The opioid crisis in rural communities by engaging incarcerated females in a re-entry program

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Methodology

HOPE Program Design/Plan

- Sustainable pre-release program
- HOPE Retreat
- Program Coordinator: Chaplain
- Instructors: Local Content Experts
- Classes: Four 90 minute sessions
- Optional: Pre-release resources and opioid reversal kit

Class 1: Self-Concept/Adaptation

- FOCUS:
  - SUD: education
  - SUD: Mental Health
  - SUD: Nutrition Counseling
  - Self-awareness, self-care, self-esteem

Class 2: Physical Adaptation

- FOCUS:
  - TN Department of Health Training for Interventional Nurses
  - Medication Assisted Therapy (MAT) Resource
  - American Heart Association Hands-Only CPR training for lay people

Class 3: Interdependence

- FOCUS:
  - Health: Relationships
  - Support Systems
  - Prevention of Sexually Transmitted Diseases

Class 4: Role Function

- FOCUS:
  - Positive: New role upon release
  - Negative: Educational and Employment Supports

Class Instructor:

- TN Department of Health Nurse Educator
- TN AAI Representative
- HOPE Program Coordinator and Chaplain

Results

Qualitative Themes and Exemplary Quotes | Pre-implementation Survey | Cohort One

- Multi-substance use: "I'm 23 years old and I've tried just about everything."
- Early age of initiation: "I've never been my biggest downfall until I was 16."
- SUD viewed as a moral failure: "The SUD makes addiction worse."
- Limited effective STD and pregnancy prevention methods: "Don't have one...
- Support/resources, library, computer skills: "She needs to have the freedom to live a happy life and not worry about the things she needs to have to live a happy life."

Class Instructor:

- HOPE Program Coordinator and Chaplain

Conclusion

- Changing attitudes and behaviors towards addiction
- Successful adaptation to the post-release environment
- Collaboration between local community and state representatives
- Implementation of effective, social, and environmental determinants of health for females
- Decreased opioid-related overdose risks
- Positive impacts on individuals, families, and communities

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