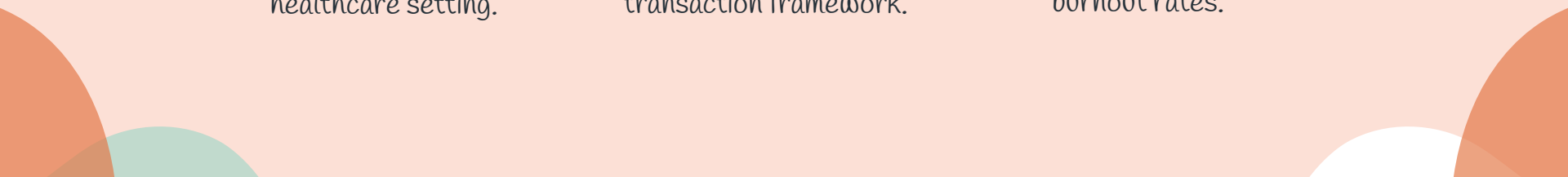
## Compare

two mutual goals to reduce WPV in the health care setting, using King's transaction framework.



## Rank

in priority of risk for precursor events that lead to high nurse turnover and burnout rates.



# Vision

King's transaction process provides a framework for stakeholders including nurses, employers, and patients to set mutual goals that influence their individual and collective quality of life (2007).

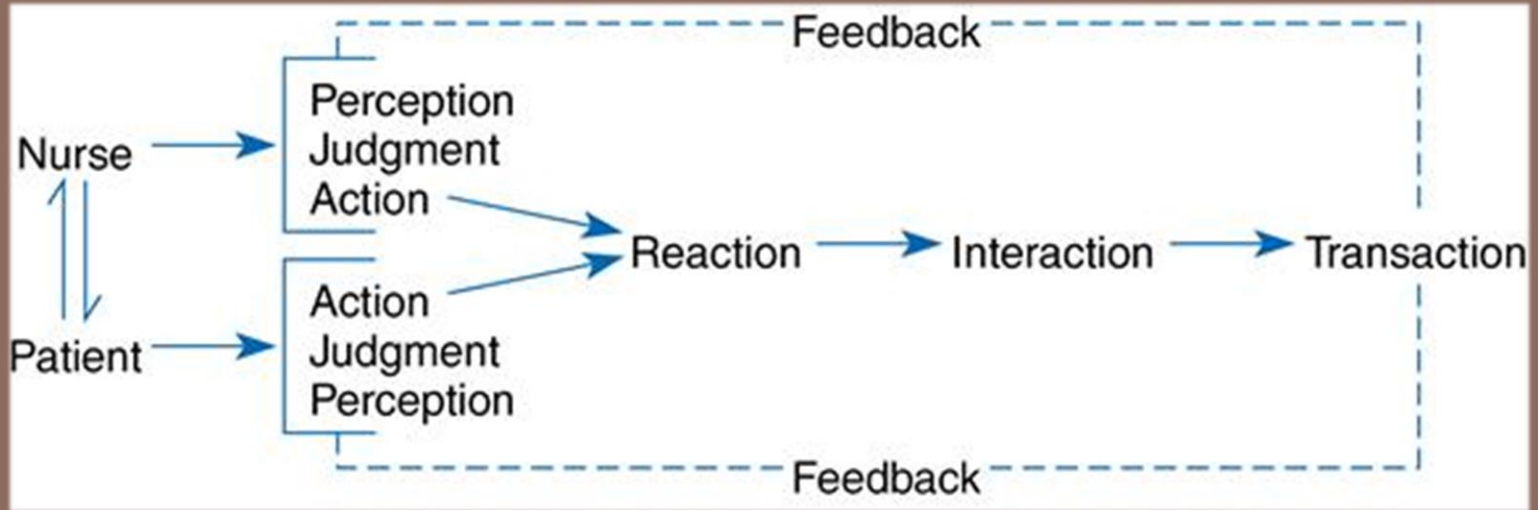


# King's transaction process

- Nurses' work with and for people sets them apart from other health professionals.
- Emphasis of nursing is on human beings interacting with their environment, resulting in an individual's state of health.
- Nursing helps individuals stay healthy so they can do their work effectively.
- Perceptions of the nurse and patient impact the interpersonal process.
- Transaction process is influenced King's views on the environment, health, nursing, people, and nurse-patient interactions.

