

Facilitating Cultural Competence Through An Innovative International Collaborative Nursing Partnership

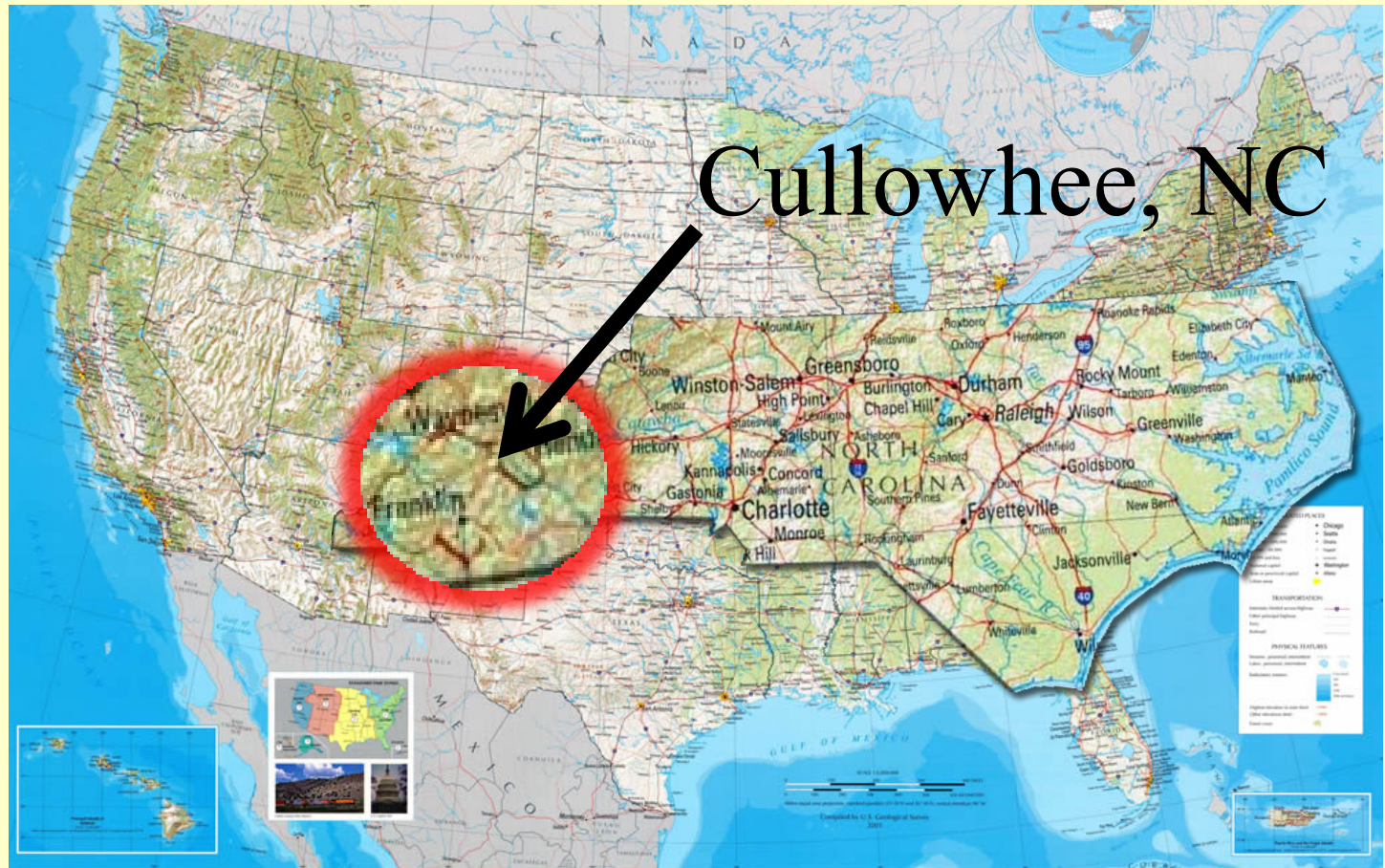
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*Celebrating 40 Years of
Excellence in Nursing Education*
WCU SCHOOL OF NURSING

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With increasing diversity of the world wide global population, the nursing profession is becoming more international in scope.

Nursing students must be culturally competent!

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- **Cultural competence is the development of an awareness of another's culture, health beliefs, and characteristics that are different than one's own beliefs (Maltby, de Vries-Erich, & Lund, 2016).**



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- In a systematic review of 23 articles, it was found that there were not any established two-way exchange experiences in global pediatric nursing education, nor were there any models developed for clinical immersion exchange. (Kolbuk, Mitchell, Glick, & Greiner (2012))



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- Mezirow's (2009) classic adult Transformative Learning Theory focuses on **“disorienting dilemma”** & reflection to understand new experience/culture

Mezirow's Ten Phases of Transformative Learning

- A disorienting dilemma
- A self examination with feelings of guilt or shame
- A critical assessment of epistemic, sociocultural, or psychic assumptions
- Recognition that one's discontent and the process of transformation are shared and that others have negotiated a similar change
- Exploration of options for new roles, relationships, and actions

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- Bamber (2015) found **Cosmopolitanism** is the acquisition of becoming “**other-wise**” for gaining insight, cultural awareness, and cultural competence.



