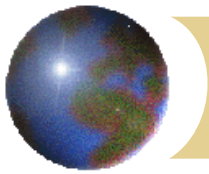


*Global Perspectives on the Ministry of Parish  
Nursing Practice: Frequently Used  
Interventions by Parish Nurses in the United  
States, Swaziland, Africa, and the United  
Kingdom.*

**Phyllis Ann Solari-Twadell RN, PhD, MPA,FAAN**  
**Associate Professor**  
**Director of the Accelerated Nursing Program**  
**Loyola University Chicago**  
**Marcella Niehoff School of Nursing**

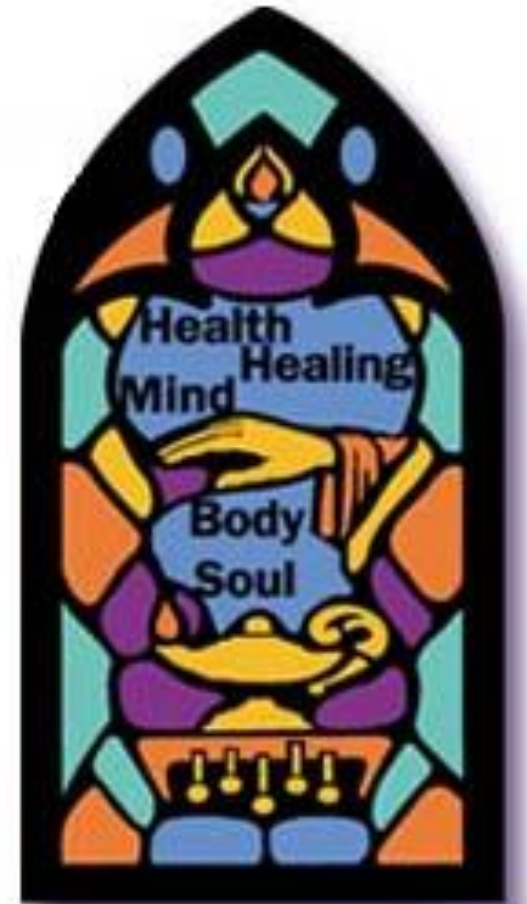
**Cynthia Gustafson RN, PhD**  
**Executive Director**  
**Montana Board of Nursing**

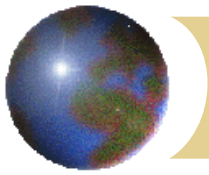
**Rev. Helen Wordsworth, RN, RM, RHV(tutor), M.Th.**  
**Coordinator Parish Nurse Ministry**  
**United Kingdom**



- ✦ Congregational based, health promotion, disease prevention nursing role based on care of the whole person with an emphasis on spiritual care. More recently also described as “Faith Community Nursing”.
  
- ✦ Parish nurses provide care that supports:
  - \* physical functioning
  - \* psychological functioning-facilitating lifestyle change with particular emphasis on coping assistance and spiritual care
  - \* protection against harm
  - \* wellbeing of the family unit
  - \* effective use of the health care system
  - \* the health of the congregation and community.

## *Parish Nursing*

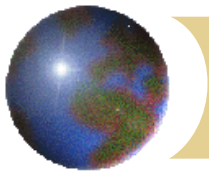




## *Background*



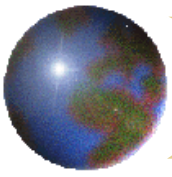
- ❖ Parish nursing began in 1984. Since its inception there has been little research directed to identify the interventions that are used most frequently by parish nurses.
- ❖ Through use of the Nursing Intervention Use Survey 3<sup>rd</sup> Edition parish nurses were able to select from 486 interventions those that were used most frequently.



