Introduction・Purpose

Reality Monitoring (Fig.1)
- Reality monitoring (RM) is a function to determine own experiential memory [1].
- Errors in distinguishing is Reality-Monitoring Errors (RMEs).

Schizophrenic Patient’s RM
- More prone to errors than healthy individuals [2].
- Positive symptoms affect RMEs in schizophrenic patients.

Problems
- It is likely that RMEs in schizophrenic patients affect how they understand themselves (Meta Cognition).

Purpose
- To develop and to verify its effectiveness a nursing support program to improve for RMEs in schizophrenic patients.

Method

Survey Target
- Hospitalized schizophrenic patient.

Reality Monitoring Improvement Program
- It created a program of four sessions for each patient.
- The program is based on the experiential memory of patient’s own illness [3][4].

Intervention Survey (Fig.2)

Results

Back Ground (Table 1)
- 4 patients (2 males, 2 females)

<table>
<thead>
<tr>
<th></th>
<th>M</th>
<th>SD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>47.8</td>
<td>6.7</td>
</tr>
<tr>
<td>Hospitalization at started</td>
<td>20.8</td>
<td>4.0</td>
</tr>
<tr>
<td>Number of hospitalizations</td>
<td>3.3</td>
<td>3.9</td>
</tr>
<tr>
<td>Antipsychotic dose (mg) (CP equivalent)</td>
<td>500.0</td>
<td>565.7</td>
</tr>
</tbody>
</table>

Effectiveness of the program (Fig.3)
- The second session showed a change in the way we perceive experiential memories.

21codes
10subcategories
3categories
“Understanding reality monitoring errors”
“Changes in perception of one’s own condition”
“Changes in perception of one’s experience of being admitted to the hospital”

Conclusion
- Examined a nursing support program to improve RMEs in schizophrenic patients.
- Created a program consisting of four individual sessions.
- It was shown that there was some change in the way patients perceive their illness by the program.

Reference