

# Connect, Collaborate, and Catalyze is at the Heart of Sigma European Region



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Collaboration, Connect & Catalyze between nurses is a key ingredient to quality, safety, cost efficient and effective care within health care settings and nursing research and is at the heart of what Sigma European Region does.

## Two international collaborative research projects

These projects are pivotal in connecting our members across Europe and raising the awareness of the important European research topics.

## The Sigma European Research Collaboration

set itself the task to research migrants' experiences of health care and their health care seeking behaviours.

A literature review with a synthesised model has been published [1]

The further aim is to look into the differences and similarities of migrants' healthcare experiences in different European countries.

## The Nurse Education interest Group

is researching whether leadership qualities among undergraduates is already present or should it be taught within the European Nursing education programs. Because leadership is not in essence about managing but about advocating, encouraging, promoting and sometimes challenging the norm and healthcare systems need good leadership to be able to deliver continuous improvements to the services they provide. First publication submitted. [2]



Sigma Europe is now in its 5th year of hosting **the Virtual Ph-D Connect Up Conference**. The Virtual Conference is hosted entirely over the Internet. It allows our members and interested participants to attend live meetings and events from their computers from all over Europe. In the virtual Ph-D Connect Up Conference Ph-D students get the chance to present their work and get advice and feedback from the attending Sigma members. The advice and feedback from the European wide Sigma research members has provided new insights and possible new lines of inquiry for the Ph-D studies.

## The Biennial Regional Conference

brings together members of the European and worldwide chapters interested in nursing research. The conferences are hosted by European chapters in their well known cities and are well attended. The 5<sup>th</sup> conference will be held in Coimbra, Portugal from May 27 to 30, 2020.

## The Regional Awards for Nursing Excellence

highlight the exceptional performances of chapters and members. They help to spread the results of these efforts within Europe and stimulate further cooperative development.

- **Nursing Research Regional Award**
- **Nurse Education Regional Award**
- **Clinical Practice Regional Award**

[1] Luiking ML, Heckemann B, Ali P, Dekker-van Doorn C, Ghosh S, Kydd A, Watson R, Patel (2018) H. Migrants' Healthcare Experience: A Meta-Ethnography Review of the Literature. J Nurs Scholarship Nov 2

[2] Manuscript in review: Learning to Lead: a scoping review of undergraduate nurse education.

