Falls in Acute Care Settings

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**FRAMEWORK**

- **Framework for Spread Model**
  - Developed by the Institute for Health Improvement (IHI) in 1999
  - Based on 7 components:
    - Leadership
    - Setup
    - Better Ideas
    - Communication
    - Social System
    - Knowledge Management
    - Measurement & Feedback

**PURPOSE**

Combine the current fall bundle with the Fall TIPS program to decrease the incidence of falls in the medical-surgical unit of an academic hospital.

**METHODOLOGY**

- The Fall TIPS program developed by Dr. Patricia Dykes was implemented on a 24-bed private room orthopedic unit
- Plan is evidence-based & includes:
  - Standard definitions
  - Universal fall precautions
  - 3-Step Fall Prevention Process
- Staff were educated on the program via email and verbally
- Champions for the program were identified and educated on the use of the audit tool
- Laminated signs were placed in every patient room

**DISCUSSION**

**3-Step Fall Prevention Plan**

- **Jane Doe**
  - Avoid Slips, Tips and Broken Hip!
  - **Fall Prevention Information**
    - **Wear Slippers**
    - **Walk With Care**
    - **Use Bedside Alarm**

**RECOMMENDATIONS**

- Remind staff verbally and electronically to educate patients on Fall TIPS program
- Increase staff diligence to be active participants in the fall prevention program
- Champions complete audits at least 5/month and record in REDCap

**IMPLICATIONS FOR PRACTICE**

- Evidence-based fall prevention plan
- Incorporate and reinforce a culture of safety
- Discuss with staff importance of program implementation
- Decreased fall rates will have positive effect on Magnet status and reimbursement for the facility

**CONTACT INFORMATION**

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References Available Upon Request