Interpreted from King, I. M. (1981). Interpersonal systems. In *A theory for nursing systems, concepts, process* (pp. 59–112). Wiley.

# A process of human interactions that lead to transactions: A model of transaction.



Interpreted from King, I. M. (1981). A process of human interactions that lead to transactions: A model of transaction. *Interpersonal systems*. In *A theory for nursing systems, concepts, process* (pp. 59–112). Wiley.

# Workplace Violence in Health Care

- The National Crime Victimization Survey estimates the rate of workplace violence in health care is 20% greater than any other field (OSHA, 2016).
- One study showed 88% of health care workers experienced a workplace violence event but had not reported it (Arnetz et al, 2015).
- Reasons for not reporting:
  - Weak or non-existent policies
  - Inadequate training
  - Lack of clearly defined rules of conduct
  - Management failure to take action (Dressner & Kissinger, 2018)

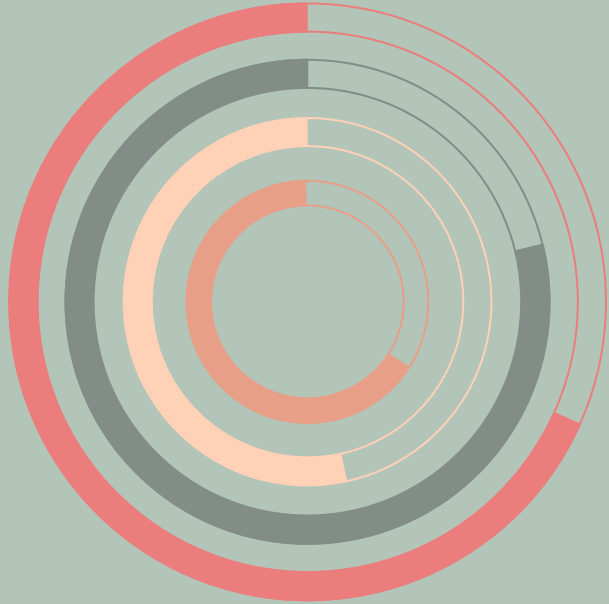
# Workplace Violence Impacts

For health care workers, workplace violence + continual threat of violence presents:

- Physical health and safety concern
- Source of workplace distress (Healthy Work Campaign, 2019).



# Statistics



**20,000,000**  
**Health care workers nationwide** (Bureau of Labor Statistics, 2019).



**100K**

**Cost per incident direct and indirect to the facility** (Dressner & Kissinger, 2018).



**20%**

**Workplace Violence higher than in any other industry** (Bureau of Labor Statistics, 2019).

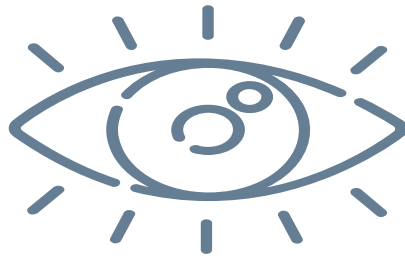


**69%**

**Increase in workplace violence incidents** **From 2008-2017** (Dressner & Kissinger, 2018).

# Current Policy

No current nationwide policy exists requiring facilities to protect health care workers from violence at work (ANA, 2021).



# PURPOSE:

## Protection to help with nurse retention

01

### Failures

- The COVID-19 pandemic has emphasized the United States' healthcare system's shortcomings (Lasater et al., 2021).
- Chronic nurse understaffing has persisted for decades in a sizable proportion of US hospitals, posing significant risk to patients (Lasater et al., 2021).