## *Original Study*

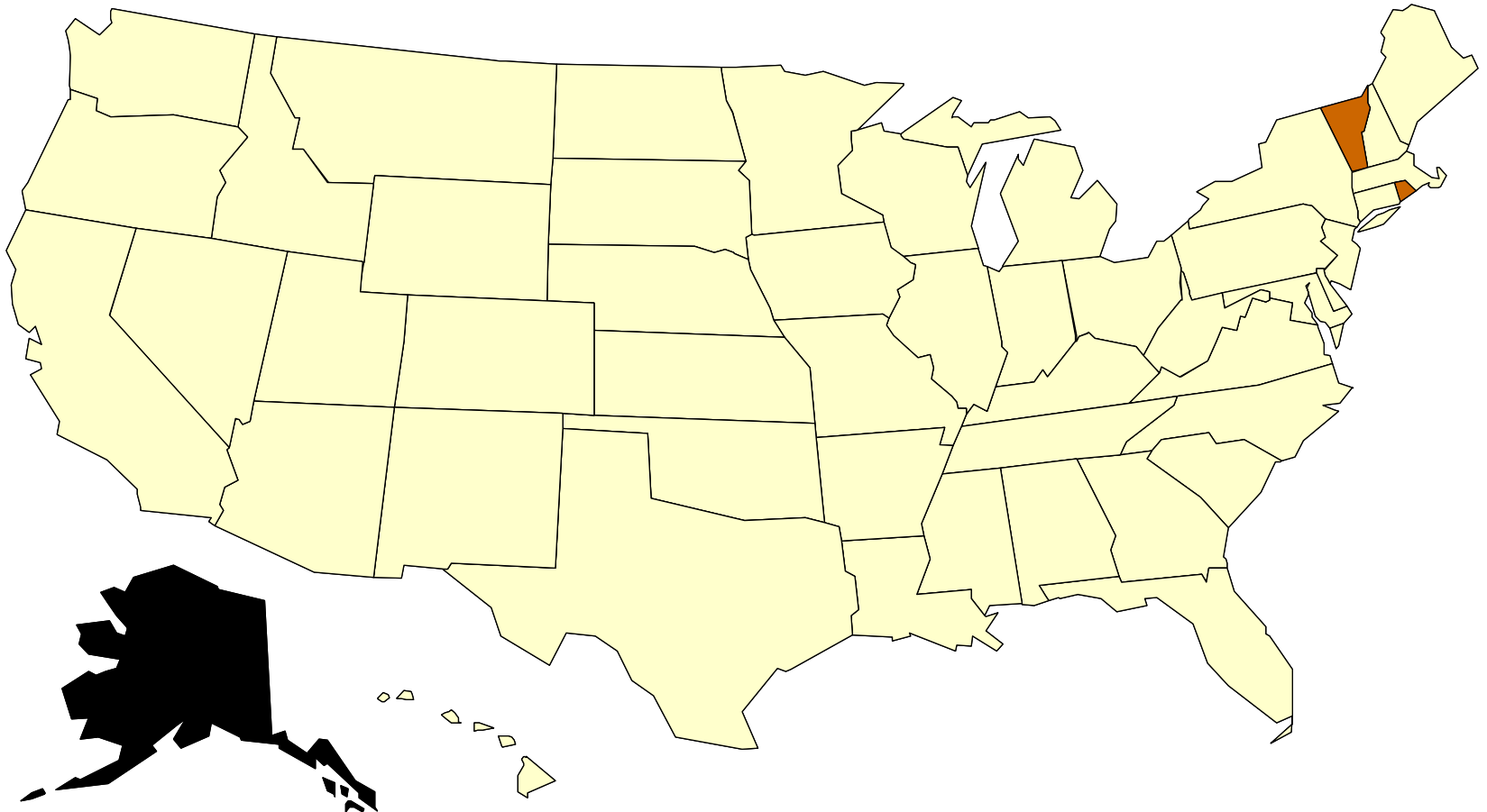


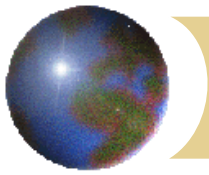
- ❖ Purpose - Identify those nursing interventions that parish nurses use most frequently.
- ❖ Subjects - 2330 parish nurses that completed the Basic Parish Nurse Preparation Course offered by the International Parish Nurse Resource Center.
- ❖ Method - Descriptive cross sectional study using a mailed survey to report the use of the nursing interventions listed in the Nursing Intervention Classification System.



