REDUCING RISK OF OPIOID OVERDOSE THROUGH IMPLEMENTATION OF A RE-ENTRY PROGRAM FOR FEMALE INMATES PRIOR TO RELEASE

Class 1: Self and Group Concepts

Healthy Outcomes Post Release Education (HOPE) Program designed as a sustainable pre-release program

Class 2: Physiology and Physical Concepts

- Objectives: Demonstrate a basic knowledge of SUD, mental health, and options for treatment
- 2-3 personal stories for HOPE release
- Establish a clear sense of purpose

Class 3: Interdependence Concepts

Identify various roles within society upon release

Class 4: Rule Function Concepts

- Identify methods of safe sex and pregnancy prevention
- Decisions about lifestyle and personal health

Methodology

HOPE Program Design/Plan

- Healthy Outcomes Post Release Education (HOPE) Program developed as a sustainable pre-release program
- HOPE mentor training session conducted prior to the start of the program
- Program Coordinator: Voluntary CCJ Chaplain
- HOPE package upon release to include a variety of resources, including opioid reversal kit (naloxone)

Impact

- How nursing care is delivered
- Impact on outcome evaluation
- Evaluation of the program

Participants

Setting: Coffee County Jail, Manchester, TN

Procedure: Female inmates’ voluntary participation in the HOPE program

Pre-Implementation Survey (IRB: Exempt)

- Description of sample
- Purpose of survey
- Participants: 12 female inmates

Qualitative Themes and Exemplary Quotes from survey

Cohort One

- Did you know
- How many of you have ever use
- My mom my house
- I don’t like my house
- My mom
- Only one
- Condoms, pills, depo provera, female
- Communication skills, Life Choices

RESULTS (continued)

Post Implementation Survey: CCJ Administrators, leaders, staff

- Provided opportunity for starting other supportive reentry type programs in this setting
- Successful collaboration with various local content experts and utilization of appropriate resources supported EBPs and CCJ

Recommendations for future

- Program Coordinator is essential for sustainability
- Implement in other rural correctional facilities
- Secure funding to promote sustainability for ongoing programs

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Results (continued)

Post Implementation Survey: Instructors

- 100% of instructors agreed that the HOPE Program met their objectives, should be continued, and will support the program in the future

Exemplary Quote: “The HOPE program was providing critical education information and resources to a population that otherwise would not have access to, or seek it. The information was not only well presented, but also seemed to be well received. The participants of the program were engaged throughout the class, and had meaningful discussion on the topic covered. With the tools that were given, these women have a chance to not only survive after release, but to thrive and achieve recovery and live a productive life free from addiction.”

Practical Implications/Discussion

- Course training and HOPE package provided female inmates with tools and resources necessary to support successful transition upon release and reduce the risk of opioid overdose death
- Provided opportunity for starting other supportive reentry type programs in this setting
- Successful collaboration with various local content experts and utilization of appropriate resources supported EBPs and CCJ

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