02

### Impact

- Hospital nurses were burnt-out and understaffed before the first COVID-19 cases (Lasater et al., 2021).
- Patient-to-nurse ratios vary widely between hospitals, and greater ratios harm patients (Khera et al., 2021; Lasater et al., 2021)

# KING'S TRANSACTION PROCESS

- Awareness of WPV focusing on prevention, protection, and recovery are mutual goals for all stakeholders (Busch et al., 2021; Fewster-Thuente & Velsor-Friedrich, 2008; King, 2007).
- Research demonstrates patient-centered healthcare that prioritizes nurse protection from WPV, improves nurse retention outcomes (Boyle & Steinheiser, 2021; DeClerck, 2017; Rodrigues et al., 2021; Wright, 2020).

# KING'S TRANSACTION PROCESS (continued)

- A WPV prevention toolkit with evidence-based practice guidelines, can serve as universal precautions for mutual goal setting (Allen et al., 2019; OSHA, 2016).
- Justice-focused goal setting gives all stakeholders an opportunity to take actionable steps to mitigate WPV in the critical time of COVID-19 (Boyle & Steinheiser, 2021).

# KING'S TRANSACTION PROCESS: WPV Reduction to help retain nurses

- Nurses, employers, and patients to set mutual goals that influence their individual and collective quality of life (King, 2007).
- King's transaction process reflects respect and justice for all individuals (2007).
- During the COVID-19 pandemic, justice for WPV is lacking (Boyle & Steinheiser, 2021).
- King's transaction process empowers individuals and groups to identify WPV reduction objectives for improved outcomes using evidence-based practice (2007).

# WPV Reduction Overview

## WPV Reduction proposals

Evidence-based plans from OSHA guidelines:

- Facilities can enact unit-specific WPV programs.
- Includes direct care workers' expertise and direction.
- Put in place specific staff procedures for quick incident response.
- Hands-on training for facilities

From Healthy Work Campaign, 2019

# Recap



## Urgent Need

WPV is a costly epidemic exacerbated during the COVID-19 pandemic and nurses have the right to expect safe workplaces (Busch et al., 2021).



## Urgent Need

OSHA guidelines for WPV prevention do not reduce incidence without the opportunity for nurses and employers to engage in robust discussion on advocacy efforts. (ANA, 2019).

## × Timing

King demonstrates respectful, just, and mutual collaborative efforts are the foundation for the transition for nurses toward a culture of safe workplaces (2007).

## × Timing

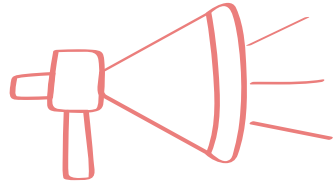
This collaborative process for WPV reduction builds on small sustainable gains across care delivery settings and can improve safety, implementation, and overall quality of care (Busch et al., 2021).



