

# I Didn't See It Coming

*Improving Mental Health Training for Nurses*

Kit Bredimus, DNP, RN, CEN, CPEN, CNML, NE-BC, QMHP-CS

# Disclosures

Kit Bredimus, DNP, RN, CEN, CPEN, CNML, NE-BC, QMHP-CS

VP of Nursing / Chief Nursing Officer

Midland Memorial Hospital

- ◆ No conflict-of-interest to report and no sponsorship or commercial interest to disclose.
- ◆ The views expressed in this presentation are those of the author. They do not purport to reflect the opinions or views of Midland Health or other entities.

# Objectives

- ◆ The attendee will leave the session able to describe the importance of mental health training for frontline staff.
- ◆ The attendee will be able to describe the steps necessary to implement a mental health training program designed for healthcare professionals while maintaining course fidelity.
- ◆ The attendee will leave the session able to articulate the benefits of mental health training program in the emergency and acute care setting for frontline nursing staff.
- ◆ The attendee will be fully engaged and entertained for 15 minutes, give or take.

# Background





# What We Know



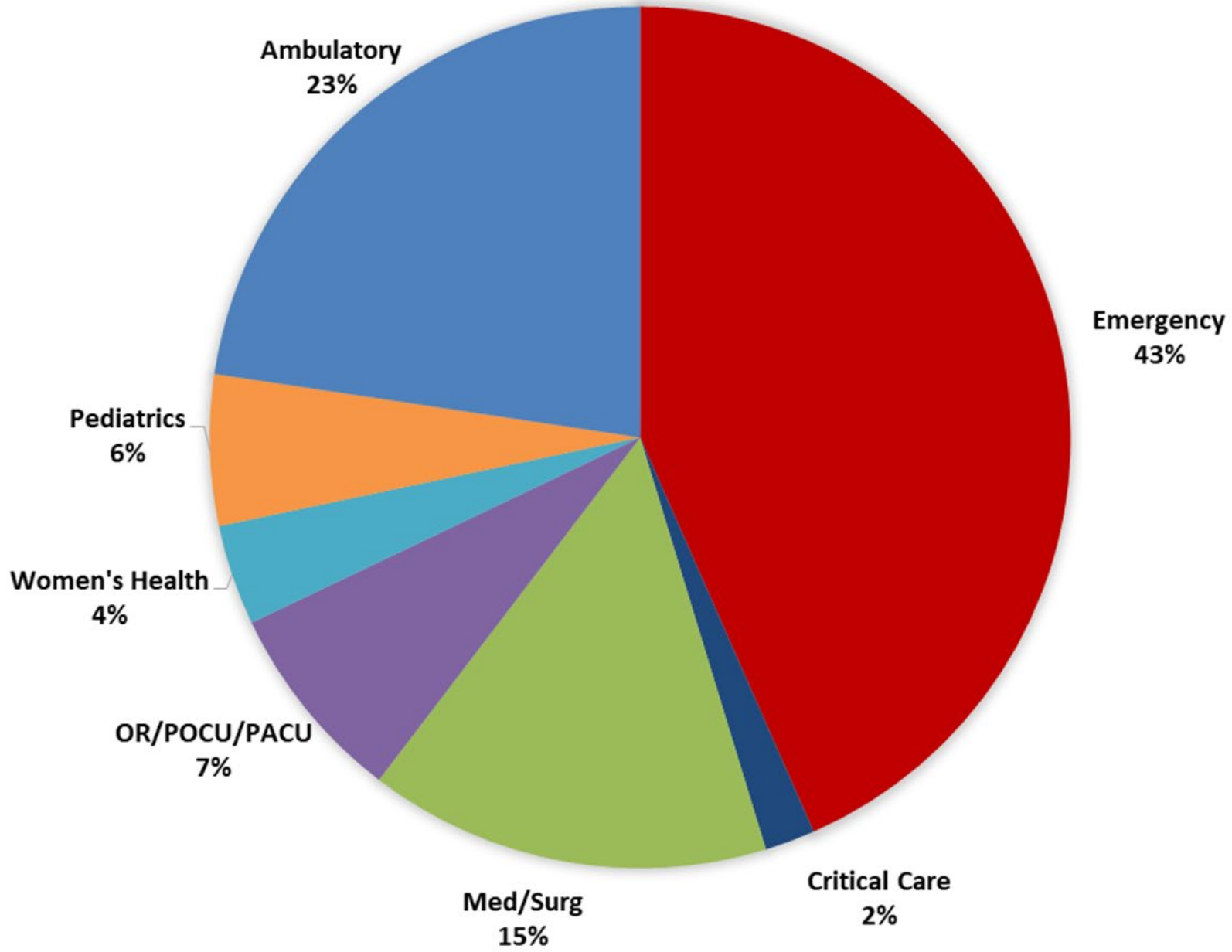
