NURSES DRAWDOWN
A New Nursing Community for Climate Solutions

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**Note:** Today’s presentation is being recorded and will be provided within 48 hours.
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- Please continue to submit your text questions and comments using the Questions panel

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Learning Objectives

1. Describe the Nurses Drawdown five areas of action and their impacts on health.

2. Discuss case studies of nurses using Nurses Drawdown in their own practice.

3. Identify how nurses can share their climate activities with the Nurses Drawdown community.
The Executive Summary of the 2019 *Lancet Countdown* report warns:

“The life of every child born today will be profoundly affected by climate change, with populations around the world increasingly facing extremes of weather, food and water insecurity, changing patterns of infectious disease, and a less certain future. Without accelerated intervention, this new era will come to define the health of people at every stage of their lives.”
Planetary Vital Signs

Human caused ecosystem transformations
- Water scarcity
- Changing food systems
- Urbanization
- Biodiversity
- Natural disasters
- Climate change
- Changing land use and land cover
- Global pollution
- Changing biogeochemical flows

Health impacts of ecosystem transformation
- Non-communicable diseases
- Infectious diseases and pandemics
- Mental health
- Nutrition
- Civil strife and displacement
A SYMPTOM OF MULTI-SYSTEM FAILURE
Nurses Call the World to Action
The time is now!!
HOW DO WE GET OUT OF THIS MESS?
DRAWDOWN 2020

THE WORLD’S LEADING RESOURCE FOR CLIMATE SOLUTIONS
Within each of these sectors are solutions to climate change with actions that can be taken today.
WHY NURSES?
Why Nursing?
Nurses are invited to take action in five key areas:

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<th>Area</th>
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FOOD

- Plant-based diet
- Use of clean cookstoves
- Reduced food waste
Food Actions

- Practice and inspire the use of plant-forward food sources in everyday lives and communities
- Reduce food waste at home, community, and/or workplace
- Advocate for development of cleaner cooking technologies
MOBILITY

- Bike infrastructure
- Walkable cities
- Mass transit
Mobility Actions

- Walk, bike, and take public transit when able
- Support active and mass transit to and from the workplace
- Advocate for infrastructure to support active and public transit
GENDER EQUITY AND EDUCATION

- Educating girls
- Family planning
Gender Equity Actions

- Provide menstrual products to women and girls around the world
- Promote access to contraceptives and family planning education
- Involve men in family planning
ENERGY:

- Increase the efficiency of buildings
- Transition to clean energy sources
Energy Actions

- Use clean, renewable energy such as wind and solar in your home
- Reduce energy use and promote energy efficiency
- Advocate for cleaner energy and divestment from fossil fuels
NATURE BASED SOLUTIONS

- Planting trees
- Protecting tropical forests
- Forest protection
Nature Actions

- Plant trees in your yard or neighborhood
- Limit use of paper products and recycle paper
- Educate on the connection between healthy forests and human health
Join Nurses Drawdown!

- Commit to take action: nursesdrawdown.org
- Follow Nurses Drawdown on:
  - Twitter: @nurses_drawdown
  - Facebook @thenursesdrawdown
  - Instagram: @nursesdrawdown
- Post your videos and pictures using #NursesDrawdown
Thank you to the Nurses Drawdown Planning Committee & Nursing Organizational Partners!
Q & A

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Thank you for attending!

- We will send you an email in the next 48 hours that will include a link to the webinar recording and the process for completing the evaluation to obtain your CNE certificate.
- Questions? Email us at: education@sigmanursing.org
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