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Migrant Health: Assessing Healthcare Needs in Different European Countries

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Purpose: The objective of this project is to explore gaps and opportunities in the provision of migrants’ healthcare needs in four European countries (Sweden, the United Kingdom, the Netherlands and Portugal). The aim is to develop an evidence-based tool kit that optimizes support structures to improve migrant patients’ access to healthcare.

Background: Mass migration concerns all countries worldwide. The increasing number of migrants in Europe is a challenge to financial and human resources in health services that needs to be addressed urgently. Even though migrants have the right to care in European countries, due to lack of knowledge about healthcare systems and their entitlements migrants face more obstacles in accessing healthcare compared with native populations. Additional obstacles can be language barriers or cultural differences. The current drive towards developing person-centred care in many European countries emphasizes the activation of patients’ individual resources in managing illness and maintaining health. Research shows that migrant patients use various strategies to gain access to healthcare and the individual’s network plays an important role. The individual resources and strategies that migrants draw upon have to date received little attention and little is known about how person-centred care can contribute to fostering migrant health. The current project aims to address this gap in knowledge including the perspective of different stakeholders.
Setting: Four European countries (The United Kingdom, Sweden, the Netherlands and Portugal).

The Design: An explorative study comprising a (1) a review of the literature and comparison of the health care systems and provision in the four participating countries. (2) An exploration of strategies, obstacles and opportunities in care seeking and provision including different stakeholders (migrants, healthcare professionals).

Sample: First generation migrants, aged 18 or above, living in either of the four participating countries (UK, Sweden, Netherlands, Portugal). Healthcare professionals from different settings (hospitals, community) who meet migrant patients in their daily practice

Data collection and analysis
1. A literature review
2. A mixed methods study (convergent parallel design).
   a) Quantitative data collection: A purpose-designed questionnaire be used to assess migrant patients' demographic data, perceived health status and health-seeking behaviours. The data will be analysed descriptively and through inferential statistics, sub-groups analysis will be conducted for each individual country
   b) Qualitative data collection: individual interviews and focus group discussions with stakeholders. The data will be analysed descriptively

Results: We expect this study to provide unique insights into the problems associated with migrant healthcare within the European countries, but we also expect to identify opportunities to foster self-care strategies and autonomy in migrant patients.

Conclusion: This research will provide an evidence base to develop tool and instruments that enhance care provision for migrant patients, a patient population that remains to date underserved.

Title:
Migrant Health: Assessing Healthcare Needs in Different European Countries

Keywords:
Healthcare, Migrant and Policy

References:


Abstract Summary:
The presentation will describe the present Migrant healthcare situation globally. The aim is to examine the healthcare experiences of migrants in host countries. This will be done by using data from questionnaires given to Migrants in 4 European Countries. Recommendations for a patient centred care approach will be given.

Content Outline:
Migrant healthcare situation will be described using information from the United Nations. An exploration of the literature on the healthcare experiences of migrants will be gone into.

The objective of this project is to explore gaps and opportunities in the provision of migrants’ healthcare needs in four European countries.

The Design: An explorative study comprising a (1) a review of the literature and comparison of the health care systems and provision in the four participating countries. (2) An exploration of strategies, obstacles and opportunities in care seeking and provision including different stakeholders (migrants, healthcare professionals). This research will provide an evidence base to develop tool and instruments that enhance care provision for migrant patients, a patient population that remains to date underserved.

First Primary Presenting Author
Primary Presenting Author
Marie-Louise Luiking, MA, RN
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Author Summary: Luiking has presented scientific papers at many international conferences, including Sigma’s Biennial Conventions & Research Conferences. As Sigma’s European Regional Coordinator Luiking has presented at the 4th STTIEC2018, Cambridge recently. As current President of her chapter Luiking has had numerous engagements to speak on behalf of her chapter at national, regional and international level.
Second Author
Birgit Heckemann, MSc, BSc, RN
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**Author Summary:** Birgit is an experienced registered nurse and PhD student in Nursing Science at the University of Maastricht, the Netherlands. As a researcher, Birgit has worked in the fields of 'Emotional Intelligence', 'Person-centred Care' and 'Patient/Visitor Aggression in Healthcare'. She is particularly interested in mastering the art and craft of qualitative research. Birgit has published the results of her work in several international, peer-reviewed journals and presented at international conferences.

Third Author
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**Author Summary:** Parveen is an academic with a track record of research and an emerging profile in the field of health inequalities and ethnicity with a specific focus on Domestic Violence. I publish my work in academic and scientific journals and serve as an Associate Editor on 'Contemporary Nurse'. I am a member of NHS Research Ethics Committee, Yorkshire and Humber and Guidelines update Committee The National Institute for Health and Care Excellence

Fourth Author
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**Author Summary:** Sumana is a qualified community health nurse educator and a professional registered nurse. As a nurse educator, Sumana is adept at coordinating and facilitating nursing educational activities. Sumana is versatile, client-centered clinical professional with a passion for conducting research on health care. Sumana has specific interest to learn more about qualitative research methodology Sumana has enriched experience in supervising students in public health research projects in different Universities.
Fifth Author
Angela Kydd, PhD, MSc, RN
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Author Summary: Angela works as an Associate Professor and her work involves teaching, research and internationalisation. Angela has always had an interest in cultural care in nursing. From 1998 she led a three year Erasmus Intensive Programme.

Sixth Author
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Author Summary: Dr. Connie Sobon Sensor is a PhD prepared Advanced-level Certified Transcultural Nurse, and is currently an Assistant Professor and Director of the School Nurse Program at Rutgers University School of Nursing in Newark, New Jersey, USA. She is the Sigma liaison to the United Nations. She has presented widely about advancing population health using the United Nations Sustainable Development Goals and Global Citizenship Education.

Seventh Author
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Author Summary: Claudia has had many speaking invitations as plenary and Keynote over the years. Both in terms of nationally and international platforms. She is well versed on informing people about her nursing research work.

Eighth Author
Caroline Dickson
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Author Summary: She is the current chair of the RCN district nursing forum & of the association of district nurse educators. She is a member of International practice development collaborative. She has also been a member of a variety of national groups developing district and community nursing services in Scotland and the UK.

Ninth Secondary Presenting Author
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Harshida Patel, PhD
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Author Summary: Harshida has 36 years of clinical experience working in clinical practice and as a research nurse. She is a senior lecturer at Gothenburg university. She is President for Tau Omega chapter, Sweden. Her research area is in vulnerable population; elderly with chronic heart failure but also young mothers, who suffer from heart failure associated with pregnancy and childbirth (Peripartum Cardiomyopathy) and Migrants health. She chairs Sigma European research task force.