# ASSESSING YOUR POLICY IQ: STEPS TO ENHANCE YOUR ADVOCACY AND POLICY

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#### OBJECTIVES AND DISCLOSURE

#### Objectives

- Describe a policy self-assessment process
- Identify action steps to develop one's own policy competencies

#### > Disclosures and Conflicts of Interest

Rebecca M. Patton, Margarete L. Zalon and Ruth Ludwick have no disclosures and no conflicts of interest to report.







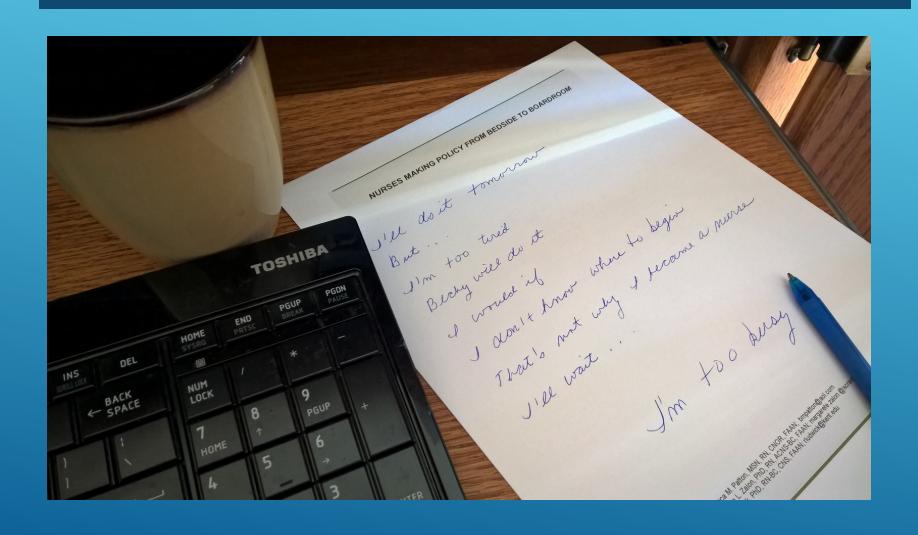


## Nurses Making Policy: Where Do You Fit In?

".... nurses must see policy as something they can shape rather than something that happens to them."

Institute of Medicine, 2011

## MOVE PAST EXCUSES



- Not being political
- Nurses should be neutral
- Taking a position on a controversial issue limits subsequent influence

### MYTHS ABOUT POLICY

- We are not practicing to our full capabilities
- We allow others to speak for us
- > We do not fulfill our ethical contract with society
- > We may compromise patient safety or outcomes
- > We may negatively impact the workplace environment

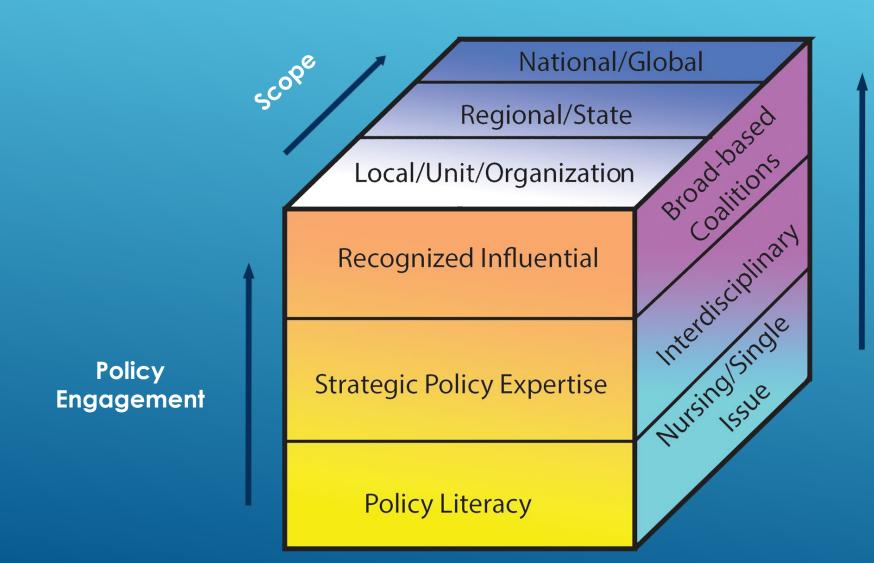
### IF WE DON'T TAKE PART IN POLICY...

- Investing in nurses associations
- Valuing the importance of policy and nurses' roles in policy
- Developing and honing policy skills
- Applying policy from direct care to the board room

#### EVERY NURSE HAS A ROLE IN POLICY

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## Assessing your Policy Capital: the PZL Model



**Partnerships** 

## SCOPE: BIG "P" AND little "p"

















INTELLECTUAL

SOCIAL

FINANCIAL

**POLITICAL** 

## ASSESSING YOUR CAPITAL FOR POLICY AND ADVOCACY

#### **Build Intellectual**

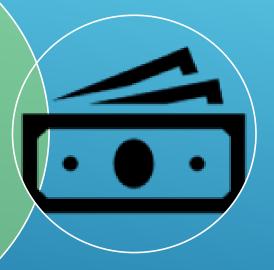
Capital to establish credibility as the expert in both content and process. Investigate the issue from all angles.



