## 45th Biennial Convention (16-20 November 2019)

# Connecting and Collaborating in Nursing Education Through the Excellence in Interprofessional Simulation Education (ECLIPSE) Program

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The transition to the professional practice role on the healthcare team can be overwhelming for graduates. Participating fully on the healthcare team is not typically a reality for many students in traditional clinical experiences. Often, graduates must learn the necessary skills of interprofessional (IP) teamwork and communication after graduation. The Institute of Medicine has recommended interprofessional education (IPE) for all health science students. In response, the Interprofessional Education Collaborative (IPEC) developed IPE objectives for all health science students. Teamwork and collaboration have also been identified as essential graduate competencies by the Quality and Safety Education in Nurses (QSEN) institute as well. Through participation in interprofessional simulations, students become better equipped to leverage their own expertise as well as utilize the healthcare team. In doing so, the team can deliver the highest quality and safe patient care. However, developing interprofessional simulations can be challenging for healthcare educators. At a large, Midwestern land grant university, an IP faculty committee overcame these obstacles to develop a now thriving IP simulation program that addresses students' IPE needs. Simulation as an effective educational tool is widely recognized among nursing colleges due to the controlled environment where time constraints and risk to patients is eliminated and faculty observation of student performance is maximized. Simulation can be utilized to promote IP teamwork and collaboration among healthcare professional students. Healthcare professional students that train alongside one another in complex patient care scenarios can learn to communicate effectively with the team, increase knowledge and respect of other professions, gain confidence in advocating for patients and creating effective care plans.

Though the benefits of IP simulation are vast, few have been successful in implementing it. Developing an IP simulation program can be very challenging for multiple reasons. Stakeholder buy-in can be lacking due to previous experiences and attitudes about simulation in general as well as the value of team training. The logistics of getting multiple healthcare students together that have incongruent schedules can be an insurmountable task. Choosing appropriate levels of student participants from each profession and creating patient scenarios that meet the needs of the entire team can be a grueling activity. Many healthcare educators feel defeated before getting started. In May of 2012, a core group of IP faculty and staff at our university began the development of a simulated experience which would eventually grow to incorporate eleven health professional programs. Students from Nursing (BSN, CNL and ACNP programs), Medicine, Pharmacy, Social Work, Physical Therapy, Respiratory Therapy, Occupational Therapy, Speech Pathology and Medical Dietetics participate together in a

two patient, acute care scenario involving standardized patient actors. Six months were spent planning the simulation objectives, patient cases and all of the necessary logistics which culminated in a series of simulations that first occurred seven years ago. Components of the experience include team rounding and collaborative patient treatment care for two complex patients on a progressive care unit. The objectives of the experience mirror the IPEC goals to create a climate of mutual respect and understanding, understand the roles and responsibilities of the other professions, develop interprofessional communication skills, and develop an IP team plan of care to improve patient outcomes across the lifespan. Simulation feedback collected through use of the Simulation Effectiveness Tool, a standardized tool has been overwhelmingly positive and is used to make program process improvements. Students repeatedly emphasize that all healthcare students should have the opportunity to go through the experience, that more IP simulations are needed and that it was their most valuable simulation in their programs. These simulations are conducted each semester and more than 4,500 health science students have participated in the first seven years. The Readiness for Interprofessional Learning Scale Questionnaire, a standardized tool, was used to examine the attitudes of participating students pre- and post-simulation. An overall p-value of < .001 was reported, reflecting a positive change in attitude and increased understanding of professional roles. For the qualitative data, the researchers reflected on videos of the simulations. Through inductive analysis they found four themes: learning the roles of others, seeing the big picture, increasing trust and confidence and appreciating the simulated setting. Current research involves having students participate in online IP teamwork education modules prior to their simulations to maximize learning.

This presentation will showcase a successful IP simulation program detailing the development process, lessons learned, outcomes and next steps. Participants will improve their knowledge and skills in creating and maintaining interprofessional simulations in their healthcare education programs. They will also be equipped to overcome challenges and potential pitfalls related to the implementation of an IP simulation program.

#### Title:

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### **Keywords:**

Interprofessional Education, Nursing Education and Nursing Simulation

## References:

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### **Abstract Summary:**

This session will overview the Ohio State Excellence in Clinical Interprofessional Simulation Education program which incorporates students from eleven healthcare professional programs including Nursing (BSN, CNL and ACNP), Medicine, Pharmacy, Social Work, PT, RT, OT, Speech and Medical Dietetics. The program began in 2012 and 4,500 students have participated.

#### **Content Outline:**

Outline necessary components of a successful interprofessional simulation program.

- 1. Planning committee
- 1. Development
- 2. Organization
- 3. Strategic planning
- 2. Simulation objectives
- 3. Simulation format
- 4. Facilitator training
- 5. Student preparation
- 6. Patient scenario overview
- 7. Simulation logistics
- 8. Simulation resources
- 1. Space
- 2. Faculty/staff time
- 3. Equipment/supplies
- 4. Patient simulator or actors
- 5. Medical records and simulation documents
- 9. Debriefing
- 10. Evaluation

List common obstacles and solutions in developing an interprofessional simulation program.

- 1. Incongruent student schedules
- 1. Create schedules based on all participants reported availability (bottom up)
- 2. "IP Sim Days"
- 3. Scheduling strategies and tools
- 2. Access to other professions

- Collaborate with outside facilities
- 2. Accommodating for missing professions
- 3. Obtaining resources
- 1. Pooling
- 2. Grants

List strategies for developing interprofessional simulations.

- 1. Building on previous IP initiatives
- 2. Grassroots (bottom up) vs. administration led (top down) initiatives
- 3. Use of existing resources
- 4. Developing patient scenarios with two main objectives
- 1. Promote learner collaboration
- 2. Provide appropriate clinical challenges for each profession
- 5. Just do it!

# First Primary Presenting Author

# **Primary Presenting Author**

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**Author Summary:** Lisa Rohrig is director of the Technology Learning Complex at the Ohio State University College of Nursing. Lisa has collaborated with faculty from other health science colleges to create the Excellence in Interprofessional Clinical Simulation Education (ECLIPSE) program at OSU. Lisa has presented at several local, national and international conferences and published on simulation related topics. She has organized simulation conferences and established a local networking group of healthcare simulation professionals.

#### Second Author

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**Author Summary:** Janice Wilcox has taught undergraduate and graduate level nursing for the last 10 plus years. Dr. Wilcox has performed research on nursing student stress reduction measures within the clinical setting and collaborated with interprofessional professionals on research regarding Interprofessional simulation. She has spoken at national and international conferences on the significant learning opportunities involving communication effectiveness gained from interprofessional simulations developed to improve patient outcomes.