Nathanial Schreiner, PhD, MBA, RN – Sigma Grant Report, 2020 – The Impact of Emotional Regulation on Treatment Burden in the Primary Care Population

Table 1: Sample Demographic Characteristics

Variable	Frequency	Percent	
Sex:			
 Male 	62	41.3%	
 Female 	88	58.7%	
Ethnicity:			
White American	22	14.7%	
African American	124	82.7%	
 Native American and Alaska Native 	2	1.3%	
Asian American	1	0.7%	
 Native Hawaiian and Other Pacific 	1	0.7%	
Islander			
Education:			
• Grades 1-11	32	21.3%	
High School	46	30.7%	
Some College	56	37.3%	
College Graduate	14	9.3%	
 Post-College 	2	1.3%	
Monthly Income:			
• \$5000 or less a year	53	35.3%	
• \$5001 to \$10,000 a year	28	18.7%	
• \$10,001 to \$25,000 a year	33	22.0%	
• \$25,001 to \$50,000 a year	25	16.7%	
• \$50,001 to \$100,000 a year	10	6.7%	
• \$100,001 or more a year	1	0.7%	
Employment Status			
• Full-time	25	16.7%	
Part-time	15	10.0%	
Unemployed	48	32.0%	
Retired	62	41.3%	
Variable	Range	Mean	Standard Deviation
Age	25-86	58.06	11.89
Number of Children Living in Home	0-5	0.64	1.09
Number of Chronic Conditions	1-10	3.06	1.91