# Respondents Original Study

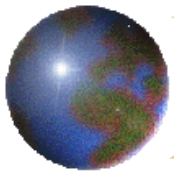
📍 N=1161 Respondents from all but 3 states





## *Results Original Study*

- ❖ 1161 useable surveys returned (54%)
- ❖ Respondents
  - 95% white, 3% black, 1% Hispanic
  - 98% female
  - Average age 55
  - 83% married, 6% divorced, 6% widowed, 5% single

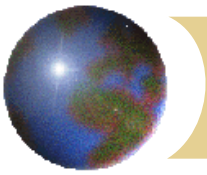


# *The Kingdom of Swaziland*

## *Southern Africa*

- ✦ Highest rate of HIV/AIDS infection rate in the world- over 40%
- ✦ Population of the country: one million people



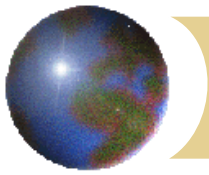


# *Swaziland Parish Nurse Program*

- ✦ 30 parish nurses working in 18 parishes throughout the country started in 2001.
- ✦ Coordinator:
- ✦ Dr. Thandiwe Dlamini
- ✦ Parish nurses work in primary prevention with a focus on HIV/AIDS.
- ✦ Travel miles on foot carrying food in their pockets for their patients



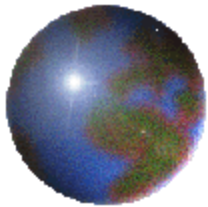




## *Data Collection*

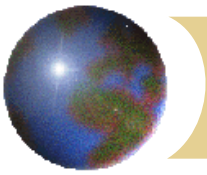
- ✦ *Swaziland* -Nursing students under direction of nursing faculty from Carroll College worked one on one with each parish nurse to complete the survey.
- ✦ *Great Britain* – Coordinator of the parish nurse program administered the survey tool.
- ✦ The small number of parish nurses participating from Swaziland and Great Britain did not yield definitive results as in the U.S. study.
- ✦ Following the analysis of the survey data, a focus group format was used with the Swaziland parish nurses and parish nurses in Great Britain to confirm and verify the most frequently used nursing interventions.