# The Plan

**MENTAL HEALTH**



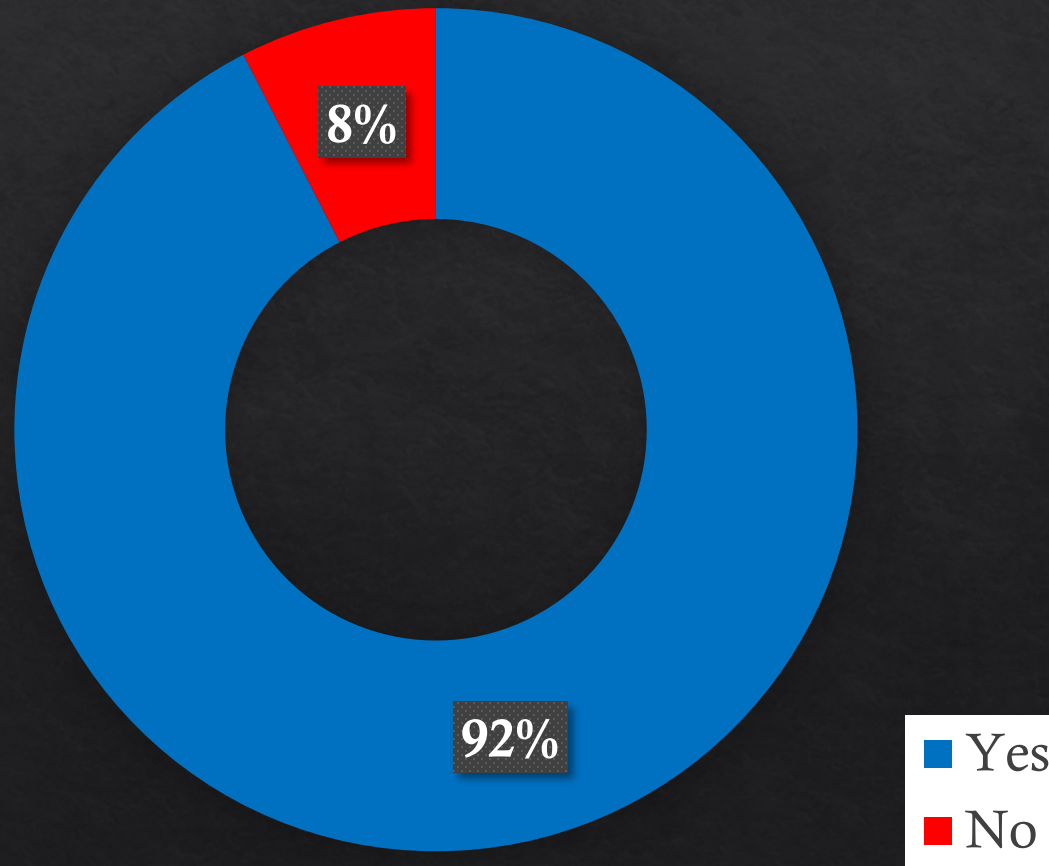
Warrior Profile

# Nurses by Practice Area

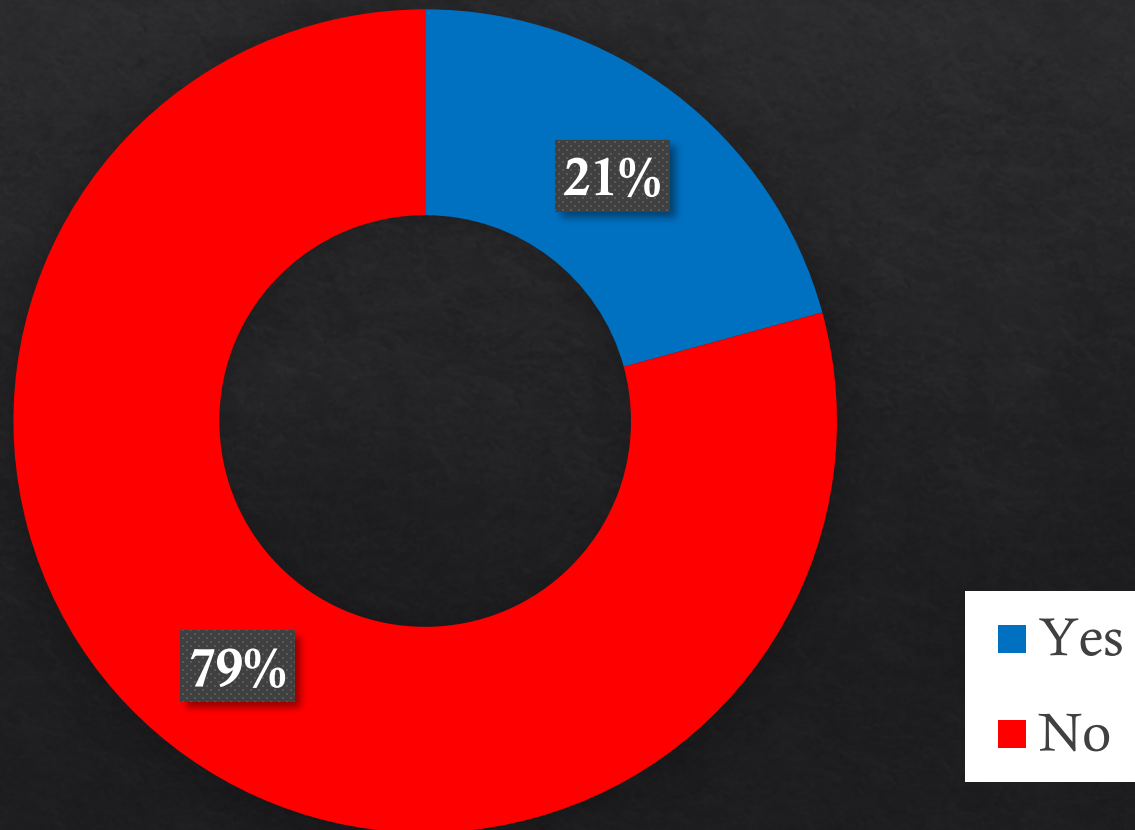


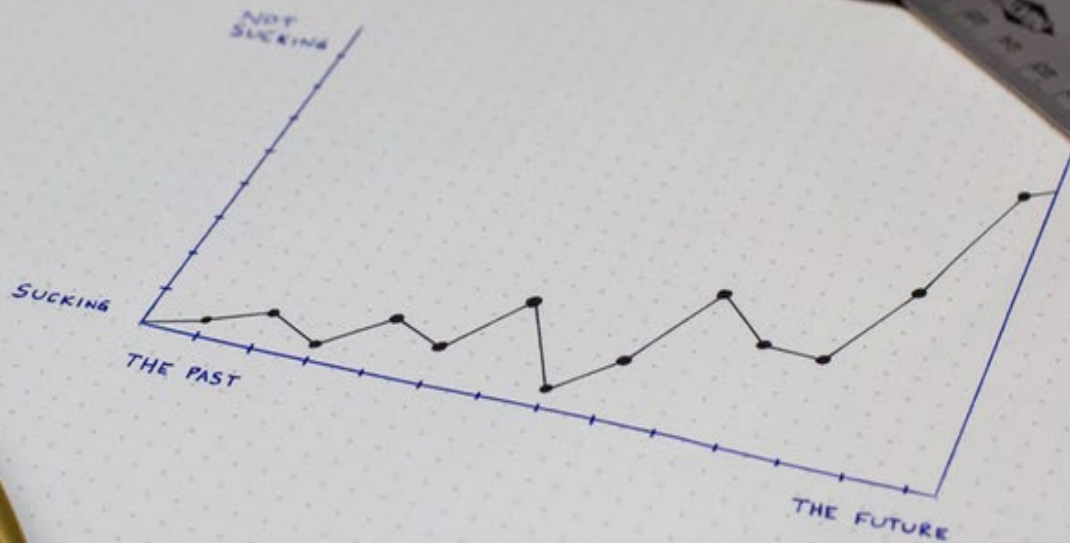


Have you ever had to treat a mental health patient?



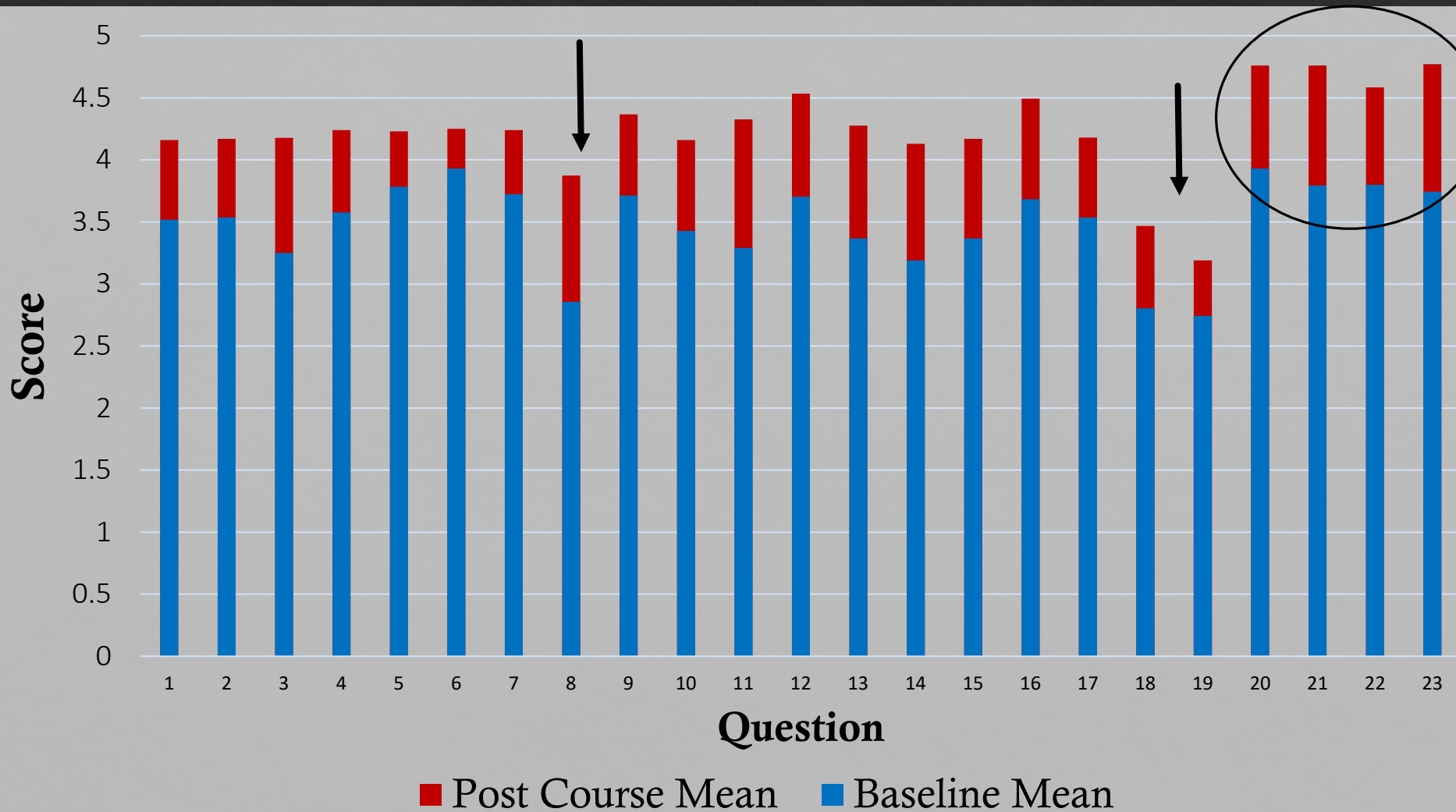
Have you had any additional training in mental health after nursing school?





