

Attitude of Inclusion of Families in Care and Professional Category of Nurses

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Abstract

Introduction: The participation of the family in nursing care is influenced by the behaviors and attitudes of Nurses about the importance of including families in nursing care. Being the attitudes, organized expressions of feelings, beliefs and values, they reveal the tendency of the person to behave in a certain way. The inventory of nurses' attitudes and the study of their relationship with the professional category, will facilitate the recognition of areas susceptible to intervention in the training for anticipatory care that generates health gains.

Objectives: To know the attitudes of nurses regarding the importance they attribute to the integration of families in nursing care; to evaluate the relationship between nurses' attitudes regarding the importance they attach to the integration of families in care and the professional category.

Methodology: This is a cross-sectional and descriptive-correlational study of a quantitative nature. A sample of 317 nurses from a Hospital in the central region of Portugal was constituted by means of the intentional and accidental non-probabilistic selection method. Data collection took place during the first months of the year 2019 and we used a questionnaire built on questions socio-demographic and professional and the scale "The importance of Families in Nursing Care-Attitudes of Nurses ".

Results: The results indicate that nurses have mostly positive attitudes regarding the importance of family integration in nursing care, with the average value of the total of the scale being 79.2 points, of the dimensions Family as a dialoguing partner and Family as a coping resource, of 36, 52 points, from the Family dimension as a resource in nursing care, 31.54 points, and in the Family dimension as a burden, 11.14 points. One factor that influences the importance that nurses attach to the integration of families in care is the professional category, with specialist / head nurses being those who reveal more integrative attitudes of families in care ($p < 0.05$).

Conclusion: It was found that the nurses' attitudes are, for the most part, support / inclusion of families in care, this attitude being positively related to the "professional category". The study reinforces the direct relationship between training and quality of care, with the specialist / head nurses being the ones with the most caring attitudes.

Key words: Nurses; Nursing care; Attitudes; Family; Professional category.

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