

# Development And Psychometric Evaluation of the Cervical Cancer Belief Scale (CCBS)

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# **Background**

- Instruments designed to measure beliefs about cervical ca screening among black women in Botswana & the surrounding region are presently not available.
- Instruments that are available are those that have been developed for and tested on white women in developed countries.
- ❖ Beliefs of these women about cervical ca may be different from those of Black women in SSA
- Reliable and culture specific instruments need to be developed to address an identified need.
- ❖ Aim: To develop and evaluate the psychometric properties of the CCBS

## **Research Questions**

- Does the CCBS demonstrate content validity?
   Is the CCBS internally consistent (reliable)?
- The Health Belief Model guided the study

The study was done in 4 phases

## Method

#### **Phase 1: Item Generation**

- ❖ 60 items were generated, 15 per each of four conceptually defined HBM constructs.
- Perceived susceptibility, Perceived severity,
  Perceived benefits, and Perceived barriers.
- Items were generated from extensive literature review and qualitative data.

## **Phase 2: Content Validity**

- Content validity testing by a panel of 4 experts
   (Advanced practice nurses of African descent)
- Items were rated on a 3-point scale as:
   3 = "relevant", 2 = "Somewhat relevant" and
   1= "not relevant"
- ❖ Agreement of 75 100% of the experts was necessary for retention of the item.
- ❖ 5 items were delete: 4 = perceived susceptibility and 1 = severity
- ❖ 55 items were retained for instrument dev.
- Perceived susceptibility =11, severity =14, benefits=15, & barriers = 15
- All measuring on a 4-point Likert scale ranging from strongly disagree (1) to strongly agree (4).

## Method

## Phase 3: Pilot testing

- Pilot testing of the instrument on a convenient sample of 30 asymptomatic women at the University of Botswana.
- Items with questionable clarity were revised and reworded.
- ❖ The middle point "not sure was added" was added to the scale as recommended.

## **Phase 4: Reliability Testing**

## Sample

- Admin of instrument to a convenient sample of 300 asymptomatic Black women aged 30 years and above, and living in Gaborone (the capital of Botswana);
- Able to complete an English questionnaire and had heard about Pap smear.
- ❖ Permission was sought from relevant authorities in the USA & in Botswana.
- The informed consent letters written in English.
- ❖ Data collection by trained research assistants.
- Data analysis using SPSS statistical package

## Results

## **Validity**

- $\bullet$  CVI of the items ranged from .50 1.00.
- ❖ CVI for the entire CCBS scale = .96

## Reliability

- Confirmatory Factor Analysis of the 55 items found that a number of items did not adequately load in a four factor solution.
- The number of items was reduced to those that exhibited reasonable reliability, had a low percentage of 'not sure' responses, and low frequency of missing values.
- Thirty six (36) items were retained:
  Perceived Barriers (14 items), Perceived
  Benefits (8 items), Perceived Severity (4
  items), & Perceived Susceptibility (10) ...
- Reliability analysis of the 36 items using Cronbach's Alpha gave generally satisfactory results with values from .53 to .89.
- Perceived Barriers: 14 Items (.89)
- o Perceived Benefits: 8 Items (.68).
- Perceived Severity: 4 Items (.53).
- Perceived Susceptibility: 10 Items (.78)

## Conclusion

- The CCBS has demonstrated evidence of validity.
- Cronbach's Alpha gave generally satisfactory results.
- ❖ The use of 'not sure' in the response scale rated as 3 on the 5 point Likert scale could have been problematic.
- Analysis of the revised version of the instrument is on-going with "not sure" removed
- This study is a continuation of my program of research, which started with my dissertation findings. Guided by the HBM my dissertation findings indicated a relationship between personal beliefs about cervical cancer and women's use of available cancer screening services.

## References

- ❖ DeVellis, R. (1991). Scale development: Theory and Application. Newbury Park: Sage Publications.
- McFarland, D. (2003). Cervical cancer and Pap smear screening in Botswana: Knowledge and Perceptions. International Nursing Review, 50(3), 167-175.

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