# Call to Action

**Facilities nationwide will uphold prevention programs protecting all health care workers from workplace violence.**

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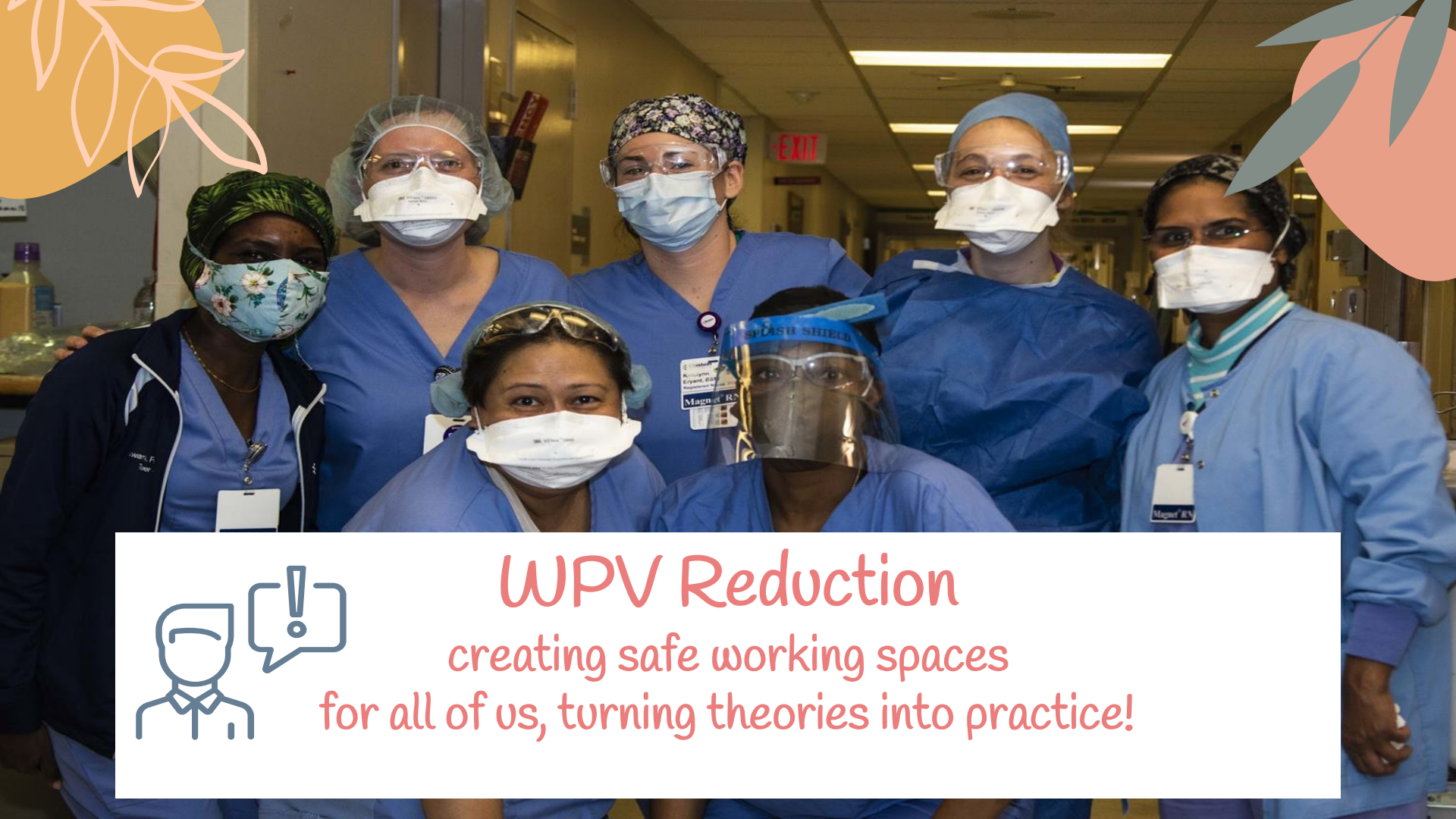
## Share your story:

Please include a personal story about any attack, injury, or the aftermath caused by violence in your department during COVID-19 in an email to your legislator.



## Spread the word:

Health care workers are more likely than prison guards or police officers to be subjected to violence. During the COVID-19 pandemic, the health care setting became even more hazardous and intense (ANA, 2021).



## WPV Reduction

creating safe working spaces  
for all of us, turning theories into practice!

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# Thank YOU!

Do you have any questions?  
We do too, and we want to hear from YOU!

**Reach out:**

**Ashley Wheeler email: [ashley.wheeler@belmont.edu](mailto:ashley.wheeler@belmont.edu)**

**Amy Charlton email: [amy.charlton@belmont.edu](mailto:amy.charlton@belmont.edu)**