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- This presentation describes the collaborative exchange program between:
- Western Carolina University School of Nursing
- Edinburgh Napier University
- Royal Hospital for Children and Young People, Edinburgh



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- **Initiation**
foundation for the collaborative program began with mutual agreement with Dean Jane Donaldson, Edinburgh Napier University, Scotland



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- Clinical immersion program initiated with international learning contracts with WCU & Napier
- Program was initiated through College of Health & Human Sciences (WCU) and Nursing, Midwifery, & Social Care (UK)



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- **Edinburgh Napier University-
Sight Hill Campus
Located 20 minutes
west of Edinburgh
Home of Health
Sciences, Social
Sciences, and
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**NAPIER
UNIVERSITY**

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- **Royal Hospital for Sick Children**
- **150 years old**
- **Supported by charitable foundations**
- **Hospital is set in “Nightingale Wards” for nurses to view all patients at one time**



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- Exchange Program:
- In existence for 10 years
- March Annually- USA students travel to Edinburgh for clinical mentoring immersions
- January Annually- Napier Students travel to USA for clinical mentoring experiences
- Individual guidelines



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- Students range from pre-nursing, RN-BSN, BSN, Graduate, and DNS programs
- Total of USA 125 students over the ten year program
- Total of 25 UK students in exchange with USA clinical sites



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A Collaborative Cultural Learning Model



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- Prepares students for global awareness of pediatric nursing roles
- Clinical immersion & observation of nurses
- Self-directed learning experiences
- Student presentations of global health problems to student and nursing peers in March in Edinburgh
- Students mentored in all areas of peds. units



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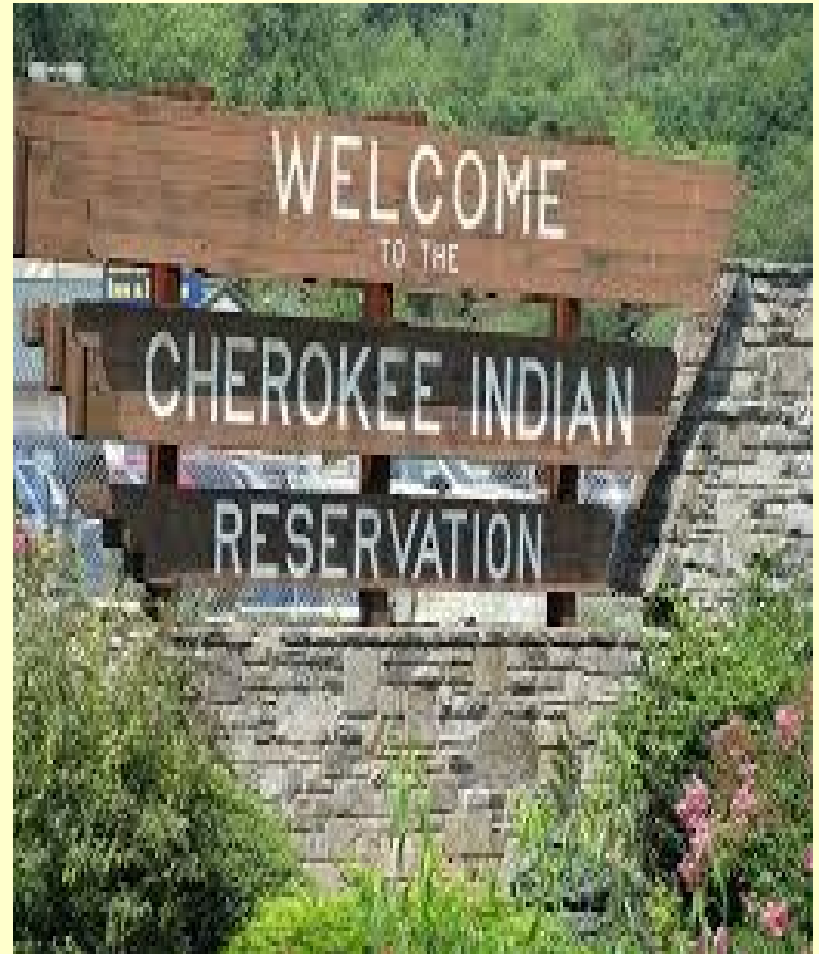
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- **Students learn to appreciate similarities & differences in Peds. Care in both countries**
- **Students share care knowledge**
- **Students learn leadership roles of nurses in both countries**
- **Students learn cultural differences in UK & in US with Cherokee Pediatrics**



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- Cherokee-Home to 15,000 native people
- Scotland students visit hospital, pediatric clinics, family/maternity clinics, & diabetes
- Travel with home health nurses



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- **Students from Scotland enjoy clinical mentoring immersions also at Mission Health Hospital throughout Pediatric units and Clinics**
- **Huff ambulatory site-outpatient**



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- Recommendations for university educators and clinical faculty:
- Planning: Begin one year in advance (allows students to save money for the excursion)



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- **Professional Educational Travel Company:**
Recommend using company to guide faculty in preparing travel arrangements/ meals/lodging/
- **Collection of funds, passports**



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- **International Learning contracts: Allow six to nine months to allow university/clinical administration/and attorneys to review and approve**
- **One year minimum**



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- **Internal Collaborative Partnership: Allow one year to develop clinical partnership for educational and clinical partnership with universities and clinical agencies**



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- **Orientation:**
- **Prepare students for acceptance of a new country, culture, language, customs, and clinical approach to nursing**
- **Once in a lifetime experience!**



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- **The Collaborative Pediatric International Cultural Learning and Mentoring Program continues to be successful**
- **Educational Foundation in Nursing**
- **Faculty have published two articles in three international journals about program!**



Collaborative Pediatric International Cultural Learning: Mutual Learning Success



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