Implementing EBP in the Hospice Setting a Critical Step Toward Improving End-of-Life Care

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Disclosure

• Objectives
  • Highlight the importance of incorporating EBP in the field of hospice and palliative care
  • Examine interventions which enhance hospice and palliative care interdisciplinary professionals understanding of EBP
  • Discuss the fundamental outcomes of successfully implementing EBP in hospice and palliative care

• Linda Quinlin, presenter, has no conflicts of interest

• Employer:
  • The Ohio State University College of Nursing, Assistant Professor of Clinical Nursing
  • Ohio’s Hospice of Dayton, Family Nurse Practitioner

• Linda Quinlin, presenter, has received no sponsorship or commercial support for this presentation
Purpose/Background of EBP Project

Use of EBP not widely embraced in Hospice Nursing
  often the exception rather than the rule

Hospice one of the last areas of health care to implement EBP

Hospice and palliative interdisciplinary professionals
  Often lack knowledge and skill to implement EBP

Fundamental characteristic of EBP
  Clinical decisions should not be based on research findings alone
    Consider evidence associated with intervention, medication, or treatment
    Consider patient diagnosis, prognosis, and goals of care
    Consider nurse’s clinical expertise
EBP Project Interventions

Phase I: Develop a Spirit of Inquiry

Phase II: Strengthen Beliefs about the Benefits of EBP

Phase III: Create System Changes, including a culture where EBP is valued

Phase IV: Continue the EBP Journey
Phase I: Develop a Spirit of Inquiry
Assessing and Identifying the obstacles to EBP

EBP Survey Sent to 558 Nurses
210 nurses completed and returned the survey, 38%

Results of EBP survey pre-EBP interventions
- Nurses struggled where to find evidence to guide practice
- Nurses do not understand the process for implementing evidence into practice
- Nurses are not aware of strategies for implementing practice changes
- Nurses are not aware of EBP projects implemented in at OHI
Phase I: Develop a Spirit of Inquiry
Teach the basics of EBP

PICOT Education
Presented by APN
Delivered live and via webinar
Recorded as an educational program

PICOT Education
Basics of EBP
How to develop a PICOT question
Phase II: Strengthen Beliefs about the Benefits of EBP Development and use of EBP Mentors

EBP Committee Developed

Spark interest to participate in EBP Poster Day 2019
   EBP Poster Day flyers

Poster Development class
   Hands on training in poster development
   Searching for EBP resources using PICOT question
Phase II: Strengthen Beliefs about the Benefits of EBP
Poster Day

November 2019 EBP Poster day
Kick off with Key Note speaker EBP presentation

Total of 28 posters were developed

Four separate EBP Poster Categories
Category 1 identified a clinical program
Category 2 displayed a completed EBP project
Category 3 displayed published EBP projects
Category 4 displayed project/clinical information
Phase III: Create System Changes, including a Culture in which EBP is Valued

- Encourage nurse to participate in EBP projects and report out to EBP committee
- Implementing Journal Club
- Continue growing EBP Committee and EBP Mentors
- Collaborating with IT to post EBP resources on Intranet
- Pursuing library access
- Development of EBP Fellowship
Phase IV Continue EBP Journey
Reassess EBP Knowledge

EPB Survey resent to nursing
191 nurses completed and returned survey, 32%

Results of EBP survey post-EBP interventions
- Improved scores in knowing where to find evidence to guide practice
- Improved scores in understanding the process for implementing evidence into practice
- Improved scores in being aware of EBP projects implemented in the organization
- 57% of nurse completing survey indicated they attended Poster Day
Lessons Learned

Need buy in from Key Stakeholders
  Senior nursing leadership
  Team leaders
  Key nurses from each team

Know what office-based programs available to nurses
  PowerPoint was not available to all nurses

Look ahead on calendar!
  Poster day was held on election day

Parking
  Repaving of parking lot during poster day
Successes!

OHI Nursing Care Process updated reflecting importance of EBP

Development of EBP Committee

Development of EBP Mentors

Professional development of nurses

Integration of EBP into OHI Clinical Ladder

EBP Nurse Fellowship
QUESTIONS?
Thank you!