Results

# Pre and Post Scores

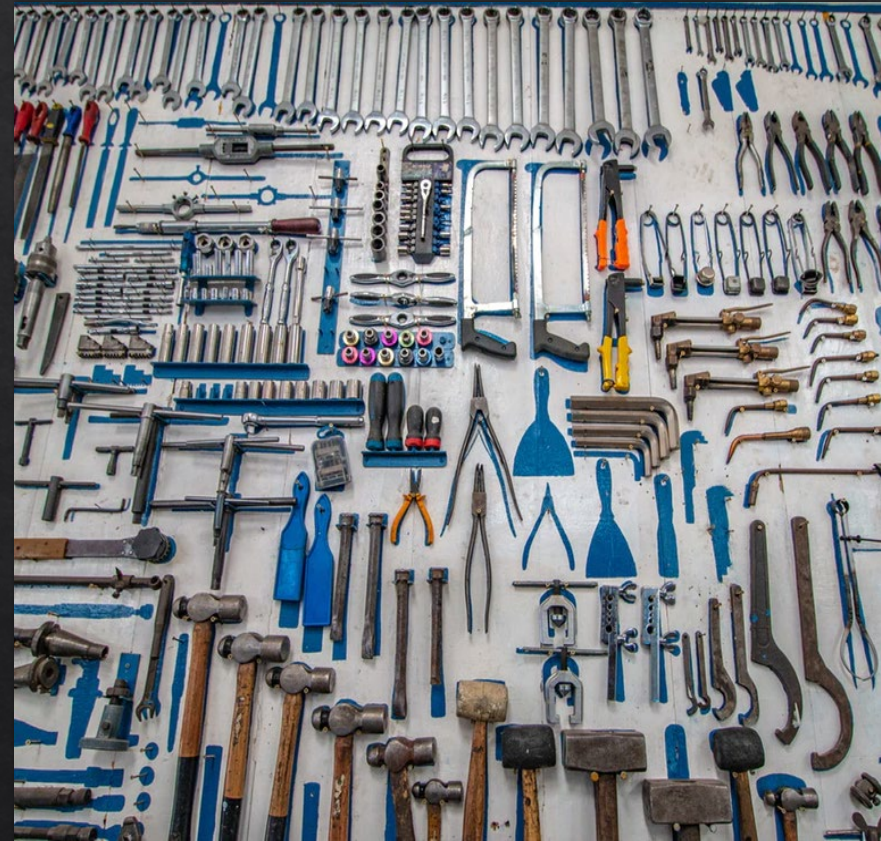


# Data Dive

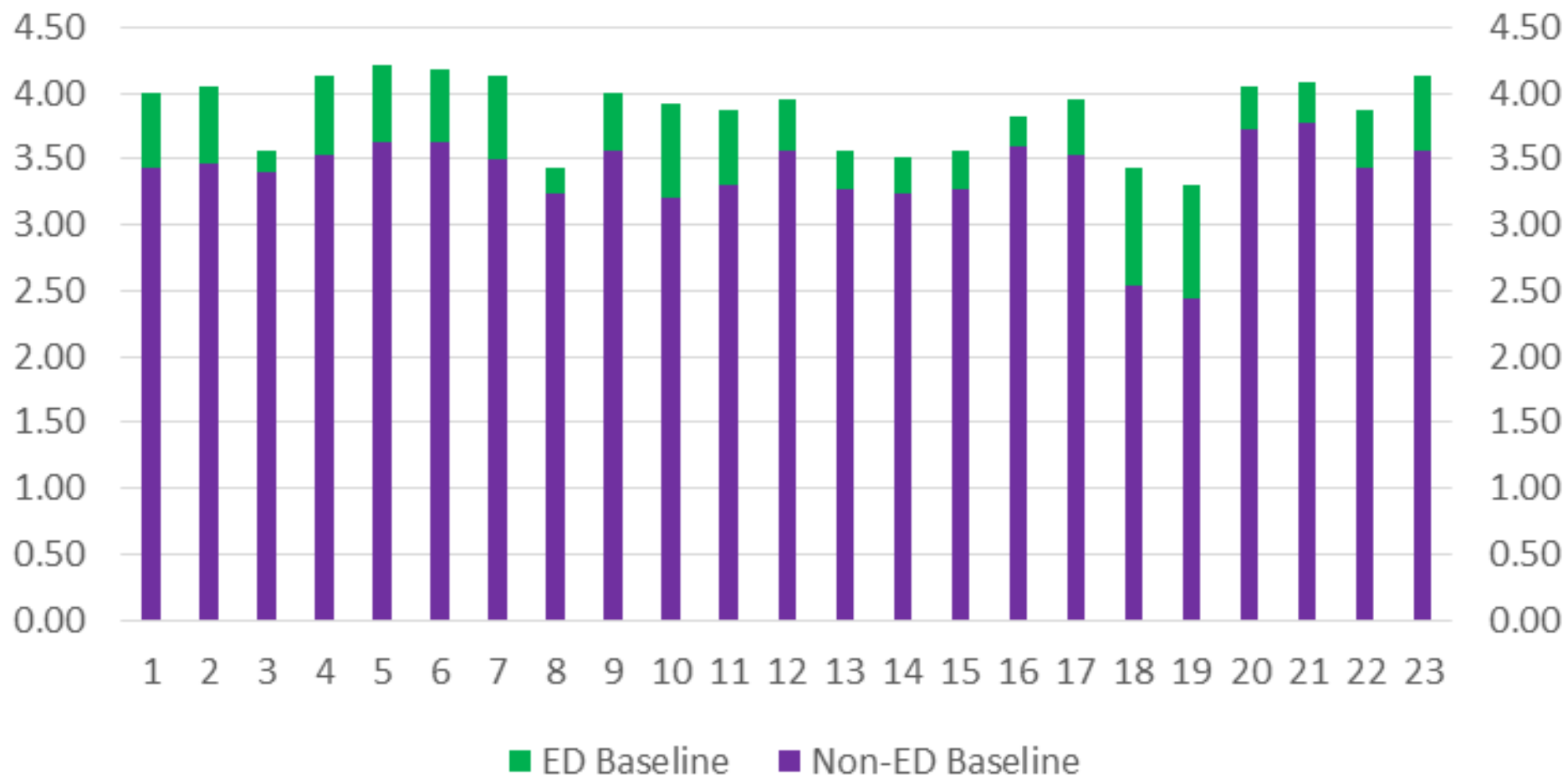
- ◇ Non-parametric distribution, so Sign Test used for overall scores
  - ◇ Statistically significant increase in the overall scores from pre- to post-intervention
  - ◇ Statistically significant increases in all four domain scores

<b>Overall</b>	<b>Z</b>	<b>p</b>
Pre to post improvement	-6.559	< 0.001
<b>Domains</b>		
Patient Assessment	-6.405	< 0.001
Resource Adequacy	-6.002	< 0.001
Practice/Intervention Competency	-6.247	< 0.001
Psychotropic Recommendation	-4.773	< 0.001

