Evidence-based practice (EBP) is integral to promotion of excellence in nursing and in healthcare. More than just reliance on research evidence, EBP, at its best, takes into account three elements: 1) high-level, high-quality evidence from research; 2) the expertise of the clinician; and 3) the values and preferences of the patient and the family (Melnyk & Fineout-Overholt, 2019). Instilling the importance of all three elements must begin with the development of knowledge and skills in foundational courses in baccalaureate education and be built upon and threaded throughout graduate nursing programs.

**BSN Curriculum.**
- **Introduction to Nursing Science:** students are introduced to the basic building blocks of evidence-based practice, including types of evidence and methods for searching for evidence. Critical appraisal of primary qualitative and quantitative research reports for quality and practice implications in the context of evidence-based practice are facilitated through the use of a guided process of critical appraisal.
- **Research Translation:** students explore and appraise published systematic reviews and practice guidelines on a clinical question of their own choosing.
- In addition to these foundational courses, EBP concepts are threaded throughout all the other BSN courses.

**DNP Curriculum**
*Research Methods for Evidence-based Practice* includes information related to research methodologies and the translation of research in evidence-based practice. The focus is on skill development in critiquing and synthesizing all levels of research evidence to address specific advanced nursing practice questions or problems.
- **Evidence-based Practice I** focuses on formulation of clinical questions relevant to advanced practice and systematic search for the highest level of evidence with emphasis on critical appraisal, analysis, and synthesis of scientific evidence to improve patient outcomes. Students begin work on their DNP capstone project proposal in this course.
- **Evidence-based Practice II** focuses on quality improvement methodologies to promote timely, effective, efficient, equitable, and client-centered care with an emphasis on design and implementation of processes to evaluate outcomes.
- These three courses are further supported by theory, epidemiology, and statistical interpretation courses. EBP concepts are also threaded throughout all the other DNP courses.

**The UNF Ladder to Success in Evidence-based Practice**

**BSN Program**
- NUR 3166: Introduction to Nursing Science
- NUR 4168: Research Translation

**DNP Program**
- NGR 5810: Research Methods for EBP
- NGR 5110: Theoretical Frameworks for Practice
- NGR 6673: Principles of Epidemiology for Advanced Practice
- NGR 7843: Statistical Interpretation for Advanced Practice
- NGR 7850: Evidence-based Practice I
- NGR 7850: Evidence-based Practice II
- NGR 7974: DNP Project

**References**