

## **45th Biennial Convention (16-20 November 2019)**

### **"Jump Start" a Baccalaureate Degree by Increasing Self-Efficacy in Associate Degree Nursing Students**

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An educational model was developed in collaboration with three community college associate degree nursing programs and a public baccalaureate nursing program. The purpose of the project was to develop a model to encourage and increase self-efficacy to complete a baccalaureate degree with associate degree nursing (ADN) students who have a goal to obtain a Bachelor of Science Nursing degree (BSN). Schunk & DiBenedetto (2014) believe academic self-efficacy is strongly related to performance, adjustment, satisfaction, and commitment. An increase in self-efficacy for this project was evaluated by students' adjustment to online coursework, commitment to continuing education, and overall satisfaction with the associate to baccalaureate (ADN-BSN) model. Success of the model was measured by satisfaction and continuation into an RN-BSN online program after graduating from an ADN program. One hundred percent of students who completed two RN-BSN online courses, 1) Nurse's Role in Health Promotion (2 credits) and Health Care Policy Today and in the Future for the Registered Nurse (2 credits), while concurrently completing their associate degree in nursing enrolled in a RN-BSN program after graduation. Based on the success of this model, collaboration with additional ADN programs are being initiated in other states. Implications for nursing education include increasing the number of ADN nurses completing their BSN degrees and contributing to the Institute of Medicine 2010 goal to increase the baccalaureate prepared nursing workforce by 2020. In 2017, the State of New York passed legislation that requires all nurses to obtain a baccalaureate degree in nursing within ten years of receiving their initial registered nurse license. Notably, other states have plans to enact similar legislation in the future. Implementation of this model enables associate degree nurses to continuing their education without stopping out after graduation from an associate degree program and starting a RN-BSN program. This model will facilitate education advancement of ADN nurses for future state requirements and licensure.

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#### **Title:**

"Jump Start" a Baccalaureate Degree by Increasing Self-Efficacy in Associate Degree Nursing Students

#### **Keywords:**

Collaboration model, Self-Efficacy and "Jump Start" a Baccalaureate Degree

## References:

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## Abstract Summary:

The purpose of the project was to develop a "jump start" model to encourage and increase self-efficacy in current associate degree nursing students who have a goal to obtain a baccalaureate in nursing degree. An educational model was developed in collaboration with three community colleges and a RN-BSN program.

## Content Outline:

### A. Summary of Project

1. Academic self-efficacy is strongly related to performance, adjustment, satisfaction, and commitment.
2. The purpose of the project was to develop a jump start model to encourage and increase self-efficacy in current associate degree nursing (ADN) students who have a goal to obtain a baccalaureate in nursing degree (BSN).
3. An educational model was developed in collaboration with three community colleges and a RN-BSN program.
4. Success was measured by satisfaction and commitment to continue in an RN-BSN online program after graduation, thus demonstrating an increased self-efficacy.

### B. Conclusions

1. One hundred percent of students who completed two RN-BSN online courses while concurrently completing their associate degree in nursing applied and were accepted in an online RN-BSN program after graduation.

### C. Implications for Nursing Education Practice

1. Development of a jump start model that will increase the number of ADN nurses completing their BSN degrees.
2. It contributes to the Institute of Medicine 2010 goal to increase the baccalaureate nursing workforce by 2020.

3. State of New York passed legislation that necessitates nurses to obtain a BSN degree within 10 years of receiving their initial registered nurse license.
4. Other states have plans to enact similar legislation in the future.
5. Jump start model will prepare ADN nurses for future licensure and state requirements.

**D. Poster Objectives**

1. Discuss a model to increase self-efficacy and enrollment of ADN students in a RN-BSN program upon graduation from an ADN program.
2. Develop collaborative guidelines for admission, advisement and retention of students into a jump start program.

First Primary Presenting Author

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**Author Summary:** Dr. Schiefelbein has extensive experience in academic education. She's been the coordinator of an RN-BSN program that's grown from four students 5 years ago to more than 90 students today.

Second Secondary Presenting Author

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**Author Summary:** Ms. Coomes has taught in the BSN program for more than ten years. Currently, is coordinator for the ADN-BSN program. The ADN-BSN program at Pittsburg State University started with three collaborative schools of nursing and has grown to five programs this year.