

Exploring a nurse practitioner study abroad experience using thematic analysis

Margaret Dark MSN RN new graduate ENP

Margaret Darr, MSN, RN, new graduate FNP Maureen Nwajiaku, BSN, RN, FNP student Kate K. Chappell, Ph.D.(c), MSN, APRN, CPNP-PC Joan M. Creed, DNP(c), MN, RN, CCM

Purpose

- Demonstrate student benefit of NP study abroad experiences
- Identify means to communicate NP study abroad benefits to foster:
 - Diverse student interest
 - Organizational engagement
 - Funding support for programs

Theme: Connectedness

Intentional, organized linkages of people and processes

- Various forms of public transportation to connect the city and country are integrated into everyday life across income and living situation
- Canals and bridges
- Collective mindset towards socialized resources
 - Income is taxed >50% to provide all citizens with healthcare, child care and welfare²

Background

Cultural awareness is a nursing education standard

VU VRIJE UNIVERSITEIT AMSTERDAM

- Experiential learning gives insight to others' actions and world view
 - Techniques include purposive reflection & photo-journaling
 - Qualitative analysis can further organize meaning of experiences

Theme: Practical Innovation

Outcome-focused practices to improve conditions

- NP education and employment model –straight path to job at sponsor facility after graduation
- Streamlined healthcare flow between
 General Practitioner (GP) and ED
- Evidence-based patient interventions
- Efficiency with limited space across homes, hospitals and businesses
- The Netherlands ranks #2 on the Global Innovation Index³
 - Windmills are innvoation icons,³ pathway to polder

Methods

Phenomenological Approach¹

- Thematic analysis of health care & cultural experiences via reflection and examination of:
 - Assigned readings
 - Trip journals
 - In-trip discussions
 - Photos from experience

Theme: Tolerance

Allowance for differing beliefs without impinging on others

- A theme in Dutch history, geography and population²
- Laid back, flexible social norms
- Gedogen
- Range of religions accepted
- Euthanasia policy
- Refugee asylum centers
- Love of own culture while also embracing others, interest in politics, cultures, and ways

Implications for Nursing & Education

Participant-led qualitative analysis of a study abroad experience resulted in:

- Increased cultural care and needs awareness within and beyond culture experienced
- Enhanced experiential learning
- Transfer of experiences to practice
 Students may be better equipped to:
- improve patient outcomes
- enhance system equity
- consider different problem-solving approaches

