

**CREATIVE: ID# 100052**

**Title:**

Little Things

**Linda K. Collado, SN**

Georgetown University, Silver Spring, MD, USA

**ACCEPTED**

---

**Session Title:**

Creative Arts in Nursing Posters (Saturday/Sunday, 16 & 17 November)

**Slot:**

CA PST1: Sunday, 17 November 2019: 11:45 AM-12:15 PM

---

**Applicable Category:**

Students

**Keywords:**

gift, health and little things

**References:**

Collado, L. (2018) *Milo* [Acrylic on canvas]. Georgetown, DC.

Collado, L. (2018) *Gio* [Acrylic on canvas]. Georgetown, DC.

Collado, L. *Milo*. 2018. Photograph. Georgetown, DC.

Collado, L. *Gio*. 2018. Photograph. Georgetown, DC.

**Abstract Summary:**

My paintings tell the story of a devastating experience that led me to pay attention to things that I normally wouldn't give much importance to. It calls us to reflect on what's important to others and to make an effort to be mindful of those 'little things' when treating patients.

**Content Outline:**

Title: Little Things

Introduction: Examples of patients being torn over different reasons, and the reason why I chose to paint my birds.

Body: My story about losing my cockatiel, Milo, and being gifted another cockatiel, Gio.

Point 1: I talk about how Milo and Gio impacted my feelings and overall health.

Point 2: I talk about how I can connect this experience to patients' experience of how 'little things' may be affecting them.

Conclusion: Why it is important for me to address my patients' worries even if what is affecting them is the 'little things' because these can affect their health.

**Topic Selection:**

Creative Arts in Nursing Posters (Saturday/Sunday, 16 & 17 November) (25747)

**Abstract Text:**

Abstracts:



- - Attachment(s)



-