## *Description of Swaziland Parish Nurses*

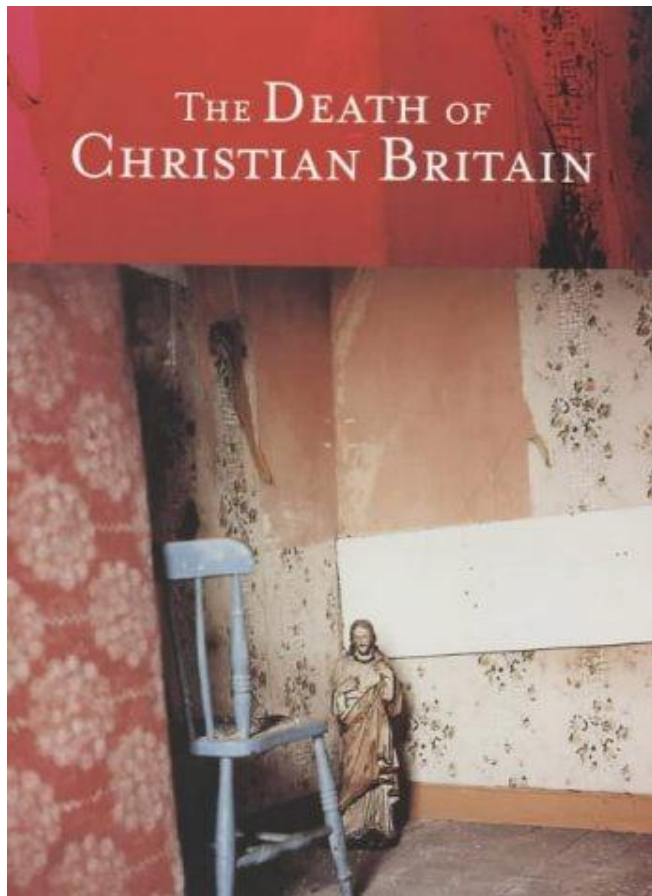


- n = 20 participants (67%)
- 2 male participants under age 30
- 13 participants over 60 years
- All had English as a 2<sup>nd</sup> language after Siswati
- All participants are non-paid parish nurses
- All completed a parish nurse preparation course





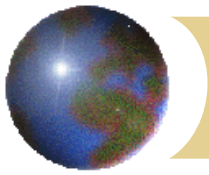
# *United Kingdom*



• *“Britain is showing the world how religion as we have known it can die...”* [Callum Brown, 2001]

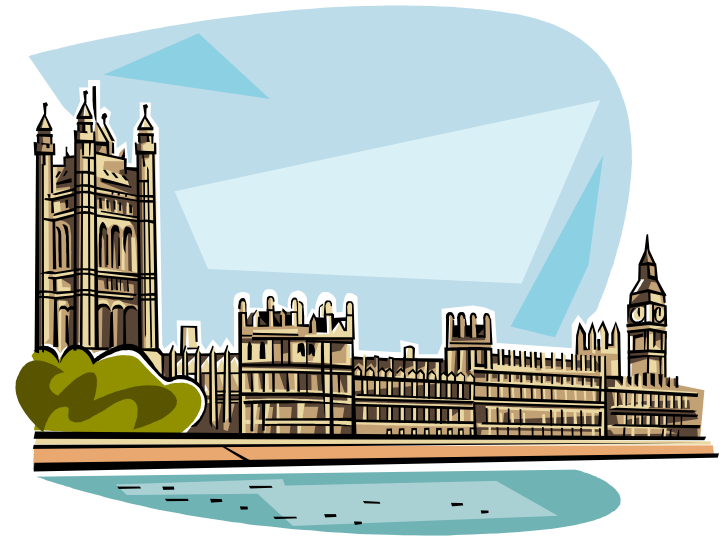
• *If present trends continue, the Methodist church will finally disappear in about 2031 and the Anglican Church will be reduced to a trivial voluntary association with a large portfolio of heritage property...”*

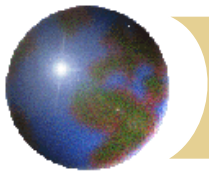
[Steve Bruce, 2002]



# *Description of Parish nurses from United Kingdom*

- ⊕ N= 12 participants 48%
- ⊕ All Female
- ⊕ All British English
- ⊕ All unpaid
- ⊕ All had participated in a parish nurse preparation course





## *Comparison : Top 10 Ranked Daily Interventions*

### *US:*

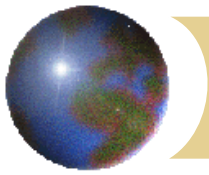
- ✓ Active listening
- ✓ Presence
- ✓ Touch
- ✓ Spiritual support
- ✓ Health education
- ✓ Spiritual growth
- ✓ facilitation
- ✓ Documentation
- ✓ Humor
- ✓ Hope Installation
- ✓ Learning Facilitation

### *Swaziland:*

- ⊕ Pain management
- ⊕ Self-care assistance: ADLS
- ⊕ Health education
- ⊕ Bed rest care
- ⊕ Bathing
- ⊕ Nutrition counseling
- ⊕ Nutrition monitoring
- ⊕ Self-care assistance: hygiene
- ⊕ Self-care assistance: grooming
- ⊕ Self-care assistance: feeding