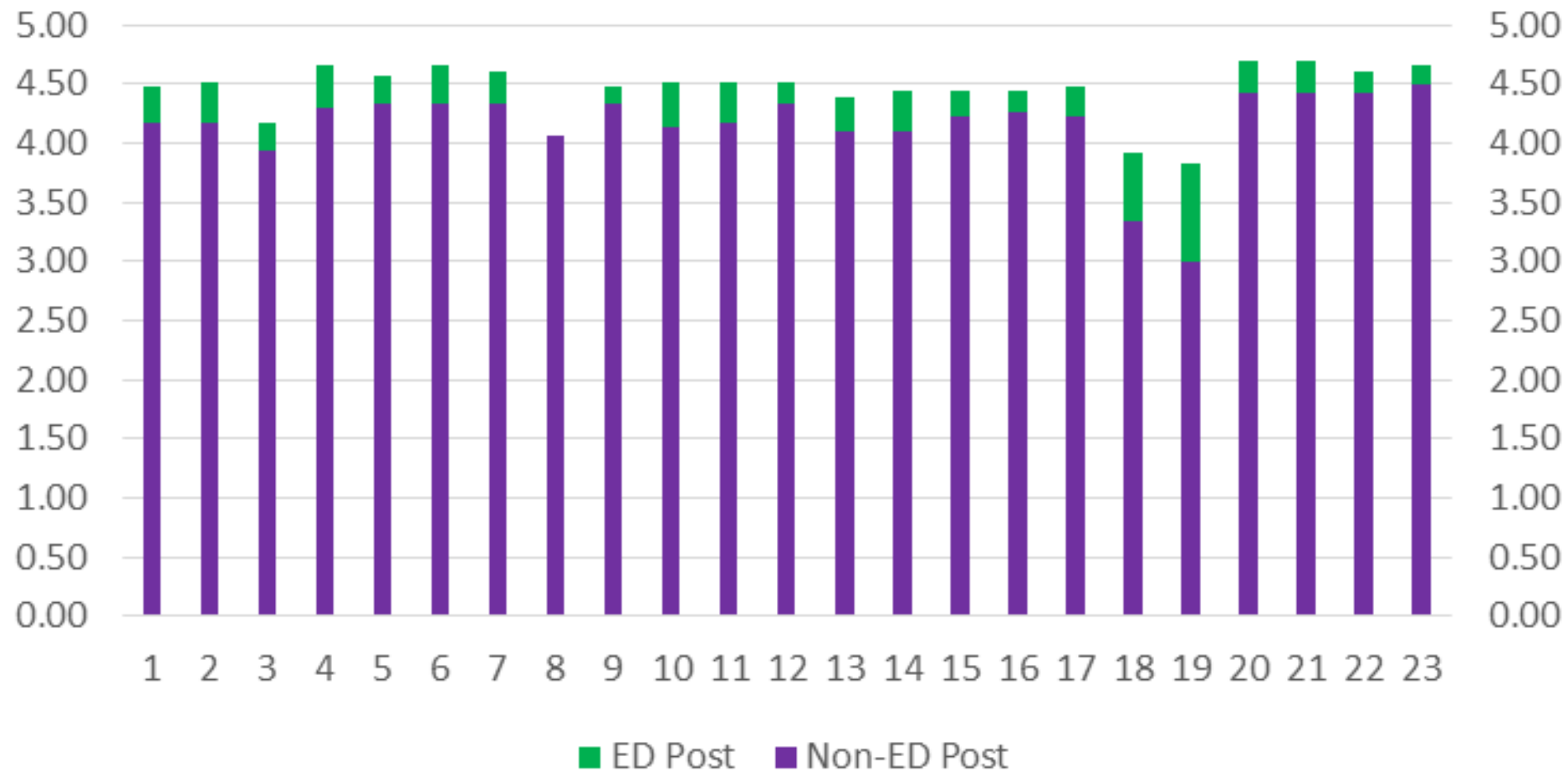
# ED Vs. Non-ED



## ED vs. Non-ED Baseline Scores



## ED vs. Non-ED Post Course Scores





What's Next?



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Kit Bredimus, DNP, RN, CEN, CNML, NE-BC, QMHP-CS  
VP of Nursing / Chief Nursing Officer  
Midland Memorial Hospital

[Kit.Bredimus@MidlandHealth.org](mailto:Kit.Bredimus@MidlandHealth.org)