Build Social Capital to create a network of supporters. Make friends by coming early and often as well as by being a resource.



NURSE Advocate



Build Political Capital to make nursing's voice heard and influence the process. Don't be a "free rider." Respond to nursing's call to action.



#### **Build Financial Capital**

to engage at a higher level in the process.
Consider becoming a Grass Top.



Capital	Activity	Current	P or p
Intellectual			
	Civic knowledge		
	Professional competency		
	Publication, testimony		
Social			
	Professional associations		
	Mentoring		
	Networking		
Political			
	Legislative visits		
	Campaign work		
	Organizational leadership		
	Activism		
Financial			
	Donations		
	PAC participation		
	Volunteering		

Capital	Activity	Current	P or p
Intellectual			
	Civic knowledge		
	Clinical competence		
	Professional competence		
	Publication, testimony		
	Specialty certification		
Social			
	Mentoring		
	Networking		
	Professional association		
	Social media		

Capital	Activity	Current	P or p
Political			
	Activism		
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	Organizational leadership		
Financial			
	Donations		
	PAC participation		
	Volunteering		

## CREATING YOUR ACTION STEPS

## POLITICAL LITERACY... STARTS WITH INFORMED VOTING



https://www.usa.gov/how -to-vote





https://www.idea.int/datatools/country-view/137/40

https://nursesvote.org/

Gaining	Gaining civic knowledge
Pursuing	Pursuing a formal degree
Becoming	Becoming certified in a specialty
Disseminating	Disseminating work
Writing	Writing articles

## INTELLECTUAL CAPITAL



Participating	Participating in professional associations and community groups
Mentoring	Mentoring colleagues at work and beyond
Developing	Developing relationships with policy makers
Harnessing	Harnessing the power of social media

## SOCIAL CAPITAL



Providing	Providing expertise to an organization
Contributing	Contributing time, talent and treasure
Becoming	Becoming an influential
Serving	Serving on a board, committee or task force

## FINANCIAL CAPITAL



Visiting	Visiting legislators' offices
Working	Working on a campaign
Running	Running for elected office
Seeking	Seeking appointed office
Becoming	Becoming a board member

## POLITICAL CAPITAL



#### **Short-Term Action Steps**

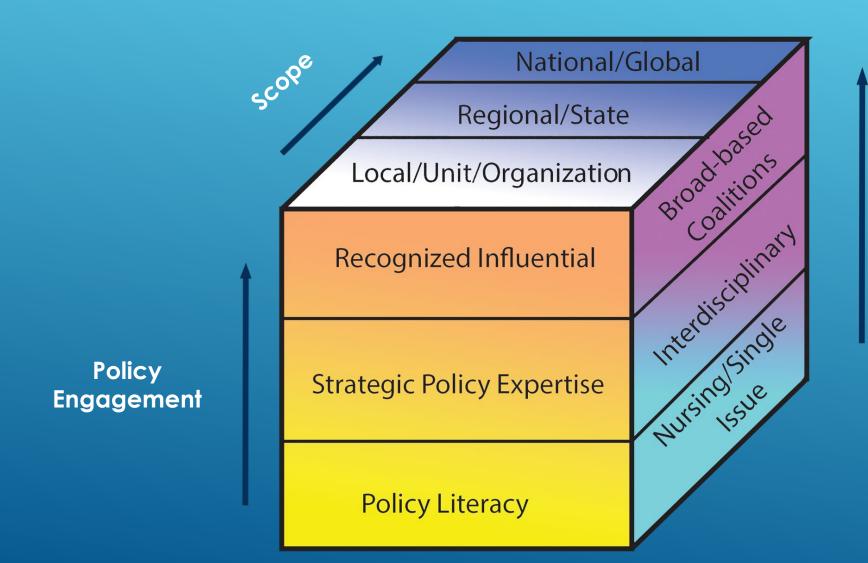
#### Building capital assets

- Join a professional association
- Visit a legislator's office
- Take part in an advocacy workshop
- Publish your work
- Use social media to disseminate policy positions
- Join a community or workplace task force
- Identify policy implications of research or quality improvement projects

#### **Long-Term Action Steps**

- Expanding policy involvement
  - Assume leadership role in a professional or community organization
  - Become an expect in content area or on policy issue
  - Serve on legislator's committee/ policy group
  - Develop a relationship between a policy stakeholder and/or legislator
  - Develop a plan for policy adoption or implementation
  - Obtain a policy or legislative fellowship
  - Write a policy brief for a professional association or community group

## Call to Action: Next Steps, the PZL Model



**Partnerships** 

### CONTACT INFORMATION / QUESTIONS

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