### *Great Britain:*

- ❖ Exercise Therapy: Ambulation
- ❖ Active Listening
- ❖ Documentation
- ❖ Communication Enhancement: Hearing Deficit
- ❖ Presence
- ❖ Touch
- ❖ Health Education
- ❖ Teaching: Disease Process
- ❖ Exercise Promotion
- ❖ Exercise therapy Balance



# *Comparison: Top Ten Weekly Interventions*

## *US:*

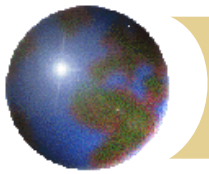
- ✓ Emotional Support
- ✓ Spiritual Support
- ✓ Presence
- ✓ Spiritual Growth Facilitation
- ✓ Health Education
- ✓ Active Listening
- ✓ Decision Making Support
- ✓ Teaching Disease
- ✓ Energy Management
- ✓ Hope Instillation

## *Swaziland :*

- ⊕ Sleep Enhancement
- ⊕ Flatulence Reduction
- ⊕ Dying Care
- ⊕ Teaching disease Process
- ⊕ Substance Use Prevention
- ⊕ Grief Work Facilitation
- ⊕ Weight Gain Assistance
- ⊕ Simple Massage
- ⊕ Sexual Counseling
- ⊕ Decision Making Support

## *Great Britain:*

- ❖ Emotional Support
- ❖ Presence
- ❖ Spiritual Support
- ❖ Touch
- ❖ Self Responsibility Facilitation
- ❖ Active Listening
- ❖ Coping Enhancement
- ❖ Counseling
- ❖ Religious Ritual Enhancement
- ❖ Self esteem Enhancement



## *Comparison: Top Ten Ranked Monthly Interventions*

### *US:*

- ✓ Health System Guidance
- ✓ Teaching disease Process
- ✓ Caregiver Support
- ✓ Grief Work Facilitation
- ✓ Program Development
- ✓ Health Screening
- ✓ Consultation
- ✓ Health Education
- ✓ Teaching Prescribed Medication

### *Swaziland :*

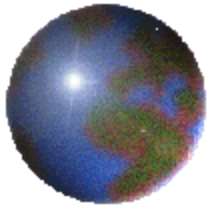
- ⊕ Behavior Management Sexual
- ⊕ Environmental Management Safety
- ⊕ Health Care Information Exchange
- ⊕ Pressure ulcer Prevention
- ⊕ Wound Care
- ⊕ Community Health Development
- ⊕ Program Development
- ⊕ Weight Reduction Asst.
- ⊕ Environmental Management Comfort
- ⊕ Heat Cold Application

### *Great Britain:*

- ❖ Visitation Facilitation
- ❖ Consultation
- ❖ Weight Management
- ❖ Forgiveness Facilitation
- ❖ Grief Work Facilitation
- ❖ Family Support
- ❖ Decision Making Support
- ❖ Teaching Disease Process
- ❖ Family Integrity Promotion
- ❖ Health System Guidance

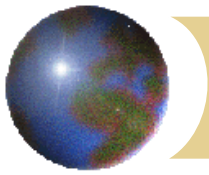


## *Conclusions:*



- ✚ Parish nurses in Swaziland and Great Britain were able to select those interventions used most frequently by parish nurses using the Nursing Intervention Classification System.
- ✚ Due to culture, mortality and morbidity in the United States, Swaziland and Great Britain the most frequently used daily, weekly and monthly interventions employed by parish nurses differed
- ✚ Although there were different interventions used by parish nurses on a daily, weekly and monthly basis, interventions from all Domains of the Nursing Interventions Classification System were represented demonstrating the complexity of this nursing role. .





# *Recommendations*



- ❖ Research on the most frequently used interventions by parish nurses continued to be replicated in different countries to provide information on how the parish nurse role is evolving within different cultures.
- ❖ Research on frequently used nursing interventions in countries previously studied be repeated as the numbers of parish nurses increase and the role matures within those settings.